



Compass Health  
Network

COLUMBIA

Missouri

Compass Health Network is dedicated to pursuing educational enrichment, collaboration and study, and offers numerous opportunities for internships, practicums, preceptorships, and clinical rotations. These opportunities are mentored experiences in which a practicing therapist, counselor, or clinical supervisor volunteers to give personal instruction, training, and supervision to a student. This experience offers an opportunity to get to know a particular field of study, understand the realities of the career, discover likes and dislikes, and to experience a workplace setting.

## Core Outpatient Treatment Services

- ▷ Individual, couples, group, and family therapy with children, adolescents, and adults
  - Professional team of LPCs, LCSWs, and Psychologists
- ▷ School-Based Behavioral Health (in local schools)
- ▷ Crisis and Triage Services
- ▷ Psychological Assessment and testing
- ▷ Psychiatric/Medication Management
- ▷ Federally Qualified Health Center (FQHC)
- ▷ Substance Use Disorder Treatment
  - Intensive outpatient group and individual treatment for adolescents and individual and group treatment for adults
- ▷ Community Based Behavioral Services and Support
  - Integrated Health Specialists work with adults in the community

## A little about the area ...

Columbia, Missouri in Boone County is an area full of rich history, an array of arts and culture and home to an engaged and friendly community.

- ▷ Population: 123,180
- ▷ 81 city parks and trails
- ▷ over 150 restaurant choices
- ▷ 4 colleges and universities
- ▷ 88 degrees -- average high (July)
- ▷ 21 degrees -- average low (January)
- ▷ sustainable living options
- ▷ vibrant downtown
- ▷ First Fridays art and culture celebrations



# MEET OUR TEAM

of professionals



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## Dr. Michaela Muehlbach

Deputy Chief Clinical Officer of Outpatient and Psychological Services

Dr. Muehlbach earned her degree in Clinical Psychology in 2011 at Forest Institute of Professional Psychology, receiving her Masters en route (with certificates in Integrated Health Care (IHC) and Marriage and Family Therapy (MFT)). She completed her internship and post-doctoral residency at Pathways Community Health (now Compass Health Network) in Rolla, MO. Dr. Muehlbach has training and experience in a variety of settings, including inpatient hospitals, residential substance abuse treatment, CMHCs, CCBHCs, and FQHCs. She has developed specialty interest in psychological assessment, diagnostics, and whole person care. Dr. Muehlbach currently serves as Deputy Chief Clinical Officer (DCCO) of Outpatient and Psychological Services, and also provides ongoing clinical supervision to advanced doctoral and master level psychology students.



## Dr. Jessica Ashley

Director of Outpatient Services

Dr. Ashley earned her doctoral degree in Clinical Psychology in 2016 at Wright Institute, receiving her Masters in Marriage and Family en route. She completed her internship and post-doctoral residency at Compass Health Network in Rolla and Columbia, MO. She identifies as a Generalist and has experience providing psychological assessment and therapy in a variety of settings, including community mental health, college counseling, and private practice. Her specialty interest is in psychological assessment with all ages, for a variety of presenting issues, with specialty training areas including autism spectrum assessment, DBT, couples therapy, and neurofeedback. Her theoretical orientation can be described as Systemic in theory and CBT in practice. Dr. Ashley has been providing supervision since 2017 and recently began serving as a Director of Outpatient Services.



## Dr. Daniel Franco

Psychologist

Dr. Daniel Franco is a licensed psychologist who has been with Compass Health since 2019. Dr. Franco received his BA in Psychology at the University of Notre Dame, and was a varsity letterman for the Notre Dame Football athletics program. He earned his MS and PhD in Counseling Psychology at the University of Kansas, with an emphasis in Sport Psychology, individual therapy, and psychological/neurodevelopmental testing with adolescent and college-student populations. Dr. Franco received his internship training at the Oklahoma Health Consortium, completing rotations through the University Counseling Center (Goddard Health) and OU Athletics Department (Psychological Resources for Oklahoma Student-athletes). He received his post-doctoral residency training at the MU Thompson Center for Autism and Neurodevelopmental Disorders. The majority of Dr. Franco's clinical work entails testing services for Autism, ADHD, and neurodevelopmental disorders for children, young adult, and adult populations. Dr. Franco takes an integrative approach to client conceptualizations that is heavily grounded in the Contextual Model of psychotherapy. His primary modalities include CBT, ACT, IPT, SFT, and MI when formulating treatment interventions. Dr. Franco also provides clinical supervision and vertical supervision for postdoctoral trainees.



## Dr. Steven Edwards

Psychologist

Dr. Steven Edwards is a licensed psychologist who has been with Compass Health since July, 2020. He earned a PhD in Clinical Psychology from the University of Nebraska – Lincoln. He completed his internship at the Missouri Health Sciences Consortium – VA track, and post-doctoral hours at KU Medical Center and Fulton State Hospital. Dr. Edwards takes a process-based CBT approach when conceptualizing cases and primarily does individual therapy for adult populations focusing on SUD, anxiety, depression, and trauma treatments. He provides clinical supervision for outpatient SUD/Mental health services.