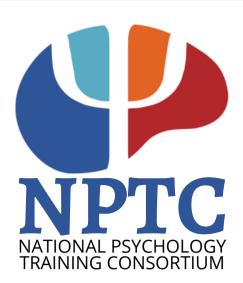




# **Central Region** 2025-2026 Training Year



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What I Would !!

### **Organizational Overview**



**Mission Statement** 

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is an APA-accredited not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Central Region is comprised of sites located in southwest and central Missouri.

The Administrative Office for NPTC is located in Springfield, Missouri. The President/CEO of NPTC is Adam Andreassen, Psy.D. and the Regional Training Director of the Central Region is Dustin Brown, Psy.D. To learn more about NPTC staff and other members of the Central Region team, see the <u>About NPTC</u> page of our website.

Adam Andreassen, Psy.D. President/CEO





Dustin Brown, Psy.D. Regional Training Director



# **Philosophy of Training Program**

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

### Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the local clinical scientist philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the <u>diversity and</u> <u>inclusion page</u> of our website to learn more.



These values also complement the APA profession-wide competencies, which are measured and evaluated throughout our internship program:

- 1.Research
- 2. Ethical and Legal Standards
- 3. Individual and Cultural Diversity
- 4. Professional Values and Attitudes
- 5.Communication and Interpersonal Skills
- 6.Assessment
- 7. Intervention
- 8. Supervision
- 9. Consultation and Interprofessional/Interdisciplinary Skills

Please visit <u>APA's website</u> to learn more.

Learn more about the philosophy of our training program on our <u>website</u>.



# **Internship Eligibility**

### **Applicant Requirements**

- Completion of all formal academic coursework for doctoral degree (other than dissertation/doctoral project) from a degree-granting program in professional psychology (clinical, counseling, school)
- Comprehensive Examinations successfully completed
- Completion of a master's degree (or educational equivalent)
- Completion of a combined 300 Intervention and Assessment hours
- Dissertation proposal approved by match ranking deadline
- Approval to participate in the APPIC National Match

Applicants who possess a master's degree and are willing to obtain state licensure may be given preference in the applicant selection process. These expectations as well as other site requirements can be found in the *Intern Selection Process* section of their webpage.

Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our <u>website</u>.

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on <u>Partial Affiliation</u> for more information about this agreement.





# **Internship Application Process**

# Application Deadline: November 17, 2024

#### How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name "National Psychology Training Consortium – [Region Name]." Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the <u>internship</u> <u>application</u> page of our website.

**Application Materials** 

The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- One psychological evaluation report writing sample submitted as supplemental material (a psychological evaluation report writing sample is not required for applicants to the Cascades Region)

#### **Interview Process**

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

#### Notification of invitation to interview is made by December 6th.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.



Each NPTC region

is considered a

separate

application.

### **Site Membership and Descriptions**

The Central Region is currently comprised of six member sites across Central and Southwest Missouri. Central Region sites are located throughout the heart of the Ozarks – the home of beautiful lakes, rolling hills, and a leisurely lifestyle. Springfield, Missouri, the location of the NPTC Administrative Office, is the state's third largest city and a regional medical and educational hub with several major care providers, universities, and the largest school district in the state. Many of the Central Region sites are within a half-day's driving distance to other exciting cities such as St. Louis, Kansas City, Jefferson City, Branson, and Tulsa, Oklahoma.





Burrell Behavioral Health is a private, not for profit Certified Community Behavioral Health Organization with internship positions available in Springfield, Missouri. Burrell's goal is to develop well-trained psychologists with skills in community behavioral healthcare through meaningful and developmentally challenging training experiences that are supported by encouraging supervisors.

Our Traditional Track curriculum includes generalist training experiences with clients across the lifespan in outpatient therapy, psychological evaluations, and intake assessments. Interns may have placements in specialty interest areas such as the Autism Center, Youth Focus Clinic (ADHD services), DBT team, RecoverED eating disorders intensive outpatient program, substance use Recovery Services, community wellness initiatives, Chronic Pain team, or 55+ team (geropsychology).





Clark Center Community Mental Health





Richard Brewer, Psy.D Matthew Dzak, Psy.D.



Clark Community Mental Health Center, a nonprofit Certified Community Behavioral Health Organization, offers comprehensive outpatient mental health services to residents of Southwest Missouri's Barry, Lawrence, and Dade counties. With a focus on underserved and rural populations, Clark Center provides outpatient therapy, school-based therapy, psychological assessment, psychiatric medication management, substance use treatment, crisis support, and case management for all ages. Our dedicated interdisciplinary team, comprised of psychologists, counselors, social workers, nurses, nurse practitioners, psychiatrists, and other behavioral health staff members, ensures high quality integrated care.

