

Autism Related Services

Bowen Center's autism related services are designed to address the unique needs of people of all ages diagnosed as on the autism spectrum as well as related disorders. We provide comprehensive interventions from diagnosis through treatment and ongoing referral and support. Diagnostic services are available to start at 18 months into adulthood.

The Bowen Center's comprehensive autism services are provided by dedicated and specialized professionals. These therapists and coaches can guide people through the steps of diagnosis, therapy and lifestyle adjustment using evidence and outcome-based treatment protocols. These sessions are presented in a style that help remind people that they are not alone.

For more information or to make an appointment, call (800) 342-5653.

Bowen Center can help.

Bowen Center started as a non-profit Community Mental Health Center in northern Indiana in 1961. The Center now serves Indiana treating patients in-person, by phone or video conference with emotional health care, substance use treatment and with primary health care clinics located in Warsaw and Fort Wayne, IN.

Bowen Center's dedicated staff provides life-changing care to individuals, children and families. Its expanding range of services includes family therapy, marital counseling, adolescent and children's counseling, autism services, alcohol and substance use treatment, individual and group therapy, skills coaching, hypnotherapy, transitional living, inpatient services, primary health care, and more. The Center accepts many insurance plans including Medicare and Medicaid and uses a sliding fee discount scale for patients that pay privately.

Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.

BOWEN CENTER SERVICES

We're the hope.

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BOWEN CENTER SERVICES

Bowen Center Service Options

- Psychiatric Medication Management
- Medication Assisted Treatment (MAT)
- Psychological Testing
- Individual Mental Health Counseling
- Marriage and Family Therapy
- Addiction Recovery Services
- Skills Coaching

Bowen Center Services

Bowen Center provides the following services:

Outpatient Therapy Services

We believe you know yourself and your needs best, therefore you will identify the problem area(s) you would like to address in treatment. We will take a strength based, trauma informed approach to collaboratively design a treatment plan meeting your identified needs. Together we will select an evidence-based treatment or a combination would work best. Your therapist can help guide that process if you feel stuck or uncertain how you would like to proceed.

Training & Workshops

A variety of programs are available including Life Skills, Children Coping with Divorce, Parenting Classes, and Anger Management. Others can be developed to meet the need.

Employee Assistance Program (EAP)

Bowen Center can provide a low-cost valuable benefit to employers and their employees through the Bowen Center Employee Assistance Program (EAP). This helps retain valuable employees and minimize personal or family problems that may interfere with the performance of an otherwise satisfactory employee.

Student Assistance Program (SAP)

The Student Assistance Program (SAP) recognizes that students face far more challenges than what is often seen on the surface. The SAP is designed to provide support, clarity and practical help in successfully negotiating the overwhelming terrain that students and families face.

Medication Management

Includes evaluation and medication management consultation. Our staff of psychiatrists and nurse practitioners are sensitive to the needs of our patients and are ready to provide specialized care.

Diagnostic Assessment and Evaluation

Assessments conducted on an outpatient basis might include psychiatric assessments, psychological testing, and assessments by other professionals depending on the specific issues for which help is being sought. Specialized assessments are available for adults and children suspected of suffering from Attention Deficit Hyperactivity Disorder (ADHD), Autism, Asperger's Disorder and other conditions.

Emergency Services

Bowen Center provides 24-hour a day, 7 day a week emergency telephone services to persons in crisis. If needed, face-to-face emergency evaluations are available. The Center's Inpatient Unit is available for acute psychiatric problems requiring hospitalization.

Adult Rehabilitative Services

Patients who struggle with chronic mental illness may have a staff member assigned as a care coordinator. The coordinator oversees an array of rehabilitative supports including helpful services to optimize functioning in the community, utilizing community resources, and

engaging in therapy and medication services. For some adult patients who are at risk for re-hospitalization or failure in the community, intensive in-home services are available.

Intensive In-Home Case Management for Children

Specially trained staff provide intensive treatment services to children and adolescents and their family or foster family. The goal is to prevent out-of-home residential placement for children or adolescents at risk for such placement.

School-based Services

Behavioral and emotional support may be provided during or after school on school grounds to provide services to students of various ages and needs. Referrals to these programs may be from parents and teachers.

Transitional Living Programs

Bowen Center helps adult chronically mentally ill individuals find apartments in the area and provides case management to help the patient develop independent living skills to best function in the community. Services are for adults only and based on a rehabilitation and recovery model designed to assist individuals in achieving the greatest level of independence possible. Facilities include: supervised group living, a room and board assisted living program, and a semi-independent living program.

Psychiatric Hospitalization

The 16-bed inpatient psychiatric facility in Pierceton, Indiana, serves an adult population. The Inpatient Unit also provides substance related detoxification services. Children and younger adolescents are referred to other specialty units for their age group.