

# 4 MONTHS TO GO!

## QUOTE OF THE MONTH

“Always bear in mind that your own resolution to success is more important than any other one thing.” – Abraham Lincoln

## ALMOST THERE!

Can you believe it? We’re in the final stretch of our internship—just four months left! This is an exciting milestone, and we want to take a moment to reflect on our achievements, personal growth, and the importance of self-care as we finish strong.

## CELEBRATING OUR GROWTH & ACHIEVEMENTS

Over The Past Months, We’ve All Made Incredible Progress. Whether It’s Mastering Clinical Skills, Building Therapeutic Relationships, Or Deepening Our Understanding of Psychological Theory, Each of Us Has Grown In Ways We Might Not Have Imagined At The Start. Here Are Some Highlights:



Increased Confidence in Conducting Assessments and Interventions



Improved Ability to Build Rapport with Clients



Gained Valuable Supervision Experience and Feedback



Strengthened Case Conceptualization and Treatment Planning Skills



Contributed To Meaningful Discussions and Peer Support

Take A Moment to Recognize Your Personal Wins, No Matter How Big or Small. Growth Isn’t Always Linear, But Each Step Forward Matters!

As We Prepare for The Next Phase of Our Careers, Remember to Stay Present and Make the Most Of These Remaining Months. Keep Learning, Ask Questions, And

Embrace the Challenges—They Are Shaping You into A Skilled and Compassionate Psychologist. We're So Proud of All That You've Accomplished So Far! Keep Up the Great Work, And Let's Finish Strong Together. As Always, If You Need To Contact Me, My Email Is [ag28144@compasshn.org](mailto:ag28144@compasshn.org).