



## **Serious Mental Illness in Rural Settings (2 CEs) Homestudy Training**

*SPONSORED BY THE NATIONAL PSYCHOLOGY TRAINING CONSORTIUM (NPTC)*

### ***Serious Mental Illness in Rural Settings (2 CEs)***

*Materials composed and provided by Brandan Gremminger, Psy.D.*

#### **Instructional Level**

Advanced

#### **Course Description and Target Audience**

The training will assist the mental health professional in recognizing the unique treatment needs of individuals with serious mental illness (SMI), as well as review the empirical findings on providing effective services specific to the SMI population within a rural region. Case examples will be utilized to reinforce practical knowledge. The content of the training will focus on recently developed methodologies for identifying SMI and developing a comprehensive treatment approach, while also managing challenges and adhering to best practices regarding coordination of services in rural regions. There is no known risk associated with this presentation.

The target audience is mental health providers (advanced doctoral level psychology trainees, psychologists in practice, master's level clinicians etc).

#### **Learning Objectives**

- Describe the factors which constitute a classification of chronic or serious mental illness.
- Improve clinical skills necessary to formulate a comprehensive treatment approach for persons with serious and chronic mental health issues, based upon current empirical support for specific treatment methodologies.
- Identify the best practices for provision of mental health services to persons with serious mental illness in a rural setting, toward increasing likelihood of treatment adherence and progress.
- Identify reliable resources to support population-specific evidence based treatment practices, and identify organizations to join/follow to remain professionally active treating SMI and rural populations using current modalities.

#### **Video Homestudy Format**

CE's for this homestudy training will be earned through completing the following tasks:

- Watch the presentation video and review all provided documents in their entirety.
- Pass the post-test questionnaire with at least 80% correct (10 of 12 questions correct).
- Fill out a program evaluation form.



### **Presenter Information:**

Brandan Gremminger, Psy.D., underwent clinical training for his M.A. and Psy.D. degrees at sites located within rural regions including private practice, community mental health centers, an integrated healthcare community care setting, and outreach/support organizations (including provision of services to homeless and LGBT+ populations). He was employed in an inpatient psychiatric treatment facility providing a variety of services including admissions assessments and direct patient care for approximately 7 years. He currently works as a clinical psychologist in private practice at MAPS in rural regions of the state of Missouri, practicing approximately 4 years. He has presented on Serious Mental Illness in Rural Settings to the National Psychology Training Consortium the previous two years.

### **Registration Information:**

Serious Mental Illness in Rural Settings (2 CEs)

**\$40.00 - regular price**

**\$30.00 - NPTC affiliates**

**FREE - NPTC supervisors**

This cost includes video link, materials, tests, and evaluation required to obtain the CE's. The CE certificate will be emailed to participants upon successful completion of the training (80% on exam).



*National Psychology Training Consortium (NPTC) is approved by the American Psychological Association to sponsor continuing education for psychologists. NPTC maintains responsibility for this program and its content.*



## Registration Form

Name \_\_\_\_\_ Highest Degree Earned \_\_\_\_\_

Institution \_\_\_\_\_ Position \_\_\_\_\_

License Status \_\_\_\_\_

Email \_\_\_\_\_

I am paying the registration amount checked below:

### **Serious Mental Illness in Rural Settings Training**

- \$40.00** – Regular price  
 **\$30.00** – NPTC affiliates  
 **FREE** – NPTC supervisors

### **Payment Method:**

- I have included a check\* for the entire amount with this registration form.  
 I have mailed a check\* for the entire amount to the address below.  
 I would like to pay by credit card over the phone or in person. †  
 I have paid by credit card online using the link [HERE](#).†

\_\_\_\_\_ **Total Amount**

\*Please make all checks payable to the National Psychology Training Consortium (NPTC) and send c/o Katherine Dixon, 3557 South Avenue, Springfield, MO 65807.

†There is a processing fee for all payments made by credit card. The fee amount varies depending on phone/online (3.5%) or in person (2.75%).

### **Questions?**

#### **Contact:**

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