



## **Motivational Interviewing: Eliciting Change Talk and Beyond Homestudy Training**

*SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)*

### ***Motivational Interviewing: Eliciting Change Talk and Beyond (3 CEs)***

*Materials composed and provided by Dustin Brown, Psy.D.*

#### **Instructional Level**

Advanced

#### **Course Description and Target Audience**

The purpose of this presentation is to move beyond the basic principles of Motivational Interviewing by introducing specific techniques to elicit change talk while advancing into Phase 2 methods. Participants will receive the most recent information regarding Motivational Interviewing as a therapeutic style as well as engage in demonstrations of specific approaches. Information presented is a formulation of up-to-date research. The techniques covered exhibit utility in a therapeutic setting, areas of brief intervention, as well as the foundation of training other providers in the basic principles of Motivational Interviewing. There are no known risks to this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

#### **Learning Objectives**

- Participants will be able to review the basic principles of Motivational Interviewing (MI); including the "spirit" of MI and its place in a therapeutic setting.
- Participants will be able to explain specific tactics for encountering resistance.
- Participants will be able to communicate regarding change talk and will be able to demonstrate techniques for eliciting change.
- Participants will be able to explain when and how to move into Phase 2 of MI as well as the strategies for navigating and aiding in change.

#### **Video Homestudy Format**

CE's for this homestudy training will be earned through completing the following tasks:

- Complete the pre-test questionnaire (10 questions).
- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.

**Presenter Information:**

Dr. Brown is a licensed psychologist in the state of Missouri. He has received advanced education and training in Motivational Interviewing as well as provided treatment with these strategies in a variety of settings and with a range of populations. He has been involved with the instruction of multiple seminars related to Motivational Interviewing education and training geared toward mental health professionals, medical providers, and the general public.

**Registration Information:**

Motivational Interviewing: Eliciting Change Talk and Beyond (3 CEs)

**\$55.00 - regular price**

**\$41.25 - NPTC affiliates**

**FREE - NPTC supervisors**

This cost includes video link, materials, tests, and evaluation required to obtain the CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



*National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.*



## Registration Form

Name \_\_\_\_\_ Highest Degree Earned \_\_\_\_\_

Institution \_\_\_\_\_ Position \_\_\_\_\_

License Status \_\_\_\_\_

Email \_\_\_\_\_

I am paying the registration amount checked below:

### Motivational Interviewing: Eliciting Change Talk and Beyond (3 CEs) Training

- \$55.00 – Regular price  
 \$41.25 – NPTC affiliates  
 FREE – NPTC supervisors

#### Payment Method:

- I have included a check\* for the entire amount with this registration form.  
 I have mailed a check\* for the entire amount to the address below.  
 I would like to pay by credit card over the phone or in person. †  
 I have paid by credit card online using the link [HERE](#).†

\_\_\_\_\_ **Total Amount**

\*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

#### Questions?

##### Contact:

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