

# Clinical Profession-Wide Competencies



NPTC seeks to train prospective psychologists to the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

## **Aim 1:**

To provide broad and general training in psychology with emphasis on applied empirical knowledge.

## **Aim 2:**

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

## **Aim 3:**

To socialize psychology interns to utilize critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

All interns who graduate from programs accredited in health service psychology must show competence in the nine APA Profession-Wide Competencies. Programs must provide opportunities for all of their interns to achieve and demonstrate that each required profession-wide competency has been met.

### **1 Research**

Demonstrate appropriate knowledge, skills and attitudes to produce and disseminate scientific research and to make appropriate use of scientific methods and findings at the local, regional, or national level.

### **2 Ethical & legal standards**

Demonstrate appropriate ethical and legal knowledge, recognize ethical dilemmas and apply ethical decision-making processes to resolve, and conducts themselves in an ethical manner in all professional activities and interactions.

### **3 Individual & cultural diversity**

Demonstrate appropriate knowledge, skills and attitudes about cultural and individual differences including an understanding of their own personal/cultural differences and how that may affect how they interact with individuals.

### **4 Professional values and attitudes**

Demonstrate the ability to behave in ways that reflect the values and attitudes of psychology, engage in self-reflection, actively seek and demonstrate responsiveness to feedback and supervision, and respond professionally to increasingly complex situations.

### **5 Communication and interpersonal skills**

Demonstrate the ability to communicate effectively, to interact appropriately, and to develop and maintain effective relationships with a wide range of individuals.

**6 Evidence-based assessment**

Demonstrate appropriate knowledge, skills and attitudes in the selection, administration and interpretation of assessments consistent with the current research and communicate the findings in an accurate and effective manner to a range of audiences.

**7 Evidence-based intervention**

Demonstrate appropriate knowledge, skills and attitudes in the development, implementation, and evaluation of interventions that are evidence-based and respectful of clients' values/preferences.

**8 Evidence-based supervision**

Demonstrate appropriate knowledge, skills (observing, evaluating, giving guidance, and feedback) and attitudes regarding the instruction and oversight of trainees and other professionals in direct or stimulated practice.

**9 Consultation and Interprofessional/Interdisciplinary**

Demonstrate appropriate knowledge, skills and attitudes regarding interprofessional and interdisciplinary collaboration in relevant professional roles.