



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists

Friday, February 2nd, 2018 – Washington

Psychopharmacology 101 (3 CE's)

Presented by Anna Holen, M.D., and Jason Tee, Pharm.D.

Cultural competence: It's all about clinician awareness (3 CE's)

Presented by Beth Farmer, LCSW, and Laura Brown, Ph.D.

SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)

Half-Day

\$55.00 - Regular registration fee

\$41.25 - Consortium Affiliate

No Charge - NPTC Director or Supervisor

Full-Day

\$100.00 - Regular Registration Fee

\$75.00 - Consortium Affiliate

No Charge - NPTC Director or Supervisor

*Credit card charges are subject to an additional fee.

** Group rates may be available; contact Katherine Dixon to request consideration.

Continuing Education Credit:

Continuing Education Credit charges are per workshop attended. Cost for CE is included into the workshop price. National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.

Date & Time:

Dr. Holen and Jason Tee's Presentation on Psychopharmacology: 02/02/2018; 8:30am – 12:00pm

Beth Farmer and Dr. Brown's Presentation on Cultural Competence: 02/02/2018; 1:00pm – 4:30pm

Location:

The presentations will be offered at the HealthPoint Administration Office, 955 Powell Avenue SW, Renton, Washington 98057

Psychopharmacology 101 (3 CE's)

Instructional Level

Advanced

Course Description and Target Audience

Psychotropics are the most commonly prescribed medication in the United States. Furthermore, primary care providers, while having limited training, are the number one prescriber of these medications. Attendees will be provided an overview of psychotropics, including medications for specific concerns, potential side effects and appropriate prescribing. Attendees will also be exposed to the research regarding the effectiveness of psychotropics. Lastly, attendees will be provided specific instruction on how to ethically and competently assist primary care providers in prescribing psychotropics. Experiences will include didactic education, case presentations, and role plays. Jason Tee will present on this topic from 8:30am – 10:00am, and Anna Holen will present on this topic from 10:00am – 12:00pm. There are no known risks associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

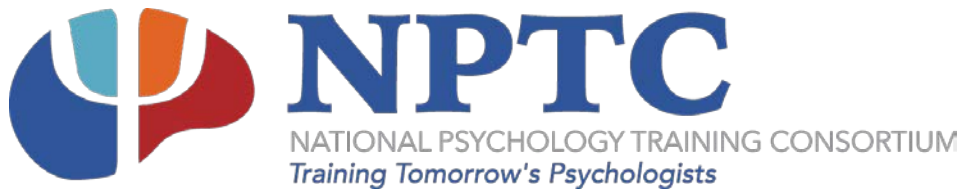
Learning Objectives

- Attendees will be able to describe common psychotropics and relevant conditions they are prescribed
- Attendees will be able to describe the research regarding psychotropic effectiveness
- Attendees will be able to identify strategies in assisting medical providers in choosing, implementing and completing prescriptions of psychotropics.

Presenter Information

Anna L Holen, MD, has been a practicing and Board-certified psychiatrist in Washington for over 10 years, working in inpatient, outpatient, and consultation settings. She has experience in prescribing/recommending a wide variety of psychiatric medications in these diverse settings. Over the course of her career, she has provided education regarding psychiatric medications to psychiatry residents, medical students, behavioral health staff, and behavioral health interns.

Jason Tee, Pharm D., is a pharmacist with HealthPoint and received his Doctor of Pharmacy at Oregon Health & Science University. He has 5 years of community pharmacy experience providing medication therapy management, and overseeing pharmacy technicians and pharmacy students. He is vaccination certified, reviews patient profile for appropriateness of therapy and monitors for potential medication related problems, provides patient education and counseling, and performs control substance audits.



Cultural competence: It's all about clinician awareness (3 CE's)

Instructional Level: Advanced

Course Description and Target Audience

This course provides an overview of culturally competent practice in general as well as application in working with refugees within Community Health Centers. Discussion of models of cultural competence, biases, role of privilege, role of trauma, and other cultural variables to increase knowledge and skills in working with diverse populations. Attendees will also be educated on refugee specific issues including demographics, common concerns, and openness to treatment and effective strategies in working with refugees. Beth Farmer will present on this topic from 1:00pm – 3:00pm, and Laura Brown will present on this topic from 3:00pm – 4:30pm. There are no known risks associated with this presentation. The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives for 1:00pm – 3:00pm

- Attendees will be able to define and identify the goals of culturally competent practice
- Attendees will be able to describe an expanded model of cultural competence including intellectual and emotional competence and the ADDRESSING model
- Attendees will be able to describe how trauma impacts identity
- Attendees will be able to describe the refugee context and its impact on mental health
- Attendees will be able to describe cultural constructs in the mental health system
- Attendees will be able to identify the different perceptions of traditional communities about mental health and associated stigma
- Attendees will be able to apply culturally-sensitive strategies into treatment plans and discussions with refugees.

Learning Objectives for 3:00pm – 4:30pm

- Identify culturally competent practice as being about the clinician, not the client
- Understand contributions of intersectional identities to distress and resilience
- Identify intersectional dynamics in transference and countertransference exchanges
- Understand why the "special populations" model is problematic and out-dated.

Presenter Information

Laura Brown, Ph.D., received a B.A cum laude in 1972 from Case Western Reserve University, and a Ph.D. in Clinical Psychology from Southern Illinois University at Carbondale in 1977. She completed a predoctoral internship in Clinical Psychology at the Seattle Veteran's Administration Medical Center. Dr. Brown has served on the faculties of Southern Illinois University, the University of Washington, and the Washington School of Professional Psychology, and has taught and lectured through the U.S., Canada, Europe, Taiwan and Israel. Her scholarly interests focus on feminist therapy theory, trauma treatment, lesbian and gay issues, assessment and diagnosis, ethics and standards of care in psychotherapy, and cultural competence.

Beth Farmer, LICSW, has been working with refugees in the field of mental health for more than a decade. She has been a clinician and also Clinical Director of a mental health clinic for refugees and is currently the Director of Refugees Northwest, a suite of programs designed to help refugees and asylum seekers heal, adjust and thrive in their new communities.



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Registration Form

Name _____ Highest Degree Earned _____
Institution _____ Position _____
License Status _____ Email _____

Please register me for the following training(s):

___ Psychopharmacology 101 (3 CE's)

___ Cultural competence: It's all about clinician awareness (3 CE's)

I am or will be paying the registration amount checked below:

Half-Day

___ **\$55.00** - Regular registration fee
___ **\$41.25** - Consortium Affiliate
___ **No Charge** - NPTC Director or Supervisor

Full-Day

___ **\$100.00** - Regular Registration Fee
___ **\$75.00** - Consortium Affiliate
___ **No Charge** - NPTC Director or Supervisor

Payment Method:

___ I have included a check for the entire amount with this registration form

___ I will pay by check, cash, or credit card* on the day of the seminar

*Credit card charges are subject to an additional fee.

___ **Total Amount** (Please make checks payable to NPTC)

Return this form with your check to the National Psychology Training Consortium, c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

Questions?

Contact:

Katherine Dixon, MA
National Training Consortium
Director of Operations

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