



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



Child Training Homestudy Packet

SPONSORED BY NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC) and MISSOURI PSYCHOLOGICAL ASSOCIATION (MOPA)

Childhood Obesity (1 CE)

Materials composed and provided by Aimee Dershowitz, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

This presentation provides an overview of the prevalence of childhood obesity in America across multiple ethnicities. The risk factors relevant to each ethnicity will be discussed and treatment recommendations will be briefly explored.

The information offered is evidenced-based and is there for as accurate as possible based on current empirical research. The limits are those of the existing theories and research. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Define the terms of obesity and overweight in relation to childhood obesity.
- Demonstrate understanding of prevalence rates of childhood obesity.
- Determine risk factors associated with childhood obesity from various cultures.
- Identify treatment methods beneficial for treating childhood obesity.

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (4 of 5 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



ADHD/Bipolar/PTSD Differentiation (2 CEs)

Materials composed and provided by Adam Andreassen, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

This presentation provides a basis for differentiating ADHD, Bipolar Disorder, and Post-Traumatic Stress Disorder. This presentation will also discuss the evidence and research base for the occurrence and treatment for all three diagnoses.

The information offered is evidenced-based and is there for as accurate as possible based on current empirical research. The limits are those of the existing theories and research. Significant research is always ongoing on this subject including in the DSM-5 sections on each diagnosis and differential. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Experience a more comprehensive conceptualization of research-relevant symptoms related to both ADHD and Bipolar Disorder beyond the narrow framework of the DSM.
- Improve clinical interviewing skills in order to focus on asking the questions that most likely illicit relevant information.
- Be able to rule in or rule out other co-morbid conditions.
- Select the most research supported treatment models for both ADHD, Bipolar, and PTSD.

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



Trauma Informed Care for the Intellectually Disabled (2 CEs)

Materials composed and provided by Loretta Fuge, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

The presentation will present background information about brain development and the effects of trauma. The rates of sexual abuse in individuals with developmental disabilities will be compared to those without a disability. Trauma-related responses of those with Intellectual Disabilities will be offered along with the goals for therapy and specific interventions to heal the trauma.

There is not a lot of research studies and the few there is in this field, tend to be single subject studies. The approach used is taken from the Attachment theories and the Neurosequential Model of Therapeutics to treat individuals with trauma. The references are from individuals who are well known in the field. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Describe the effects of trauma on the development of the brain.
- Identify areas of brain that are associated with specific psychiatric symptoms or disorders related to trauma events.
- List trauma-based responses by individuals with an intellectual disability.
- Demonstrate specific interventions that are effective with individuals with Intellectual Disabilities.

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Working with Chronically Ill Children (2 CEs)

Materials composed and provided by Angela Neese, Ph.D.

Instructional Level

Advanced

Course Description and Target Audience

The impact of chronic illness in childhood and adolescents can have wide reaching consequences, including developmental and psychological complications. Additionally, psychological stress becomes a part of the cycle that helps to maintain illness and/or pain. The course discusses this relationship and explores treatment strategies for these clients. Research related to the relationship between chronic illness/ chronic pain and psychological outcomes is presented and elements evidence based treatment practices are highlighted.

The information offered is evidenced-based and is there for as accurate as possible based on current empirical research. The limits are those of the existing theories and research. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Discuss the psychological impacts of chronic illness in children and adolescents as well as the role of stress in maintaining psychological and physical illness.
- Describe evidence based treatments used to address chronic pain and psychological complications of chronic illness.
- Be able to adapt elements of CBT to patients with Chronic Illness (examples of specific elements/techniques provided with a discussion of generalizing the principles to other techniques).

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Understanding, Assessing and Treating Problematic Sexual Behavior in Children (2 CEs)

Materials composed and provided by Tara Downie, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

The information presented in this training will give participants an understanding of what is natural and healthy sexual behavior in children. The information presented will give participants a good foundation for assessing and making treatment recommendations for children with problematic sexual behavior. It is an area that can be easily misinterpreted without adequate training. The materials presented will help you gain competency to assess and make recommendations to families regarding children's sexual behavior.

The information presented is collected from peer reviewed journals and clinicians that are experts in this topic. The limits are those of the existing theories and research. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Discuss the various healthy sexual behaviors in children.
- Describe characteristics of problematic sexual behavior in children.
- Understand assessment tools to assist in evaluations of children with sexual behavior problems.
- Describe treatment guidelines for children with problematic sexual behavior.

Video Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Watch the training video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Evidence-Based Therapies for PTSD/SUD: Seeking Safety, Cognitive Processing Therapy, and Prolonged Exposure Therapy (2 CEs)

Materials composed and provided by Charity Tabol, Ph.D.

