

BH Student Contextual Interview Observation Form - Adult (CIOF-A)

Introduction	Circle	
Introduces self to patient and any other person/people in the exam room in a friendly manner (i.e., greeting, smile, eye contact, etc.)	Yes	No
Establishes relationship of other person/people in exam room to the patient	Yes	No
BHC states their degree and license type	Yes	No
States role as a student (i.e., states student and supervision status)	Yes	No
Informs they will focus on holistic health (e.g., physical, emotional, social, etc.)	Yes	No
Informs the patient of the time parameters (<25 min)	Yes	No
States patient may get all the help they need out of one or two visits, or may come back for follow-up visits until the plan is working	Yes	No
States they will chart into the medical record	Yes	No
Elicits patient's presenting problems and negotiates agenda for the visit	Yes	No
Explains BHC will ask a series of questions to get a "snap shot" of their life before diving into the presenting problem	Yes	No
Love – Work – Play:		
Establishes patient's living situation (i.e., who is in the home?)	Yes	No
Establishes patient's relationship status (i.e., dating, married, single, etc.) & relevant aspects of sex life	Yes	No
Asks which family members are important in his/her life	Yes	No
Asks who, if anyone, is a close friend (i.e., best friend, distant, online, etc.)	Yes	No
Asks if any spiritual beliefs, practices, or philosophies impact his/her life	Yes	No
Establishes source(s) of income (i.e., employment, student loans, SSI, etc.)	Yes	No
Discovers at least one pleasurable or fun activity for the patient, present or past	Yes	No
Health Behaviors:		
Asks patient about their sleep habits and sleep quality	Yes	No
Asks patient about their diet (i.e., home-cooked, fast food, fresh produce, etc.)	Yes	No
Asks patient about their exercise habits	Yes	No
Asks patient if they take medications as prescribed	Yes	No
Asks patient if they take any over-the-counter medications	Yes	No
Health Risk:		
Asks if patient ingests caffeine? If so, the interviewer asks how much?	Yes	No
Asks if the patient uses any tobacco products? If so, asks how much?	Yes	No
Asks if the patient uses alcohol? If so, asks how much?	Yes	No
Asks if the patient uses marijuana? If so, asks how much?	Yes	No
Asks if patient uses street drugs (i.e., illegal rxs, cocaine, meth, etc.)? If so, what kind and how much?	Yes	No
Interview Skills:		
Controls the tempo/pace of the interview (i.e., pauses only when clinically useful, asks questions in a directive manner to stay on task)	Yes	No
Stays organized during interview (i.e., asks questions in a sequential manner, if answers out of order, attempts to re-establish logical order)	Yes	No

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Uses verbal cues (i.e., reflective, clarifying, and summary statements) to demonstrate interviewer engagement and empathy	Yes	No
Uses nonverbal cues (i.e., leans towards patient, maintains eye contact, etc.) to demonstrate interviewer engagement and empathy	Yes	No
Uses language at the appropriate health literacy (i.e., limits medical jargon)	Yes	No
Establishes rapport (i.e., smiles, friendly demeanor, uses patient's name, etc.)	Yes	No
Uses "what" and "how" questions rather than "why" questions	Yes	No
Stays within time parameters (i.e., interview is less than 10 minutes)	Yes	No