Central Region
2023-2024 Training Year

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Internship Year
July 24, 2023 - July 23, 2024

Application Deadline
November 20, 2022

Virtual Open House Week
NPTC Open House
Sep. 20, 2022 12:00 - 1:00 Central
Central Open House
Sep. 22, 2022 1:00 - 2:00 Central

APA Accredited
APPIC Member
The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is an APA-accredited not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC’s internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Central Region is comprised of sites located in southwest and central Missouri.

The Executive Training Office for NPTC is located in Springfield, Missouri. The President/CEO of NPTC is Adam Andreassen, Psy.D. and the Regional Training Director of the Central Region is Dustin Brown, Psy.D. To learn more about NPTC staff and other members of the Central Region team, see the About NPTC page of our website.
Philosophy of Training Program

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

**Aim 1**
To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

**Aim 2**
To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

**Aim 3**
To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the local clinical scientist philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter’s (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

These values also complement the APA profession-wide competencies, which are measured and evaluated throughout our internship program:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the diversity and inclusion page of our website to learn more.

Please visit APA’s website to learn more.

Learn more about the philosophy of our training program on our website.
Internship Eligibility

Applicant Requirements

- Comprehensive Examination successfully completed
- Master’s degree completed
- Dissertation or Doctoral Project proposal approved by match ranking deadline
- Completion of a minimum of 1000 total practicum hours, of which...
  - 250 should be Intervention and Assessment hours
  - 100 should be Supervision hours
- Completion of all required coursework for doctoral degree (other than dissertation/doctoral project)
- Approval to participate in the APPIC National Match

Applicants who possess a master's degree and are willing to obtain state licensure may be given preference in the applicant selection process.

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on Partial Affiliation for more information about this agreement.

Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our website.

Due to the requirements of the HRSA grant, any intern applicants for the IHC-Grant Funded positions must be citizens of the United States, a noncitizen national of the United States, or a foreign national who possesses a visa permitting permanent residence in the United States. Individuals on temporary or student visas are not eligible to participate. Please note that this requirement only applies to the Grant-Funded positions and not the traditional positions available at each of our sites. If you have any questions about eligibility for the program please contact Katherine Dixon at kdixon@psychologyinterns.org.
Internship Application Process

Application Deadline: November 20, 2022

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name “National Psychology Training Consortium – [Region Name].” Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the internship application page of our website.

Application Materials

The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- **Great Lakes and Central Regions only** - one psychological evaluation report writing sample submitted as supplemental material (a psychological evaluation report writing sample is not required for applicants to the Cascades Region)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

**Notification of invitation to interview is made by December 15th.**

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.
The Central Region is currently comprised of six member sites across Central and Southwest Missouri. Central Region sites are located throughout the heart of the Ozarks – the home of beautiful lakes, rolling hills, and a leisurely lifestyle. Springfield, Missouri, the location of the NPTC Executive Training Office, is the state’s third largest city and a regional medical and educational hub with several major care providers, universities, and the largest school district in the state. Many of the Central Region sites are within a half-day’s driving distance to other exciting cities such as St. Louis, Kansas City, Jefferson City, Branson, and Tulsa, Oklahoma.

The Central Region also offers several Integrated Health Care internship positions that provide specialized training in integrated healthcare settings. The IHC internship positions available through NPTC - Central Region are supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $1.8 million dollars. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov. Learn more about the Central Region on our website.
Burrell Behavioral Health is a private, not for profit Certified Community Behavioral Health Organization with internship positions available in either Springfield, Missouri, or Sedalia, Missouri. Burrell's goal is to develop well-trained psychologists with skills in community behavioral healthcare through meaningful and developmentally challenging training experiences that are supported by encouraging supervisors.

Our Traditional Track curriculum includes generalist training experiences with clients across the lifespan in outpatient therapy, psychological evaluations, intake assessments, and outpatient group therapy. Interns may have placements in specialty interest areas such as the Autism Center, Youth Focus Clinic (ADHD services), neuropsychological assessment, DBT team, RecoverED eating disorders program, substance use Recovery Services, or youth residential services. Opportunities for program development and research may also be available.

Our Dual Track program is a partnership with CoxHealth. The majority of intern training time will be at CoxHealth and will have a range of opportunities for training including inpatient psychiatric, acute medical, telehealth, and integrated behavioral healthcare. Psychological evaluations training will be at Burrell Behavioral Health (approx. 12 hours per week).

Burrell is offering five Integrated Health Care internship positions through the HRSA BWHET grant. In Springfield, two interns will be placed at CoxHealth Medical Center and one intern will be placed at the MSU Care clinic (in partnership Missouri State University and Mercy health system). Two interns will provide services at Bothwell Regional Health Center in Sedalia, MO. Interns in all locations will specialize in working as part of a team that includes physicians, nurse practitioners, and ancillary staff.
Clark Community Mental Health Center is the Administrative Agent for the Department of Mental Health, providing comprehensive psychiatric, substance abuse treatment and prevention services to residents in a three county area. The facility is home to outpatient mental health counselors, and alcohol/drug abuse counselors and psychiatrists. Additionally, Clark Center supports a tele-health program offered through the University of Missouri, Columbia.

The mission of the Clark Community Mental Health Center is to be a crisis assessment and information resource for area residents in need of assistance with mental illness, substance abuse, mental retardation, and developmental disabilities. In addition to the primary psychiatric and substance abuse services offered, Clark Center provides crisis support through telephone and mobile assistance as well as education and outreach within the schools and communities it serves. For more detailed information about this internship experience, please see the internship webpage linked above.

