



Iowa



Cy-Hawk Region

National Psychology Training Consortium

Cy-Hawk Region

2025-2026 Training Year

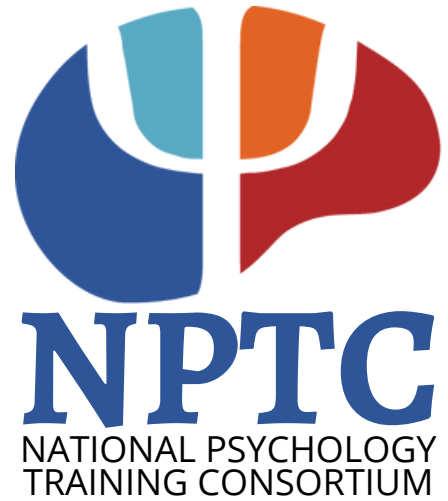


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Internship
Year

July 28, 2025 - July 27, 2026

Application
Deadline

November 17, 2024

Virtual
Open
House
Week

Cy-Hawk Region Open House
Sep. 16, 2024 11:00 - 12:00 Central



APPIC Member

Organizational Overview



Mission Statement

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is a not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Cy-Hawk Region is comprised of sites located in Iowa. The Cy-Hawk Region is an APPIC-member since 2023. NPTC-Cy-Hawk Region has submitted their Contingent Accreditation Application for review by the APA COA and is awaiting a site visit determination.

The Administrative Office for NPTC is located in Springfield, Missouri. To learn more about NPTC staff and other members of the Cy-Hawk Region team, see the [About NPTC](#) page of our website.

Adam
Andreassen,
Psy.D.
President/CEO



Warren H.
Phillips, Ph.D.
Regional Training
Director

Philosophy of Training Program

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed **competency-based practitioner-scholar model**. The three program aims include the following:

Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the **local clinical scientist** philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the [diversity and inclusion page](#) of our website to learn more.



These values also complement the **APA profession-wide competencies**, which are measured and evaluated throughout our internship program:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills

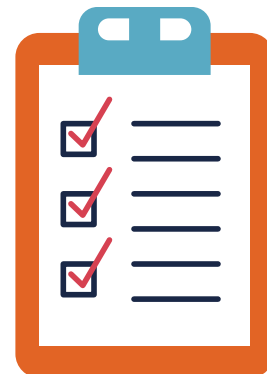
Please visit [APA's website](#) to learn more.

Learn more about the philosophy of our training program on our [website](#).

Internship Eligibility

Applicant Requirements

- Completion of all formal academic coursework for doctoral degree (other than dissertation/doctoral project) from a degree-granting program in professional psychology (clinical, counseling, school)
- Comprehensive Examinations successfully completed
- Completion of a master's degree (or educational equivalent)
- Completion of a combined 300 Intervention and Assessment hours
- Dissertation proposal approved by match ranking deadline
- Approval to participate in the APPIC National Match



Applicants who possess a master's degree and are willing to obtain state licensure may be given preference in the applicant selection process. These expectations as well as other site requirements can be found in the *Intern Selection Process* section of their webpage.

Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our [website](#).

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on [Partial Affiliation](#) for more information about this agreement.

Internship Application Process

Application Deadline: November 17, 2024

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name "National Psychology Training Consortium – [Region Name]." Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the [internship application](#) page of our website.

Each NPTC region is considered a separate application.

Application Materials



The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- One psychological evaluation report writing sample submitted as supplemental material (**a psychological evaluation report writing sample is not required for applicants to the Cascades Region**)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

Notification of invitation to interview is made by December 6th.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.

Site Membership and Descriptions

The **Cy-Hawk Region** comprises five active member sites: Blank Children's Hospital, Broadlawns Medical Center, Central Iowa Family Institute, Mind and Spirit Counseling Center, and Unity Point Health St. Luke's Hospital. Each of the sites offer a wide range of training opportunities and experiences.



Blank Children's Hospital

UnityPoint Health



Position



Sara Jeglum, Ph.D.



