



Program Development Competencies for Rural-Based Treatment Services Homestudy Training

SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)

Program Development Competencies for Rural-Based Treatment Services (2 CEs)

Materials composed and provided by Brandan Gremminger, Psy.D.

Instructional Level

Advanced

Course Description and Target Audience

Service provision in rural and underserved communities provides both exciting prospects and unique challenges. In an environment where a paucity of available services or specialists may seem apparent, alternatively an opportunity exists to develop treatment programming which suits the specific needs of the population one intends to treat. The training will assist the mental health professional in establishing necessary components of a treatment program in underserved and rural locales, with specific consideration of program development issues such as assessment, implementation, evaluation, and outcome measurement. Special consideration will be given to the topics of reducing premature patient termination, ethical issues associated with burnout, and ancillary competencies in rural and underserved settings such as non-parental caregivers and the aging patient population. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

Learning Objectives

- Explain the basic components of program development, including assessment, implementation, evaluation, and outcome measurement.
- Describe the clinical skills and strategies associated with reducing premature patient termination from treatment services.
- Explain best practices for maintaining professional self-care and preventing burnout in rural settings, within an ethical framework.
- Demonstrate competencies associated with unique rural treatment needs such as non-parental caregivers (e.g., grandparents, foster parents) and the aging patient population.

Video Homestudy Format

CE's for this homestudy training will be earned through completing the following tasks:

- Complete the pre-test questionnaire (10 questions).
- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (8 of 10 questions correct).
- Fill out a program evaluation form.



Presenter Information:

Brandan Gremminger, Psy.D., underwent clinical training for his M.A. and Psy.D. degrees at sites located within rural regions including private practice, community mental health centers, an integrated healthcare community care setting, and outreach/support organizations (including provision of services to homeless and LGBT+ populations). Dr. Gremminger was employed in an inpatient psychiatric treatment facility providing a variety of services including admissions assessments and direct patient care for 7 years. He currently works in private practice at Midwest Assessment and Psychotherapy Solutions in rural regions of the state of Missouri, where he has practiced for 3+ years. He has developed and maintained the group therapy programming at MAPS.

Registration Information:

Program Development Competencies for Rural-Based Treatment Services (2 CEs)

\$40.00 - regular price
\$30.00 - NPTC affiliates
FREE - NPTC supervisors

This cost includes video link, materials, tests, and evaluation required to obtain the CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.



Registration Form

Name _____ Highest Degree Earned _____

Institution _____ Position _____

License Status _____

Email _____

I am paying the registration amount checked below:

Program Development Competencies for Rural-Based Treatment Services (2 CEs) Training

- \$40.00** – Regular price
 \$30.00 – NPTC affiliates
 FREE – NPTC supervisors

Payment Method:

- I have included a check* for the entire amount with this registration form.
 I have mailed a check* for the entire amount to the address below.
 I would like to pay by credit card over the phone or in person. †
 I have paid by credit card online using the link [HERE](#). †

Total Amount

*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

Questions?

Contact:

Katherine Dixon, M.A.
National Psychology Training Consortium
Director of Operations

417-501-6277 (phone)
816-301-6233 (fax)
kdixon@psychologyinterns.org