



Grief and Loss Packet Homestudy Training

SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)

Loss, Grief, and Mourning: Beyond Kübler-Ross (2 CEs)

Materials composed and provided by Heather Servaty-Seib, Ph.D.

Instructional Level

Advanced

Course Description and Target Audience

Loss, grief, and mourning are concepts that can be applied to both death loss and non-death loss situations. This presentation will address the broader application of these concepts while also reviewing advancements in the field of grief and mourning, including innovative theory and current research critical for evidenced-based clinical work with grieving individuals. Other topics addressed will include type of losses (e.g., physical, psychosocial, secondary and disenfranchised), myths about grief, common patterns of grief, multidimensional nature of grief, distinction between grief and mourning, factors associated with grief reactions, grief within families, and strategies for distinguishing between normative and persistent complex bereavement (i.e., DSM-5). Suggestions for practice and relevant case examples will be integrated throughout.

The information offered is evidenced-based and is there for as accurate as possible based on current empirical research. The limits are those of the existing theories and research. The risk might be the possible overgeneralization of any recommendations offered--as grief is so unique to each individual person.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- List common myths about grief
- Identify innovative theories of grief and mourning and their application to practice
- Describe the challenges related to Persistent Complex Bereavement diagnosis

Material-Only Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Complete the pre-test questionnaire (10 questions).
- Review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.

Grief and Loss: Theory and Intervention (2 CEs)

Materials composed and provided by Karen Shipley, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

This course will provide a general overview of current research with regard to grief theory and interventions, with an emphasis on cultural awareness and provider self-care.

Materials used for this presentation are derived from textbooks and literature reviews from leading experts in the field. The limits are those of the existing theories and research. There are no known risks associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Discuss historical context & current research for models of grief & types of grief.
- List DSM differential diagnoses & assessment of grief.
- Utilize clinical interventions used with general or special populations to address grief.
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Video Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Complete the pre-test questionnaire (10 questions).
- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.

Presenter Information

Dr. Heather L. Servaty-Seib is a professor in the Counseling Psychology Doctoral Program at Purdue University and a licensed psychologist. She maintains a small, grief-focused, private practice. Dr. Servaty-Seib is well published in the areas of adolescent and young adult bereavement, social support and grief, and the use of loss as a broad model for conceptualizing significant life events. She is a past president of the Association for Death Education and Counseling (ADEC) and received the ADEC Death Educator award in 2013.

Dr. Karen Shipley is a licensed clinical psychologist who has approximately 20 years of experience in the mental health field. She currently provides psychotherapy and psychological assessment services to children, adolescents, and adults in an outpatient setting. Dr. Shipley is also an adjunct faculty member for the Clinical Psychology doctoral program of Pacifica Graduate Institute in Carpinteria, California. She has spent approximately 15 years of clinical experience with child/adolescent/family populations dealing with chronic and terminal illness. She was employed by and trained with Emory University's Infectious Disease Program and Children's Hospital of Atlanta in the oncology and hematology departments.

Registration:

Loss, Grief, and Mourning: Beyond Kübler-Ross (2 CEs)

\$30.00 - regular price

\$22.50 - NPTC affiliates

FREE - NPTC supervisors

This cost includes materials, tests, and evaluation required to obtain the 2 CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).

Grief and Loss: Theory and Intervention (2 CEs)

\$40.00 - regular price

\$30.00 - NPTC affiliates

FREE - NPTC supervisors

This cost includes video link, materials, tests, and evaluation required to obtain the 2 CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.



Registration Form

Name _____ Highest Degree Earned _____

Institution _____ Position _____

License Status _____

Email _____

Please select the appropriate boxes below.

I am paying the registration amount checked below:

Dr. Servaty-Seib Training

_____ **\$30.00** – Regular price
_____ **\$22.50** – NPTC affiliates
_____ **FREE** – NPTC supervisors

Dr. Shipley Training

_____ **\$40.00** – Regular price
_____ **\$30.00** – NPTC affiliates
_____ **FREE** – NPTC supervisors

Payment Method:

- _____ I have included a check* for the entire amount with this registration form.
_____ I have mailed a check* for the entire amount to the address below.
_____ I would like to pay by credit card over the phone or in person. †
_____ I have paid by credit card online using the link [HERE](#).†

_____ **Total Amount**

*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

Questions?

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