[Read more](#)

The Blank Children's Developmental Center specializes in diagnostic evaluation and management of autism spectrum disorder (ASD) and intellectual/developmental disabilities (I/DD). We focus on assessment, behavioral intervention (e.g., applied behavior analysis), and consultation. We are a multidisciplinary center consisting of two licensed psychologists, two board certified developmental-behavioral pediatricians, two doctoral-level nurse practitioners, and nursing. We also will have a social worker employed in the near future. We have a robust administrative team to help support scheduling, billing, referrals/triaging, and prior authorizations.





BOLDER | BETTER | BRIGHTER



Position



Kindra Perry, Psy.D.



[Read more](#)

Broadlawns Medical Center is a safety net county hospital in Des Moines, Iowa that offers comprehensive delivery for mental health services in Central Iowa. We offer an array of potential experiences including outpatient, inpatient, community services, substance abuse, pain clinic, obstetrics, crisis, oncology, pediatrics, geriatrics, med/surg, emergency department, urgent care, and sleep. Specifically, outpatient mental health services include individual therapy, group therapy, psychiatry, psychological evaluation, outpatient addiction treatment, and behavioral health urgent care. The inpatient mental health unit has 44 beds, including a 14-bed unit focused on treating major depression. Community based services include integrated health home (IHH), positive alternatives to hospitalization (PATH), residential group homes, service coordination, and supported community living (SCL). Crisis services include the mobile crisis team, crisis observation center, and crisis stabilization center.

Central Iowa Family Institute

2 Positions

TD Warren Phillips, Ph.D.



[Read more](#)

Central Iowa Family Institute (CIFI) is a multi-specialty group private practice in Central Iowa that provides psychiatric medication management, outpatient individual, couples, and family mental health treatment as well as comprehensive psychological testing. We collaborate with community programs including schools, medical settings, and applied behavioral analysis programs.

CIFI offers two internship positions focused on outpatient mental health therapy, psychological testing/evaluation, training in systems-based couples and family therapy, and working with two community medical settings (Mary Greeley Medical Center and Story County Medical Center) to provide mental health services within a medical setting.

Psychology interns will work in six month rotations with one intern working in the outpatient setting of CIFI and one intern working with Mary Greeley Medical Center/Story County Medical Center. During the second six months interns will rotate setting such that the intern working at CIFI outpatient clinic (during the first six months) will move to Mary Greeley Medical Center and Story County Medical Center and the intern who worked in the medical settings will spend their second six months in CIFI's outpatient clinic. Thus, each intern receives a comprehensive experience of working in both outpatient mental health and medical settings.



MIND & SPIRIT COUNSELING CENTER



Position



Scott Young, Ph.D./M.S.C.P.



[Read more](#)

The Mind & Spirit Counseling Center (formerly known as the Des Moines Pastoral Counseling Center) walks with people through counseling and education to find hope and healing, and to live a fulfilling life. The Center is a nonprofit clinic committed to providing high-quality and affordable mental health services to adolescents and children, couples and families, adults, and older adults. For over 50 years, the Center has retained its vision of being recognized as the welcoming place for diverse clients seeking inspiration and holistic treatment of mind, body, and spirit.

The Center is committed to creating a diverse and inclusive community for our clients and employees. We recognize that diversity and inclusion of age, gender, sexuality, race, ethnicity, religion, SES, and disabilities will enhance our ability to honor our core values of equity, respect, compassion, and creating accessibility to high-quality services for all.

The Center is made up of a multidisciplinary team of clinicians and serves an estimated 2,400 clients annually. Our current clinical staff includes nine fully-licensed doctoral psychologists, three psychiatric providers and one conditional prescribing psychologist, fifteen independent master's level counselors, and multiple trainees.

Our ongoing commitment to training quality and diverse mental health professionals who help alleviate the workforce shortage in the industry began in 1980 and has expanded to include master's level practica and internships, a predoctoral psychology internship, postmaster's residencies, and a postdoctoral psychology fellowship.



2

Positions

TD

Benjamin A. Tallman, PhD



Read more

UnityPoint Health is the fifth largest non-denominational health system and one of the most integrated healthcare systems in the nation with 17 regional hospitals in rural and metropolitan areas in Iowa, Western Illinois, and Southern Wisconsin. UnityPoint-St. Luke's Hospital, in Cedar Rapids, Iowa has been a committed and involved member of the Cedar Rapids community since its founding more than 140 years ago. The Physical Medicine and Rehabilitation Unit (PM&R) at St. Luke's has a rich tradition of being the first rehabilitation program in Iowa to receive the Commission on Accreditation of Rehabilitation Facilities (CARF), a distinction that the 24 bed PM&R unit has now held for 40 consecutive years.

