



## **Child Development and Working with Parents Homestudy Training**

*SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)*

### ***Child Development and Working with Parents (4 CEs)***

*Materials composed and provided by Sara Mitchell, Psy.D.*

#### **Instructional Level**

Advanced

#### **Course Description and Target Audience**

This presentation explores the impact of attachment, trauma, and parenting on cognitive, linguistic, social, and emotional development in children. It includes a review of developmental milestones, critical developmental periods, and recommended activities for supporting growth. The influence on early trauma on the brain and body is discussed. Family therapy and parenting skills work is emphasized. The information is meant to be a brief overview and is not exhaustive.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

#### **Learning Objectives**

- Participants will be able to list key developmental milestones in healthy children.
- Participants will be able to describe the role of attachment in development.
- Participants will be able to explain the impact of trauma on a developing child.
- Participants will be able to demonstrate an understanding of working with caregivers to foster a child's growth and family repair.
- Participants will be able to list and refer to multiple intervention options for working with families.

#### **Video Homestudy Format**

CE's for this homestudy training will be earned through completing the following tasks:

- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (20 of 24 questions correct).
- Fill out a program evaluation form.



### **Presenter Information:**

Sara Mitchell, Psy.D., is a clinical psychologist who works with children and families. She is a Co-developer, trainer, and provider of Early Childhood services with Adult & Child Health (CMHC). Dr. Mitchell worked with Head Start programs to provide and supervise clinical services to children and families. Her experience focuses on early childhood, youth, adolescent, and family work in a variety of settings (community mental health, schools, hospital, residential treatment, department of corrections). Her research focus is on adapting treatment programs to differing developmental levels and to family work.

### **Registration Information:**

Child Development and Working with Parents (4 CE's)

**\$70.00 - regular price**

**\$52.50 - NPTC affiliates**

**FREE - NPTC supervisors**

This cost includes video link, materials, tests, and evaluation required to obtain the CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



*National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.*



## Registration Form

Name \_\_\_\_\_ Highest Degree Earned \_\_\_\_\_

Institution \_\_\_\_\_ Position \_\_\_\_\_

License Status \_\_\_\_\_

Email \_\_\_\_\_

I am paying the registration amount checked below:

### Child Development and Working with Parents Training

- \$70.00 – Regular price  
 \$52.50 – NPTC affiliates  
 FREE – NPTC supervisors

### Payment Method:

- I have included a check\* for the entire amount with this registration form.  
 I have mailed a check\* for the entire amount to the address below.  
 I would like to pay by credit card over the phone or in person. †

\_\_\_\_\_ **Total Amount**

\*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone (3.5%) or in person (2.75%).

### Questions?

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