Clark Center's mission, "Moving Forward, Improving Lives and Communities Through Compassionate Care," underpins our commitment to inclusive services for all clients, regardless of financial ability to pay for services. We strive for individualized care to enhance wellness, combat stigma, and raise mental health awareness within our communities.



Clark Center's internship program boasts strengths in comprehensive supervision and a breadth of clinical opportunities. Each intern is assigned a primary supervisor and multiple secondary supervisors, with each supervisor bringing unique strengths and perspectives to the learning experience. Interns receive at least four hours of supervision weekly, through a combination of individual and group formats. The internship year also exposes interns to a variety of training experiences, including therapy with a diverse clientele, psychological testing, crisis intervention, substance use treatment, community education/outreach, and exposure to evidence-based practices such as PCIT and EMDR.

Clark Center's office environment is known for its comfortable, collaborative, and collegial atmosphere. Interns are valued as peers, fostering a balanced blend of professionalism and camaraderie. Join us for an enriching internship experience and embark on a transformative journey together.







Compass Health Network is a community mental health system that provides comprehensive behavioral health services across the state of Missouri. Compass Health provides opportunities for psychology interns to work with a diverse client base and to engage in interdisciplinary collaboration with a variety of clinical staff.

Three internship training tracks are available within Compass Health: Outpatient, Autism Spectrum Disorder Assessment and Treatment, and a Dual-Track with Royal Oaks Hospital. Outpatient interns placed at Compass Health typically provide services at either one clinic fulltime or two clinics within driving distance of each other. Dual-track interns spend 3 days per week at Royal Oaks Hospital and 2 days per week in an outpatient office.

Most Compass locations are considered Federally Qualified Health Centers (FQHCs), and we offer unique training experiences that **vary by office and track**, such as:

- School-based therapy in local schools;
- Training in advanced screening and/or comprehensive psychological assessment of ADHD and ASD;
- Engagement with Dialectical Behavior Therapy Consult and Skills groups;
- Engagement in the Assertive Community Treatment for Transitional Age Youth (ACT-TAY) program;
- Work with residents of a residential adolescent substance use treatment facility;
- Crisis and triage care in a Crisis Access Point (CAP);
- Training in Parent-Child Interaction Therapy (PCIT).

Specific office availability varies by training year. You can find more detailed information regarding available office locations and which offices provide each training opportunity on the website.









TD Kylie Pottenger, Psy.D. 🚺 Website coming soon

CoxHealth is the region's only locally owned, not-for-profit, health system and is the area leader in health care and community involvement, with six hospitals, more than 80 clinics, five ERs and nearly 13,000 employees throughout southwest Missouri. CoxHealth's mission is to improve the health of the communities we serve and to be the best for those who need us, while embodying the values of safety, compassion, respect, and integrity.

CoxHealth is proud to offer an internship with a wide array of experiences within a hospital setting. Interns will be located primarily at Cox North, where four of our five inpatient psychiatric units are housed, and Cox South, the main hospital campus where acute medical services are provided. Both sites are in Springfield, Missouri and serve individuals with varying socioeconomic status, disability status, age, ethnicity, sexual orientation, gender identity, religion, and medical and mental health diagnoses.

Interns will have a range of opportunities for training including inpatient psychiatric care, acute medical care, telehealth, integrated behavioral healthcare, and psychological evaluations. Interns will spend half of their time working at Cox North on the various inpatient units: child, adult, and older adult. This rotation will include individual therapy, group therapy, and assessment for diagnostic clarification. Interns will spend the other half of their time working at Cox South with acute medical populations. There, they will offer mental health support to those navigating health concerns, offer brief therapeutic interventions, conduct risk assessments to determine if inpatient psychiatric treatment is warranted, and complete capacity evaluations to determine if patients are able to understand and make decisions regarding their medical treatment. Both rotations involve crisis intervention and frequent collaboration and consultation with an interdisciplinary team.

The culture at CoxHealth is very supportive of psychological services and training. Interns will have a primary supervisor and several secondary supervisors on-site at each location. We use a developmental and multicultural supervision style with a scaffolded approach, egalitarian relationship with supervisees, and focus on cultural humility, social justice, power, and privilege at the micro and macro levels. For more detailed information about the CoxHealth internship experience, please see the internship webpage linked above.