Interns at St. Luke's Hospital will have the opportunity to work in accredited Brain Injury, Stroke Rehabilitation, Inpatient Rehabilitation programs, and outpatient Rehab & Pain Center with individuals presenting with various medical conditions including, but not limited to: spinal cord injury, stroke, traumatic brain injury, limb amputation, traumatic burns, physical deconditioning, cancer debility, neurologic conditions, acute/chronic pain, and other acute and chronic health conditions.

Interns will work with a dynamic and collegial multidisciplinary team led by five physiatrists, two neuropsychologists, and two rehabilitation/health psychologists and collaborate with physical therapists, occupational therapists, speech/language pathologists, registered dietitians, spiritual services, pharmacists, nurses, social workers, care coordinators, and many other health disciplines.

The internship will focus on assessment (e.g., psychological, neuropsychological, spinal-cord stimulator), treatment interventions, and multidisciplinary team consultation in a number of inpatient and outpatient settings including the inpatient PM&R unit, Pain Psychology Program with the UnityPoint Health Rehab and Pain Center, inpatient/outpatient neuropsychology, psychology consultation-liaison service, and outpatient health psychology program.

Interns will be trained to use a number of treatment modalities including Cognitive-Behavioral Treatments (CBT) and Acceptance and Commitment Therapy (ACT) for chronic pain; self-regulation techniques (e.g., clinical hypnosis, mindfulness meditation); motivational interviewing approaches; behavioral management strategies for challenging patient behaviors; and educational interventions for patients with various medical concerns.

Training will also focus on ethical, cultural, and diversity issues in relation to assessment, intervention, and treatment planning. Interns will also have the opportunity to participate on hospital wide committees, such as pain or ethics committees. While research participation is not a requirement of the internship program, opportunities for research exist for interested trainees.

Interns will also have opportunities to supervise undergraduate students, provide workshops and trainings to staff, and interns will be encouraged to attend the spring and fall conferences for the Iowa Psychological Association.

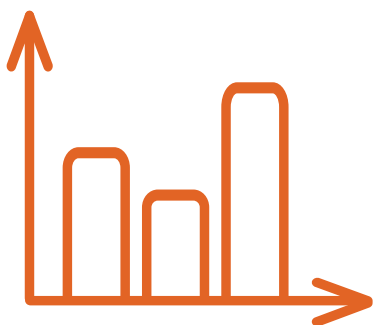
Internship Benefits

Interns will...

- Work a 12-month contract
- Complete a minimum 1,500 hour, full-time internship commitment
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker's compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy



For more information on internship support, visit the [individual site](#) pages as well as the Internship Admissions, Support, and [Initial Placement Data](#) page of our website.

Internship Learning Structure

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

Didactic Training

Didactic trainings are typically held every Friday from 8:00 am to 12:00 pm. Four times per year interns will attend an all-day training from 8:30 am - 4:30 pm which will allow in-person socialization and interaction.



Intervention

- Complete a minimum 1,500 hour, full-time internship commitment.
- Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact.

Supervision

- Complete 4 hours of supervision each week, at least 2 of those hours need to be Individual Supervision with a licensed psychologist.

Assessment

- Complete the minimum number of assessment reports appropriate to the training site.
- Conduct a 30-minute Critical Analysis presentation.

Evaluations

- Meet the minimum levels of achievement on all intern evaluations throughout the year.

Contact Us

Connect with us through the links below:



Administrative Office

300 S. John Q Hammons Parkway, Suite 205
Springfield, MO 65806

Please see the [APA Accreditation](#) page of our website to learn more about the accreditation status of the National Psychology Training Consortium.

Questions about Accreditation? Contact the Office of Program Consultation and Accreditation American Psychological Association:

750 1st Street, NE
Washington, DC 20002

Phone: (202) 336-5979

Email: apaaccred@apa.org

Web: www.apa.org/ed/accreditation