

Find us in KidTraks under  
*The Otis R Bowen Center*

For more information contact us at  
**BowenCenterDCSReferrals@BowenCenter.org**  
OR call (800) 342-5653.

**Bowen Center can help.**

Bowen Center started as a non-profit Community Mental Health Center in northern Indiana in 1961. The Center now serves Indiana treating patients in-person, by phone or video conference with emotional health care, substance use treatment and with primary health care clinics located in Warsaw and Fort Wayne, IN.

Bowen Center's dedicated staff provides life-changing care to individuals, children and families. Its expanding range of services includes family therapy, marital counseling, adolescent and children's counseling, autism services, alcohol and substance use treatment, individual and group therapy, skills coaching, hypnotherapy, transitional living, inpatient services, primary health care, and more. The Center accepts many insurance plans including Medicare and Medicaid and uses a sliding fee discount scale for patients that pay privately.

**Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.**

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# FAMILY PRESERVATION SERVICES

We're the hope.

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# FAMILY PRESERVATION SERVICES

## Preserving Families

Bowen Center is a Community Mental Health Center and has been strengthening families and supporting Indiana communities since 1961. Our specialized team of Family Preservation Technicians serve to preserve families referred to us while ensuring the safety of the children. Our job is to provide hope, skills and safety for families at risk of being separated.

When a child is at risk of being removed from a home or a child is returning to their family from foster care or residential placement, we are there to help put protective factors in place which will help to keep the children safe. We'll provide connections to community resources and deliver concrete supports to prevent removal of the children due to lack of housing, food, transportation, clothing, etc. Upon completion of Bowen Center Family Preservation Services, families will have identified informal and formal supports.

## What to Expect

Bowen Center utilizes Motivational Interviewing (MI) as the foundational evidence-based treatment.

A Basic Needs Checklist is completed weekly.

Face to face visits with the family occur at least once a week.

Bowen Center's community-based, Medicaid billable, intensive services will provide skill building (Spanish-speaking staff available).

A Protective Factors Survey is completed within the first 30 days and updated every 60-90 days to track outcomes.

Concrete supports link the family to needed community resources as well as direct assistance as needed.

Discussions about the importance of Medicaid/Insurance with the family with a connection to an Insurance Navigator as needed.

After case closure, Bowen Center's community-based, Medicaid billable, intensive services will allow for continuity of care (Spanish-speaking staff available).

## Preserving Families

When a referral is received, a Department of Child Services Manager or designee will contact the Family Case Manager to confirm the referral has been received and gather additional info.

Bowen Center will contact family immediately to set up an initial home visit and assessments.

If no contact is made in 48 hours, a Family Preservation Technician or designee will complete an unscheduled home visit.

Assessments completed will include Basic Needs, Protective Factors, and Biopsychosocial. Recommendations will then be staffed with a treatment team.

Next treatment will begin, and ongoing communication will be provided at least once a week with the Family Case Manager.

Bowen Center contracts with the Department of Child Services for the following services:

- Family Preservation
- Homemaker/Parent Aide
- Homebased Family Centered Casework