

Thank you for your interest in the Society for Health Psychology's Integrated Primary Care Psychology Course. We are thrilled to provide you with a full semester curriculum.

We ask that you follow the following process to use the course:

- 1) You may **download the curriculum** from these links:

Foundation Modules: http://bit.ly/Div38IPC_Foundation2017

Topic Modules: http://bit.ly/Div38IPC_Topic2017

***Please note that there are two pages of Topic Modules in this second link.

If your organization blocks file sharing sites you will either need to request that the links be opened for your use or simply access the links through your personal email account instead of your institution account. *If you continue to experience difficulty with the hyperlinks, please retype the entire URLs.*

These links include an overview of the curriculum and PowerPoints along with teaching guides for the following modules:

Four Foundational Modules covering a broad array of topics, including:

- Context of primary care medicine
- Recent developments in health care, such as the patient-centered medical home
- Common patient presentations in primary care
- Core knowledge and skills needed to be effective psychologists in integrated primary care

Eleven Topic Modules:

- Recognizing and managing **anxiety disorders** in integrated primary care
- **Attention-deficit/hyperactivity disorder (ADHD)** identification and management in integrated primary care
- Role of the psychologist in managing **chronic disease** in integrated primary care
- Recognizing and managing **chronic pain** in integrated primary care
- Integrated primary care and **depression**: Clinical and systems based practices
- **Health promotion and disease prevention** in integrated primary care
- Use of **motivational enhancement strategies** in integrated primary care
- Working with **older adults** in integrated primary care
- **Psychologists as scientists** in integrated primary care
- Role of the psychologist in managing **substance misuse** in integrated primary care
- Primary care psychology **training trajectory**

- 2) Prior to using any of the course materials we ask that you have all **students complete a brief survey**. Please have each group of students you teach the course to complete the survey prior

to exposure to the curriculum. The survey is on Survey Monkey; distribute this link to your students: <https://www.surveymonkey.com/r/Div38IPC>

**If you experience difficulty with the hyperlink, please retype the entire URL.*

***The survey requires a site ID that will identify your class/program. Please create an ID and provide it for the students. You can use anything that you and the students will remember, which may or may not identify the program, e.g., the name of your course, department, school, building, or any other ID of your choosing.

The form asks the students to create a personal ID as well. This is an ID they will remember but does not identify them specifically. The student ID will allow us to examine pre-post change over time by matching forms and will not include any identifying information. Directions for creation of a student ID are provided on the form itself.

- 3) As you use the course, please feel free to send us an email with your feedback and suggestions for making improvements. Send feedback to: intpccourse@gmail.com. In addition, in mid-August 2017 a **listserv** will be created dedicated to those using the curriculum. This 'learning collaborative' will provide a mechanism for faculty and committee members to share new materials and teaching ideas and for questions to be posed and addressed. **To participate in the listserv please send Barbara Keeton, Administrative Officer, Society for Health Psychology an email with IPC Learning Collaborative in the subject line and provide your name and preferred email address.** You will be enrolled at the exact address you provide (this will be the only address from which you will be able to post). **Barbara Keeton's email address: apadiv38@verizon.net**
- 4) When you have finished using the course please ask students to complete the post survey available at this link: <https://www.surveymonkey.com/r/Div38IPC>. It is important that you ask each group of students that you teach to complete the survey.
- 5) Here is a link to a survey we would like you to fill out after using the curriculum: http://bit.ly/Div38_IPC_FacultySurvey

Over the next year we will be adding additional topic modules, so please stay tuned!

Lastly, we would like to thank Division 38, Society for Health Psychology, for their robust support of this project.

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