



Grant Information

ABOUT THE GRANT

The Health Resources and Services Administration (HRSA) oversees many programs to provide funding to a variety of projects. One of these programs, the Behavioral Health Workforce Education and Training (BHWET) Program for Professionals aims to improve the supply of behavioral health professionals in high-need areas. Through the BHWET program, NPTC's project, ABOUT Missouri, received funding to provide an additional ten internship positions in the Central Region.

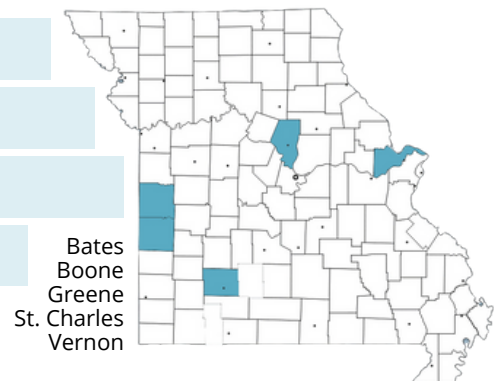
The ten interns are placed within the Compass Health and Burrell Behavioral Health networks at locations identified as a Health Professional Shortage Area (HPSA) by the Federal Office of Rural Health Policy (FORHP). These internship positions are focused on behavioral health integration into primary care to develop and implement interdisciplinary training. Development is made possible by enhanced didactic and experiential training activities. Another internship focus includes technology integration. Interns have opportunities for distance learning, virtual supervision, as well as possible provision of telehealth services.



ABOUT MISSOURI PROJECT

The ABOUT Missouri Project is NPTC's solution to address the health workforce crisis in five rural and underserved counties in Missouri. This project began in NPTC's Great Lakes Region (ABOUT Indiana) and has transferred to the Central Region in Missouri. The ABOUT Missouri Project aims to increase **A**ccess to **B**ehavioral Health services that are **O**riginal and occur in **U**nderserved communities by **T**rainees in Missouri.

- A** Access to
- B** Behavioral health services that are
- O** Original and occur in
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- T** Trainees in Missouri



BHWET COMMITMENT LETTER

HRSA requires students to sign a document committing to the following. This document is not a contract, but establishes HRSA's intent for interns to:

- Complete and submit all required information necessary for accurate reporting and project documentation for HRSA
- Continue career and seek employment working with the underserved and/or rural populations post-graduation (*to the best of the intern's abilities*)
- Respond to requests post-graduation for information necessary for program reporting purposes such as licensure status and career placements and to keep NPTC staff apprised of professional development

PROJECT STRUCTURE

There are multiple people interns can reach out to for questions and support related to the grant at the member site and within the NPTC team.



INTERNSHIP EXPERIENCES

The ten, grant-funded interns placed in the Central Region will work within the Compass Health or Burrell Behavioral Health network. In some cases, interns may work in an external agency to provide services (CoxHealth, Bothwell, etc.).

In these positions, interns will be introduced to special competencies associated with becoming an integrated behavioral health consultant. Interns will complete ten additional full-day didactics focused on primary care, integrated health, and substance abuse interventions. Interns will also attend up to two integrated health care conferences during the training year. These opportunities emphasize integrated training and therefore differ from most traditional, generalist psychology internships.

Client contact may consist of brief interventions in an environment where interns are working with at least two other disciplines. At least 60% of this client contact will be with individuals with substance use disorders, history of trauma, or with those who reside in underserved/rural areas.