



Play Therapy

Homestudy Training

SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)

Play Therapy (3 CEs)

Materials composed and provided by Tara Downie, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

This course will present the basics of play therapy both non-directive and directive techniques. Participants will also gain an understanding of how to facilitate play therapy and apply techniques. This course will also cover the basics of sandplay technique. As with any new therapeutic skill, the techniques and information presented should be performed under supervision. Additional training in sandplay is recommended before implementing this technique.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Explain the fundamentals of Non-Directive Play Therapy
- Be able to establish a play therapy room
- Be able to facilitate play therapy including: stages of therapy, termination and therapeutic limits
- Be able to discuss directive play therapy techniques
- Be able to explain the basics of Sandplay technique

Video Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (15 of 18 questions correct).
- Fill out a program evaluation form.



Presenter Information:

Dr. Tara Downie is a licensed psychologist in Missouri. She is in private practice, specializing in working with children and adolescents. She has also taught graduate level courses in lifespan development and play therapy.

Registration Information:

Play Therapy (3 CEs)

\$55.00 - regular price

\$41.23 - NPTC affiliates

FREE - NPTC supervisors

This cost includes video link, materials, tests, and evaluation required to obtain the CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.



Registration Form

Name _____ Highest Degree Earned _____

Institution _____ Position _____

License Status _____

Email _____

I am paying the registration amount checked below:

Play Therapy Training

- \$55.00 – Regular price
 \$41.25 – NPTC affiliates
 FREE – NPTC supervisors

Payment Method:

- I have included a check* for the entire amount with this registration form.
 I have mailed a check* for the entire amount to the address below.
 I would like to pay by credit card over the phone or in person. †
 I have paid by credit card online using the link [HERE](#).†

_____ **Total Amount**

*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

Questions?

Contact:

Katherine Dixon, M.A.
National Psychology Training Consortium
Director of Operations

417-501-6277 (phone)
816-301-6233 (fax)
kdixon@psychologyinterns.org