Instructional Level

Advanced

Course Description and Target Audience

This presentation will provide an overview of the evidence base, format, and content of three empirically supported treatments commonly used with individuals who have experienced trauma and/or who have Posttraumatic Stress Disorder. Each protocol will be reviewed session-by-session, with some experiential and interactive exercises to demonstrate therapeutic techniques and important components of the therapies.

This presentation will review treatment approaches that have been subject to rigorous scientific investigation and found to be efficacious in randomized controlled trials. The approaches are widely used in the treatment of PTSD. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Participants will be able to describe the theoretical underpinnings of each treatment approach (Seeking Safety, Cognitive Processing Therapy, and Prolonged Exposure).
- Participants will be able to describe the format and goals of each treatment approach (Seeking Safety, Cognitive Processing Therapy, and Prolonged Exposure).
- Participants will be able to describe important therapy components and tools such as grounding, writing an Impact Statement and Trauma account, socratic questioning, in vivo exposure, and imaginal exposure.
- Participants will be able to identify key articles / studies contributing to the evidence base for each treatment approach (Seeking Safety, Cognitive Processing Therapy, and Prolonged Exposure).

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Psychotherapy Interventions for Children and Adolescents Determined by DSM-5 Diagnosis (2 CEs)

Materials composed and provided by Lisa Wooley, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

This presentation will discuss the most common psychological disorders for children and effective treatment interventions. It describe diagnostic criteria for childhood disorders and provide evidenced based interventions for each disorder. These disorders include: Attachment disorders, ADHD, Anxiety Disorders, Oppositional Defiant Disorder, Depressive disorders and Autism Spectrum Disorders.

The program presented was based on information from nationally known and published psychologists and counselors that continue to education and practice in the area of child, adolescent and family psychotherapy. The limits are those of the existing theories and research. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Describe the diagnosis of common childhood disorders.
- Discuss some of the challenges that faced in providing interventions to children and adolescents.
- List the most common psychological disorders for children and explore the most important treatment interventions given the age and diagnosis of the child.
- Demonstrate how use play and Art as part of the therapeutic process in working with children and adolescents.

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Sexual Behavior Patterns in Custody Related Concerns (3 CEs)

Materials composed and provided by Lori Schwartz, Ph.D. and Larry Swall

Instructional Level

Advanced

Course Description and Target Audience

Courts often are faced with matters where psychological problems are apparent and problematic. Diagnostic considerations of a varied nature can often bring challenges for courts and parents in understanding how to manage these diagnoses and the impact they may have on parenting behavior. Specifically, a rather unexplored area involving diagnostic considerations and its impact on parenting behavior is the domain of sexuality related concerns. The panel will identify diagnostic considerations related to problematic sexual functioning, as well as non-diagnostic but potentially problematic sexual behavior. The panel will examine the risks associated with sexualized behavior patterns and the impact they have on a parent's functioning and the potential impact on the child while providing discussion of reasonable and cogent interventions.

While disorders of performance may be the most common reason for referral in the area of sexuality therapy, sexually variant disorders tend to pose specific challenges for courts and specifically for the role of family law professionals and custody evaluators. This program will investigate the diagnostic criteria for sexually variant patterns, as well as the non-diagnosable but potentially challenging sexually variant behaviors. In some cases, these behaviors can be considered as problematic sexual behaviors. The resulting questions will be examined such as the impact these behaviors might pose in families and the influence the behaviors have on parenting. Additionally, the panel will provide a discussion related to which risk factors should prompt attention from the family law professional and which behaviors may suggest a more benign presentation. Outcome research will be presented in an effort to examine these sexually variant domains leading to a better understanding of sound and effective interventions.

With the publication of the DSM-V, and the discussion of which categories of sexually variant behavior might qualify for diagnosis, there are frequent professional conflicts in how to manage these disorders. Often, these disorders are misunderstood and certainly there has been little consideration paid to the impact they may have on the family and specifically children. The relevant factors include gaining an understanding of what symptoms might qualify for a diagnosis in the current diagnostic scheme. Secondly there should be an effort to understand the risk factors. The outcome would be to make reasonable and sound decisions about how and when to intervene. These factors are specifically relevant for the treating professional as well as the family law professional when challenged by sexual behavior patterns.

The information offered is evidenced-based and is therefore as accurate as possible based on current empirical research. The limits are those of the existing theories and research. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Learning Objectives

- List sexually variant diagnostic categories and criteria
- List sexually variant non diagnostic criteria
- Describe the risk factors related to these problems
- Describe the research regarding benign factors in sexually related behaviors
- Discuss sound and reasonable interventions with problematic sexually behaviors

Video Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Watch training video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.

PRESENTER INFORMATION

Dr. Aimee Dershowitz received her masters and doctoral degrees in clinical psychology from the University of Indianapolis in 2010 and 2013 respectively with concentrations in Child and Adolescent Psychology and Health Psychology. She is currently working as a licensed psychologist with Four County Counseling Center. Dr. Dershowitz specializes in working with children and adolescents with a wide range of presenting problems.

