



# Application Tips

## Top 5 Sections of the AAPI - Ranked Most Important by Our Sites

### 1 Applicant Experiences

Sites do not expect you to have every competency and experience, but they do expect you to be hungry to learn new things and to be open to new experiences. Sites look at the breadth of the intern applicant's professional and life experiences and the extent to which those experiences fit with what the site offers.

### 2 Professional Conduct

Sites will vary in their response to a "yes" on the professional conduct part of the application. Some sites though, will truly value your explanation. Be sure it is well written and detailed.

### 4 Cover Letter

- Demonstrated knowledge of the position(s) of interest
- The ability to explain how each position of interest fits with the applicant's experience and goals
- The ability to write in a concise and professional manner

### Self-Care Tips

- Do something that's just for you each day
- Drink water and sleep
- Mindfulness, recreation, exercise, personal interests, and investment in relationships is critical
- Prioritize your well-being. Reflect on what your self-care "non-negotiables" are - what do you have to have regularly to be able to stay healthy?

### 3 Resume/CV and Personal Essay

If the experience you have does not match the site you are interested in, provide in your cover letter your interest in gaining the new experience the site is offering and how you would like it to shape your future career.

### 5 Number of Hours

Completion of a combined 300 Intervention and Assessment hours.