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Compass Health Network is a community mental health system that provides comprehensive behavioral health services across central Missouri. Compass Health provides opportunities for psychology interns to work with a diverse client base and to engage in interdisciplinary collaboration with a variety of clinical staff.

Three internship training tracks are available within Compass Health, including Outpatient, Dual-Track with Royal Oaks Hospital, and Grant-Funded Integrated Health Care (IHC). Outpatient interns placed at Compass Health typically provide services at either one clinic full-time or two clinics within driving distance of each other. Dual-track interns spend 3 days per week at Royal Oaks Hospital and 2 days per week in an outpatient office. IHC interns are placed within a Compass primary care setting, and provide short-term intervention, psychoeducation, and assessment services. Strong emphasis is placed on interdisciplinary collaboration in this track, with additional didactics provided in this area.

Most Compass offices are considered Federally Qualified Health Centers (FQHCs), and many provide optional training experiences such as:

- Group and family therapy;
- School-based therapy in local schools;
- Dialectical Behavior Therapy;
- Substance Abuse Traffic Offender Program (SATOP);
- Assertive Community Treatment for Transitional Age Youth (ACT-TAY) program;
- Residential adolescent substance use treatment;
- Crisis and triage care;
- Training in Parent-Child Interaction Therapy (PCIT);
- Behavioral Health Consultation in primary care.

Specific office availability varies by training year. You can find more detailed information regarding available office locations and which offices provide each training opportunity on the website.
Royal Oaks Hospital is a 54-bed, acute care inpatient facility located in Windsor, Missouri. Royal Oaks provides outpatient psychiatric services and acute inpatient care to a rural community of approximately 3,000 people.

Interns will have hands-on experiences with support from interdisciplinary team members. Exposure to direct patient care is experienced, as is administrative and personal professional development. Individuals from all SES, ethnic, cultural, and geographic locations receive care at Royal Oaks. Interns will provide primary therapy (individual, group, and family) as well as psychological testing.

Interns will spend half their time providing services in either the Compass Health outpatient office in Butler, MO or Warrensburg, MO. Core outpatient treatment services in both locations include working with a team of LPCs, social workers, and psychologists providing individual, couples, group, and family therapy with children, adolescents, and adults. Services at these locations also include crisis and triage, psychological assessment and psychiatric/medication management. Both offices also have opportunities for group and/or individual substance use disorder treatment programs for adults and adolescents.

Interns will spend the other half of their time at the inpatient unit at Royal Oaks Hospital. Core inpatient treatment services include working with a team of LPC’s, social workers, and psychologists providing individual, couples, group, and family therapy with children, adolescents, and adults. Interns will have a rotating placement in child, adolescent, and adult inpatient units providing psychological assessment, therapy, group coverage, and psychiatric/medication management. More information on the Royal Oaks Hospital experience is detailed on the website.
University Health Behavioral Health is a leader in the treatment of mental health and provides a comprehensive array of mental health treatment. Located in the heart of Kansas City, University Health is an academic medical center serving individuals with a vast range of cultural and socioeconomic backgrounds, regardless of their ability to pay.

With a combined experience, interns will gain in-depth exposure to both inpatient and outpatient mental health treatment. Interns will engage in year-long rotation within the inpatient setting and will also complete two rotations within an outpatient setting. Each intern will spend six months in either a child or adult outpatient clinic, rotating in the middle of the internship year to finish their last six months in the opposite clinic. Interns will provide individual therapy, group therapy, and psychological assessment. Interns will have the opportunity to be trained in the best practices with telehealth delivery and will gain supervision practice of practicum students. Additional training opportunities such as witnessing civil commitment hearings and providing behavioral consultations are possible.

Individual supervision will be provided by staff psychologists who are present full-time in each clinic. Interns will also participate in group supervision provided by staff psychologists within the larger University Health organization. Each week provides a wide range of educational opportunities, including grand rounds with the department of psychiatry, case conferences, evidence-based practice meetings, journal club, and weekly assessment seminar. For more detailed information about this internship experience, please see the internship webpage linked above.
Internship Benefits

Interns will...

- Work a 12-month contract
- Complete a total of 2,000 hours over the course of the training year
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual salary as designated by site
- Optional enrollment for interns and families in member site’s employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker’s compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site’s reimbursement policy

For more information on internship support, visit the individual site pages as well as the Internship Admissions, Support, and Initial Placement Data page of our website.
Internship Learning Structure

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

**Didactic Training**

Didactic trainings will be held every Friday morning from 8:00 am – 12:00 pm via Zoom. Once per quarter, the didactic training will take place in-person for a full day at Burrell South Creek (2885 W Battlefield Rd, Springfield, MO). IHC interns will have an additional full day virtual training on the third week of every month. Interns are given a schedule of didactic training dates and locations at the beginning of each training year and will be notified in advance via email if the schedule or location has changed.

**Intervention**

- Complete 2,000 total internship hours.
- Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact and 500 hours over the course of the year.

**Supervision**

- Complete at least 200 hours of supervision over the course of the year, at least 100 of which is individual supervision with a licensed psychologist.
- Participate in the monthly Clinical Supervision Exercise.

**Assessment**

- Complete the minimum number of assessment reports appropriate to the training site.
- Conduct a 30-minute Critical Analysis presentation.

**Evaluations**

- Meet the minimum levels of achievement on all intern evaluations throughout the year.
Contact Us

Connect with us through the links below:

please see the APA Accreditation page of our website to learn more about the accreditation status of the National Psychology Training Consortium – Central Region.