Dr. Adam Andreassen is presently the President/CEO for the National Psychology Training Consortium (NPTC). Dr. Andreassen received his Master of Arts and his Doctorate Degree in Clinical Psychology at the School of Professional Psychology at Forest Institute in Springfield, Missouri. He is a Licensed Psychologist in the state of Missouri. He has been employed within various psychiatric and psychological settings including private practice and hospitals.

Dr. Loretta Fuge spent her post-doctoral residency in a residential setting working with individuals with intellectual disabilities and psychiatric conditions. She conducted evaluations, performed individual and group therapy and provided crisis interventions to the clients. She also has eight years working with the developmentally disabled as their therapist and as a psychologist and served as the clinical director of Arc of the Ozarks for approximately two years. She continues to work with individuals with intellectual disabilities and provide consultations to a variety of providers providing residential services. She also conducts staff trainings on working with individuals with dual diagnosis, intellectual disabilities and psychiatric condition.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM

Training Tomorrow's Psychologists



Dr. Tara Downie is a licensed psychologist in Missouri. She is in private practice, specializing in working with children and adolescents. She has also taught graduate level courses in lifespan development and play therapy.

Dr. Angela Neese is a licensed psychologist in Indiana. She completed her internship at the University of Indiana School of Medicine. She also worked on the Psychiatry department consult lesion team and in the Pain Clinic at Riley hospital. She has seen a number of patients with chronic illnesses and chronic pain while working in mood and anxiety disorder clinics.

Dr. Charity Tabol is a licensed psychologist in Indiana and has been using the seeking safety, cognitive processing therapy, and prolonged exposure therapies in the VA system for approximately 5 years. She has also attended formal trainings in these therapies and received VA certification.

Dr. Lisa Wooley is a licensed psychologist in Indiana and currently teaches Child and Adolescent Psychotherapy at Grace College. She has 20 years of experience in providing assessment and therapy to children, adolescents and their families. She has also specialized in therapy with children and adolescents in the area of trauma, ADHD, Anxiety and Trauma.

Dr. Lori Schwartz is a licensed psychologist and certified sex therapist in private practice in Kansas City, Missouri. She provides psychological evaluations for various referral sources and has extensive experience in the assessment of adults, adolescents, and children with emotional and behavioral concerns. Evaluation referral questions include a focus on child custody cases as well as diagnosis and treatment recommendations for adults and children. She has provided court testimony for cases with a wide range of concerns, including adaptive functioning and treatment recommendations for various diagnostic categories.

Larry V. Swall is a family law attorney in Liberty, Missouri, with Swall Hutchings & Associates LLC. His private practice is concentrated in areas of family law and domestic relations, including domestic mediation. In 2009, Mr. Swall was twice honored by the Missouri Bar Association, first as the Roger Krumm Family Law Practitioner of the Year Award; and second with the distinguished President's Award for extraordinary service to the Bar.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



Child Training Homestudy Packet

- (1 CE) Childhood Obesity (Material-Only)*
- (2 CEs) ADHD/Bipolar/PTSD Differentiation (Material-Only)*
- (2 CEs) Trauma Informed Care for the Intellectually Disabled (Material-Only)*
- (2 CEs) Working with Chronically Ill Children (Material-Only)*
- (2 CEs) Understanding, Assessing and Treating Problematic Sexual Behavior in Children (Video and Materials)*
- (2 CEs) Evidence-Based Therapies for PTSD/SUD: Seeking Safety, Cognitive Processing Therapy, and Prolonged Exposure Therapy (Material-Only)*
- (2 CEs) Psychotherapy Interventions for Children and Adolescents Determined by DSM-5 Diagnosis (Material-Only)*
- (3 CEs) Sexual Behavior Patterns in Custody Related Concerns (Video and Materials)*

Registration Costs:

Training packet of 16 total Homestudy CEs

\$180.00 - regular price

This cost includes materials, video links, tests, and evaluation required to obtain the 16 CE's. The CE certificates will be emailed to participants upon successful completion of the trainings (80% on each exam).

National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



Registration Form

Name _____ Highest Degree Earned _____

Institution _____ Position _____

License Status _____

Email _____

I am paying the registration amount checked below:

Child Training Homestudy Packet

\$250.00 – Regular price

\$180.00 – MOPA discounted price (provide code below)

Discount Code? – Enter it here

Payment Method:

I have included a check* for the entire amount with this registration form.

I have mailed a check* for the entire amount to the address below.

I would like to pay by credit card over the phone or in person. †

I have paid by credit card online using the link [HERE](#).†

Total Amount

*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

Questions?

Contact:

Katherine Dixon, M.A.

National Psychology Training Consortium

Director of Accreditation and Compliance

417-812-6495 (phone)

816-301-6233 (fax)

kdixon@psychologyinterns.org



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists

