



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists

Interview Tips

Interviewing for internship is an exciting time in your professional journey, but it can also be a stressful experience. We hope these interview tips help ease the stress as you begin interviewing for different internship opportunities.

Tips for Virtual Interviews

- ✓ Double-check your audio, video and internet connection.
- ✓ Pick a distraction-free background.
- ✓ Make sure you're in a well-lit room and the interviewer can see you clearly.
- ✓ Speak to the camera, not the screen.
- ✓ Frame yourself from the chest up.
- ✓ Prepare as much as you would for a face-to-face interview.

Common Questions for Psychology Interns

- What are you looking for in a psychology internship? (i.e. why do you want to come here?)
- What do you look for in supervision?
- What are your specific clinical interests?
- Tell us about a challenging clinical case and how you handled it.

Questions to Ask Interviewers

We asked our current interns about specific questions they would recommend applicants ask sites during the interview process.

- Ask what a typical day looks like!
- Ask about work/life balance and expected hours each week.
- Inquire about the population you will be serving to make sure it is a good fit for you.
- What are the expectations for client caseloads?
- What do rotations look like and how much travel is associated with that?
- What does supervision look like at the site?
- How does the site support the professional development of their interns?

"Remember that you are trying to find a program that fits you as well. You are being interviewed, but you are also interviewing the program, in a way, to see if they actually fit with your interests and goals."

Advice from a current NPTC intern

SOURCES:

<https://www.businessinsider.com/how-to-do-a-video-job-interview-2016-3>

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<https://psychology.wright.edu/psyd-degree/internship-interviewing>