

Clinical Supervision Training FAQ

Q: What is Clinical Supervision Training and how does it work?

A: Clinical Supervision Training provides interns with the opportunity to explore the professional role of being a supervisor and develop skills and attitudes appropriate to that function. Interns should be trained in the practice of providing supervision during their training year. Whether interns are providing direct or simulated supervision, their supervisor(s) will observe the supervision session, evaluate the intern, and provide feedback on their process.

Q: What is the difference between Vertical Supervision and a simulated supervision?

A: The purpose of all Clinical Supervision Training is to assist in intern development of the Supervision Profession-Wide Competency and a way to help prepare interns for the likely scenario of providing supervision to others post-internship. Vertical Supervision is the actual supervision of a practicum student or master's level trainee by an intern. If the site provides the opportunity for Vertical Supervision, they are required to provide an additional 30 minutes of Individual Supervision with a licensed psychologist dedicated to the intern as a supervisor to process the supervision they had with a supervisee. When this opportunity is not available at a site, interns may participate in simulated supervision exercises with their supervisor or other site interns to further their development and training.

Q: Does a simulated supervision experience have to follow a specific structure?

A: Sites are welcome to structure their Clinical Supervision Training however they see fit to prepare interns for providing supervision on their own. However, there is a schedule previously used by NPTC found with the other resources if the site would like to use it to assist in structuring their own simulated Clinical Supervision Training. Sites are welcome to duplicate NPTC's process and use the exact schedule and structure in the resource (Example Clinical Supervision Experience Schedule) if they would like.

Q: Where can I find resources for Clinical Supervision Training?

A: There are several resources to help sites create their Clinical Supervision Training process. These can be found on the Supervisor Resources page on NPTC's website under the Supervisor Documents and the Clinical Supervision Training Resources dropdowns. These resources include supervisor forms to evaluate the interns, intern forms to assist in the simulated supervision, the schedule and structure of NPTC's Clinical Supervision Training, and slideshow slides on supervision topics. Many of these resources may also be helpful for the interns and sites where Vertical Supervision is an option.

Q: What is the role of the Supervisor in Clinical Supervision Training?

A: Supervisors should be observing Clinical Supervision Training and evaluating the intern on their interactions, whether in actual or simulated settings. The supervisor can be the person receiving the simulated supervision, they can observe the intern in a simulated supervision session with another intern, or observe a supervision session with a practicum or master's level trainee live or through recording review. The feedback given to the intern should be honest and valuable to their growth in a supervisor role.

Q: What should the interns be evaluated on?

A:

- Demonstrates knowledge of different supervision models
- Applies knowledge of supervision models and practices in direct or simulated practice with psychology trainees, or other health professionals
- Utilizes supervisory skills of evaluating in direct or simulated practice.
- Utilizes supervision to support accurate self-reflection and professional identity development
- Apply the supervisory skill of observing in direct or simulated practice
- Apply the supervisory skill of giving guidance and feedback in direct or simulated practice

Q: What topics should Clinical Supervision Training cover?

A: Clinical Supervision Training does not have to cover specific topics, but instead focus on different aspects of providing supervision and supervision styles. Some examples of topics include:

- Discovering your Supervisory Style
- Multicultural Responsiveness
- Resistance in Supervision
- Models of Supervision
- Navigating Difficulties and Delivering Feedback
- Legal and Ethical Issues in Supervision