

## Hours

Monday - Friday, 5:00 a.m. - 1:00 p.m.

Saturday - Sunday, 6:00 - 10:00 a.m.

No appointment necessary.

## Location

1415 Directors Row

Fort Wayne, Indiana 46808

Conveniently located off of West Coliseum Blvd in a safe and isolated area of Interstate Business Park.

## The Bowen Center is:

- Largest Community Mental Healthcare Provider in Indiana.
- Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
- Licensed by the Indiana Division of Mental Health.
- Certified by the Indiana Department of Addiction Services.
- Certified by Blue Cross/Blue Shield and other insurance companies.
- Certified by Medicare and Medicaid.

**For more information call:  
(260) 471-9357.**

## Bowen Center can help.

Bowen Center started as a non-profit Community Mental Health Center in northern Indiana in 1961. The Center now serves Indiana treating patients in-person, by phone or video conference with emotional health care, substance use treatment and with primary health care clinics located in Northern Indiana.

Bowen Center's dedicated staff provides life-changing care to individuals, children and families. Its expanding range of services includes family therapy, marital counseling, adolescent and children's counseling, autism services, alcohol and substance use treatment, individual and group therapy, skills coaching, hypnotherapy, transitional living, inpatient services, primary health care, and more. The Center accepts many insurance plans including Medicare and Medicaid and uses a sliding fee discount scale for patients that pay privately.

**Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.**



(800) 342-5653 [BowenCenter.org](http://BowenCenter.org)

# OPIOID USE DISORDER SERVICES

We're the hope.



(800) 342-5653 [BowenCenter.org](http://BowenCenter.org)

# OPIOID USE DISORDER SERVICES

Bowen Recovery Center uses methadone for medication-assisted treatment of Opioid Use Disorder. Opioid Use Disorder is diagnosed to those who have difficulties arising from their use of prescription pain medications, heroin, fentanyl or other opioids. Over the past 40 years, methadone has assisted individuals suffering with Opioid Use Disorder by removing withdrawal symptoms and cravings. The freedom experienced from the lifting of these symptoms allows the patient to focus on rebuilding their life and experience improved health and well-being. This enables patients to return to work, school, and families. Patients experience a renewed sense of self-worth as they regain a balanced life.

## Medication

Bowen Center offers several medications for opioid withdrawal symptoms and cravings. At Bowen Recovery Center, methadone is the primary option to treat the physical symptoms. Methadone has been determined to be a safe treatment for decades with volumes of research to prove effectiveness. When taken under a doctor's care, there are no harmful effects on the body. Studies have shown that methadone, along with individual counseling and group support, results in a successful recovery.

## Medical Services

Bowen Recovery Center has a medical doctor specializing in addictions on site daily, Monday through Friday. All new patients meet the doctor the very first day by starting with a complete history and physical. The medical doctor can

identify health concerns and make appropriate referrals. Careful consideration toward individualized care is of the utmost importance to ensure success. Patients will collaborate with the medical doctor to decide on the right dose of methadone to relieve symptoms of cravings and withdrawal.

## Individual Counseling

On the first day, the patient will also meet with a certified counselor for the assessment. The patient will be matched with a staff counselor and participate in weekly counseling and case management. Counselors will assist the patient in learning new coping skills as they encounter challenges when facing complex difficulties that surface after physical symptoms are relieved.

Any patients in need of additional services beyond what is available at the Bowen Recovery Center will be referred to a convenient off-site Bowen outpatient clinic near their home.

## Group Support

Group and peer support is well established as necessary and effective in recovery. Sharing and learning with others along the journey of recovery is a vital experience and can result in friendships and healing. Groups are required for patients who are receiving methadone as a combination of approaches fit best practices protocol.

*We would like to express sincere gratitude to our generous donors for their support in helping to make Bowen Recovery Center a service to our community. A full list of donors can be found at [bowencenter.org](http://bowencenter.org)*

## Nursing Support

Nurses licensed by the state of Indiana are available daily for support. Nurses will be administering the medication and ensuring that the proper dose is received while at the same time, watching for symptoms of withdrawal or side effects. This allows for safe administration of methadone.

## Resource Room

This is an area for staff and patients to meet and utilize the library of information and community resources. This area will contain material for education and research. Information is available on a wide range of topics related to the rebuilding of the social, psychological, and physical aspects of life. The Resource Room is available for finding concrete solutions to problems enabling integration of new, healthy activities.

## Cost and Assistance with Insurance

98% of current clients either qualify for Medicaid or have private insurance. Insurance Navigators are available to assist with Medicaid applications. Most insurance companies are now paying for treatment. Self-pay at a daily rate is available. Fear of cost should not be a hindrance from treatment.

## Safe, Secure, Comfortable

From the moment you enter the building, you will experience a pleasant, private and supportive atmosphere. The building is secure and monitored by a security system and security guard.