



Washington & Oregon



Cascades Region

National Psychology Training Consortium

Cascades Region

2024-2025 Training Year

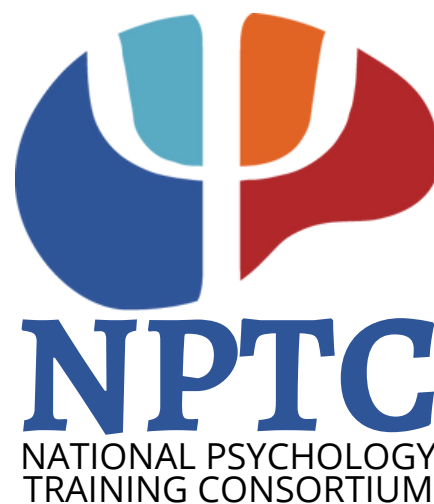


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Internship Year

June 19, 2024 - June 18, 2025

Application Deadline

November 19, 2023

Virtual Open House Week

NPTC Open House

Sep. 25, 2023 12:00 - 1:00 Central

Cascades Open House

Sep. 29, 2023 8:00 - 9:00 Pacific

APA Accredited
APPIC Member

Organizational Overview



Mission Statement

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is an APA-accredited not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

A unique focus of the Cascades Region is the intersection between psychology and integrated primary care at sites located in northwest and central Washington and Oregon.

The Administrative Office for NPTC is located in Springfield, Missouri. The President/CEO of NPTC is Adam Andreassen, Psy.D. and the Regional Training Director of the Cascades Region is David Bauman, Psy.D. To learn more about NPTC staff and other members of the Cascades Region team, see the [About NPTC](#) page of our website.

Adam
Andreassen,
Psy.D.
President/CEO



David Bauman,
Psy.D.
Regional Training
Director

Philosophy of Training Program

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed **competency-based practitioner-scholar model**. The three program aims include the following:

Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the **local clinical scientist** philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the [diversity and inclusion page](#) of our website to learn more.



These values also complement the **APA profession-wide competencies**, which are measured and evaluated throughout our internship program:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills

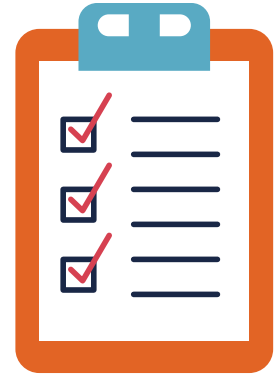
Please visit [APA's website](#) to learn more.

Learn more about the philosophy of our training program on our [website](#).

Internship Eligibility

Applicant Requirements

- Comprehensive Examination successfully completed
- Master's degree completed
- Dissertation or Doctoral Project proposal approved by match ranking deadline
- Completion of a combined 300 Intervention and Assessment hours
- Completion of all required coursework for doctoral degree (other than dissertation/doctoral project)
- Approval to participate in the APPIC National Match



Applicants who possess a master's degree and are willing to obtain state licensure may be given preference in the applicant selection process.

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on [Partial Affiliation](#) for more information about this agreement.



Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our [website](#).

Internship Application Process

A p p l i c a t i o n D e a d l i n e : N o v e m b e r 1 9 , 2 0 2 3

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name "National Psychology Training Consortium – [Region Name]." Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the [internship application](#) page of our website.

Each NPTC region is considered a separate application.

Application Materials

The following information is required for all NPTC applications:



- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- **Great Lakes and Central Regions only** - one psychological evaluation report writing sample submitted as supplemental material (a psychological evaluation report writing sample is not required for applicants to the Cascades Region)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

Notification of invitation to interview is made by December 15th.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.

Site Membership and Descriptions

The **Cascades Region** comprises three member sites in the Pacific Northwest: Community Health of Central Washington (CHCW), HealthPoint, and Yakima Valley Farm Workers Clinic.

CHCW is located in Yakima, Washington, an urban agricultural community in the Yakima Valley. The Yakima Valley is a culturally diverse region rich in opportunities for a health professional to make a difference in people's lives. HealthPoint clinics are located in some of the most culturally and economically diverse communities in King County, Washington. Each clinic is within 23 miles of Seattle, the largest city in the Pacific Northwest. Yakima Valley Farm Workers Clinic maintains 34 clinics throughout Washington and Oregon.

All of the Cascades Region member sites practice the **Primary Care Behavioral Health (PCBH)** model, a population-based approach to providing behavioral health consultation and services. A Behavioral Health Consultant (BHC) typically sees patients for an average of two to three visits. Visits are typically 20-30 minutes in length and are provided in a primary care practice area so that patients view BHC services as a routine part of primary care. Learn more about the Cascades Region on our [website](#).

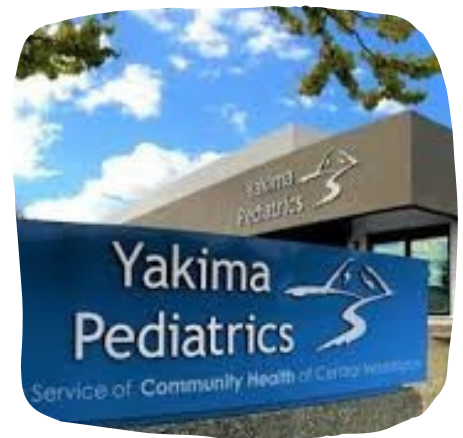


3 Positions

TD David Bauman, Psy.D.

 [Read more](#)

Community Health of Central Washington (CHCW) provides future psychologists and medical providers training in a fully integrated community health center (CHC). CHCW serves individuals and families across the Yakima Valley who are mostly low-income, disadvantaged families, including a large portion who are migrant and seasonal farmworkers. Operating as behavioral health consultants (BHCs) via the Primary Care Behavioral Health (PCBH) model, doctoral interns and postdoctoral fellows will work alongside medical professionals and trainees to provide patients holistic healthcare.