Royal Oaks Hospital is a 54-bed, acute care inpatient facility located in Windsor, Missouri. Royal Oaks provides outpatient psychiatric services and acute inpatient care in a rural community of approximately 3,000 people.

Interns will provide direct patient care while being supported by an interdisciplinary care team. Individuals from all SES, ethnic, cultural, and geographic locations receive care at Royal Oaks. Interns will provide therapy (individual, group, and family) as well as psychological testing.

Dual Interns will spend half their time providing services in either the Compass Health outpatient office in Butler, MO, Clinton, MO, or Warrensburg, MO. Core outpatient treatment services in both locations include working with a team of LPCs, social workers, and psychologists providing individual, couples, group, and family therapy with children, adolescents, and adults. Services at these locations also include crisis and triage, psychological assessment and psychiatric/medication management. Outpatient offices also have opportunities for group and/or individual substance use disorder treatment programs for adults and adolescents.

Dual Interns will spend the other half of their time at the inpatient unit at Royal Oaks Hospital. Core inpatient treatment services include working with a team of LPC's, social workers, and psychologists providing individual, group, and family therapy with children, adolescents, and adults.

Full-Time Interns will have a rotating placement in child, adolescent, and psychological testing assignments providing individual, group, and family therapies as well as administering, scoring, and interpreting psychological test materials. Additional information on the Royal Oaks Hospital experience is detailed on the website.





For more detailed information about this internship experience, please see the webpage linked above.

Individual supervision will be provided by staff psychologists who are present full-time in each setting. Interns will also participate in group supervision provided by staff psychologists within the larger University Health organization. Each week provides a wide range of educational opportunities, including grand rounds with the department of psychiatry, case conferences, and interdisciplinary consultation meetings.

short-term interventions and team consultations. The patient population includes individuals with a vast range of cultural and socio-economic backgrounds and mental health diagnoses.

Across inpatient and outpatient settings, core clinical experiences include provision of initial psychosocial assessments, short-term individual psychotherapy, collaboration with interdisciplinary teams,

Health track, Child/Adolescent Outpatient track, Women's Health track, and an Adult Outpatient track.

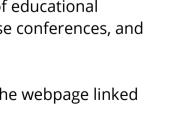
Interns will also gain experience supervising practicum students.

and outcome measurement. Integrated interns will provide brief,

Five internship tracks are available within University Health, including Behavioral Health Acute Care track, Integrated Behavioral

University Health Behavioral Health is a leader in the treatment of mental health and provides a comprehensive array of training opportunities. Located in the heart of Kansas City, University Health is an academic medical center serving individuals with a vast range of cultural and socioeconomic backgrounds, regardless of their ability to pay.







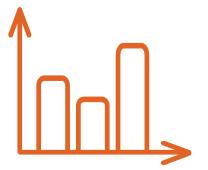
## **Internship Benefits**

### Interns will...

- Work a 12-month contract
- Complete a minimum 1,500 hour, full-time internship commitment
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker's compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy



For more information on internship support, visit the <u>individual site</u> pages as well as the Internship Admissions, Support, and <u>Initial Placement</u> <u>Data</u> page of our website.



## **Internship Learning Structure**

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

### **Didactic Training**

Didactic trainings are typically held every Friday from 8:00 am to 12:00 pm. Four times per year interns will attend an all-day training from 8:30 am - 4:30 pm which will allow in-person socialization and interaction.



### Intervention

Complete a minimum 1,500 hour, full-time internship commitment.
Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact.

### **Supervision**

• Complete 4 hours of supervision each week, at least 2 of those hours need to be Individual Supervision with a licensed psychologist.

### Assessment

- Complete the minimum number of assessment reports appropriate to the training site.
- Conduct a 30-minute Critical Analysis presentation.

### **Evaluations**

• Meet the minimum levels of achievement on all intern evaluations throughout the year.



### **Contact Us**

Connect with us through the links below:





Administrative Office 300 S. John Q Hammons Parkway, Suite 205 Springfield, MO 65806

Please see the <u>APA Accreditation</u> page of our website to learn more about the accreditation status of the National Psychology Training Consortium.

Questions about Accreditation? Contact the Office of Program Consultation and Accreditation American Psychological Association: 750 1st Street, NE Washington, DC 20002

Phone: (202) 336-5979 Email: apaaccred@apa.org Web: <u>www.apa.org/ed/accreditation</u>