CHCW serves over 30,000 individuals and families. Largely in rural settings, CHCW operates five clinics: a pediatric clinic, a family medicine residency clinic, and three rural clinics. CHCW houses a 11-11-11 family medicine residency in its Yakima (Central Washington Family Medicine (CWFM)) and Ellensburg clinics. CHCW also partners with the two local Yakima hospitals to provide inpatient coverage and training.

**"three, 16-
week
rotations"**

As a part of the internship year, interns will spend three, 16-week rotations. In addition to providing PCBH services, interns will co-facilitate patient groups on topics such as chronic pain, adolescent wellness, and lifestyle changes. Interns will also complete critical analysis and quality improvement projects on relevant clinic topics, allowing for a deeper level of knowledge in areas of need for CHCW. For more detailed information about this internship experience, please see the internship webpage linked above.



Positions



Robert Allred, Ph.D.



[Read more](#)

HealthPoint is a community-based, community-supported and community-governed network of non-profit health centers dedicated to providing expert, high-quality care to all who need it, regardless of circumstances. At HealthPoint, we utilize a “consultant” model to augment usual primary care by ensuring a well-rounded biopsychosocial treatment plan and by providing behavioral health services where patients come for healthcare. We provide individual, group, and family interventions and work in close collaboration with primary care providers (PCPs) and medical team members in a fast-paced multidisciplinary setting. The consultant model is a population-based approach, with the goal to create access to the entire population of our clinics to behavioral healthcare. Our visits are brief in length of time (typically 30 minutes or less) and focus on functional restoration rather than diagnosis and therapy. We do not provide traditional psychotherapy and assessments as interventions are geared toward the primary care setting and our model of care.

At HealthPoint, we provide unique learning opportunities/training which include learning the Primary Care Behavioral Health (PCBH) model, a rotation at one of our 5 school-based health centers, consultation with primary care providers and medical team members, designing groups or clinical pathways to improve patient care, conducting brief screenings and assessments for various patient needs, chronic pain evaluations, as well as learning much more about medical and psychiatric conditions, medications, natural medicine, and nutrition from providers across these disciplines. With 19 Full-time Behavioral Health Consultants, five Post-Doctoral Residents, and 975+ staff spread across over 21 locations, interns will have a lot of people to support them throughout their internship. For more detailed information about this internship experience, please see the internship webpage linked above.





Yakima Valley Farm Workers Clinic

2 Positions

TD Phillip Hawley, Psy.D.

 [Read more](#)

In 1973 three respected physicians set up a clinic providing care for migrant and seasonal agricultural workers in a small house made of plywood and built by VISTA volunteers in Toppenish, WA. In the time since, Yakima Valley Farm Workers Clinic (YVFWC) grew into one of the largest community health centers in the Northwest, with over 40 clinics in 18 communities across Washington and Oregon.



YVFWC employs the Primary Care Behavioral Health (PCBH) model of behavioral health integration within primary care utilizing Behavioral Health Consultants (BHC). BHCs meet with patients and their primary care doctor and education, brief intervention, and holistic care as part of the primary care team.

In collaboration with the NPTC, YVFWC offers pre-doctoral psychology internships in integrated primary care at Toppenish Medical Dental in Toppenish, WA. The 12-month program provides extensive clinical experiences, including focal areas that allow interns to offer same-day primary care services for underserved patients, with particular emphasis on pediatric and adolescent patients. Interns will learn generalist psychology skills and prepare for a future as a clinical psychologist. NPTC and YVFWC ensure a strong training year with extensive didactic training, supervisory support, and clinical experiences. This training will create a sound foundation for psychologists looking to further training in integrated settings and a future as a behavioral health consultant in the primary care behavioral health model of integration.

For more detailed information about this internship experience, please see the internship webpage linked above.

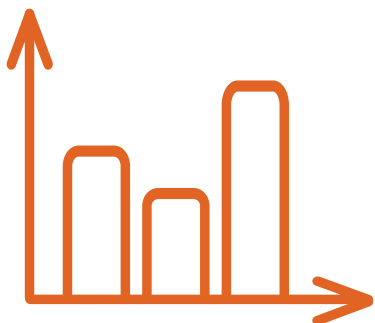
Internship Benefits

Interns will...

- Work a 12-month contract
- Complete a minimum 1,500 hour, full-time internship commitment
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker's compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy



For more information on internship support, visit the [individual site](#) pages as well as the Internship Admissions, Support, and [Initial Placement Data](#) page of our website.

Internship Learning Structure

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

Didactic Training

Didactic trainings are typically held the first Friday of each month from 8:30 am - 5:30 pm. The trainings will be hosted at one of the three partner agencies throughout the year. Psychology interns are given a schedule of didactic training dates and locations at the beginning of each training year and will be notified in advance via email if the schedule or location has changed.



Intervention

- Complete a minimum 1,500 hour, full-time internship commitment.
- Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact.

Supervision

- Complete 4 hours of supervision each week, at least 2 of those hours need to be Individual Supervision with a licensed psychologist.

Assessment

- Complete the minimum number of assessment reports appropriate to the training site.
- Conduct a 30-minute Critical Analysis presentation.

Evaluations

- Meet the minimum levels of achievement on all intern evaluations throughout the year.

Contact Us

Connect with us through the links below:



Office Locations

Administrative Office
300 S. John Q Hammons
Parkway, Suite 205
Springfield, MO 65806

Cascades Region Main Office
955 Powell Ave SW
Renton, WA 98057

Please see the [APA Accreditation](#) page of our website to learn more about the accreditation status of the National Psychology Training Consortium – Cascades Region.