



Great Lakes Region 2024-2025 Training Year

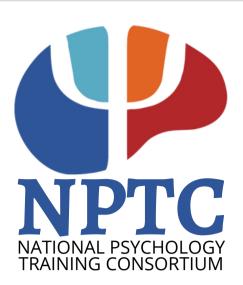


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APA Accredited APPIC Member

Organizational Overview



Mission Statement

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is an APA-accredited not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Great Lakes Region is comprised of sites located in northern and central Indiana.

The Administrative Office for NPTC is located in Springfield, Missouri. To learn more about NPTC staff and other members of the Great Lakes Region team, see the <u>About NPTC</u> page of our website.

Adam Andreassen, Psy.D. President/CEO





Angela King, Psy.D. Interim Regional Training Director



Philosophy of Training Program

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the local clinical scientist philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the <u>diversity and</u> <u>inclusion page</u> of our website to learn more.



These values also complement the APA profession-wide competencies, which are measured and evaluated throughout our internship program:

- 1.Research
- 2. Ethical and Legal Standards
- 3. Individual and Cultural Diversity
- 4. Professional Values and Attitudes
- 5. Communication and Interpersonal Skills
- 6.Assessment
- 7. Intervention
- 8. Supervision
- 9. Consultation and Interprofessional/Interdisciplinary Skills

Please visit <u>APA's website</u> to learn more.

Learn more about the philosophy of our training program on our <u>website</u>.



Internship Eligibility

Applicant Requirements

- Comprehensive Examination successfully completed
- Master's degree completed
- Dissertation or Doctoral Project proposal approved by match ranking deadline
- Completion of a combined 300 Intervention and Assessment hours
- Completion of all required coursework for doctoral degree (other than dissertation/doctoral project)
- Approval to participate in the APPIC National Match

Applicants who possess a master's degree and are willing to obtain state licensure may be given preference in the applicant selection process.

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on <u>Partial Affiliation</u> for more information about this agreement.



Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our <u>website</u>.



Internship Application Process

Application Deadline: November 19, 2023

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name "National Psychology Training Consortium – [Region Name]." Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the <u>internship</u> <u>application</u> page of our website.

Application Materials

The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- **Great Lakes and Central Regions only** one psychological evaluation report writing sample submitted as supplemental material (a psychological evaluation report writing sample is not required for applicants to the Cascades Region)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

Notification of invitation to interview is made by December 15th.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.



Each NPTC region

is considered a

separate

application.

Site Membership and Descriptions

The Great Lakes Region is currently comprised of five member sites located in rural and urban areas across Indiana. For access to big city amenities, Indianapolis and Chicago are within ready driving distance of many Great Lakes Region sites. Fort Wayne and South Bend are other noteworthy cities near our sites with fine restaurants, shopping, concert venues, and professional sporting events. Brown County, Indiana, Ann Arbor, Michigan, and Sandusky, Ohio all make for great getaways for interns during weekends and holidays.

Great Lakes Region sites include community mental health centers and an outpatient center. Each of the sites offer a wide range of training opportunities and experiences. Learn more about the Great Lakes Region on our <u>website</u>.





Aspire Indiana Health is a fully integrated nonprofit health system that includes primary medical care, behavioral health and social determinants of health such as employment and housing. We are certified by the state of Indiana as a Community Mental Health Center (CMHC) and by the U.S. Health and Human Services Department as a Federally Qualified Health Center (FQHC).

Aspire offers three placements within our outpatient offices as a generalist in community mental health, with a focus on addictions and working within the FQHC with a primary care team. Among other experiences, interns will:

- Develop the ability to utilize screening instruments to triage patients and provide comprehensive clinical assessments appropriate to specialty behavioral health care
- Develop additional knowledge and skills in evidence-based practices
- Provide individual, family, group, and crisis services
- Work collaboratively within a multi-disciplinary and integrated care team
- Specific interests in working with youth, home and community-based services, and adult residential treatment may also be incorporated into the training experience
- Develop the ability to construct a case conceptualization that incorporates a patient's medical diagnoses and treatment
- Provide brief behavioral medicine consultation and intervention with patients receiving primary healthcare
- Provide service within the time constraints and culture of primary care practice
- Experience the Whole Health Recovery Model and gain exposure to all levels of Substance Abuse treatment

For more detailed information about this internship experience, please see the internship webpage linked above.







3 Positions

TD Aurora Griffin, Psy.D., HSPP



Bowen Center is a comprehensive community behavioral health center and Federally Qualified Health Center Lookalike in Northern Indiana and offers three internship positions as part of the range of mental health, addiction recovery, and primary care services designed to treat the whole person in a culturally sensitive manner. The primary emphasis of the year-long program is the



professional development of the psychology practitioner with a focus on practitioner well-being and practice management. We strive to meet both the intern's goals and patients' needs by taking a choose-your-own-adventure approach to the internship while also providing wellrounded, generalist training. Interns gain proficiency in addressing total health needs using a wide array of therapeutic and assessment techniques to develop the intern's skills in intervention, assessment, diagnosis, and testing with patients of varied ages, representing all major diagnostic categories, and predominantly living in rural, underserved areas.

"services in our adult inpatient, transitional living, opioid treatment program, and integrated healthcare facilities" Interns are valued members of the team and collaborate with members of our medical staff, master's level therapists, and community-based skills providers to better support patient care. In addition to the required outpatient behavioral healthcare experience, interns have the option to provide services in our adult inpatient, transitional living, opioid treatment program, and integrated healthcare facilities. We offer opportunities to gain experience in individual, family, and group treatment; brief and long-term treatment; psychological testing; behavioral health consultation; crisis intervention; collaborative documentation; leadership development; and care coordination within multidisciplinary teams while reducing healthcare disparities for vulnerable populations. For more detailed information about this internship experience, please see the internship webpage linked above.





CENTERSTONE



Benjamin Sklar, Ph.D.



Centerstone's traditional internship has three positions available with four main areas of focus. Interns will gain experience in the Walk-In Clinic conducting intake evaluations, assessing risk, coordinating referrals, diagnosing and developing treatment plans. Interns will also work with the Adult and Family services team, gaining experience with persistent and severely mentally ill adults. Working with Addiction Services will provide valuable experience treating substance use disorders by co-leading groups and providing individual psychotherapy. The Child and Family Service team will provide an opportunity for the intern to develop skills in individual and family therapy with children, adolescents and their families. Throughout the intern year, interns will maintain a caseload providing brief and longer term evidence based treatment. In addition, interns can choose to work in a smaller, rural office one day a week or gain experience in integrated health working in a corporate healthcare clinic. There is some flexibility built into the internship providing an opportunity to gain more experience in an area of interest.

We will also have one full time integrated health internship position. This intern will be an important part of our FQHC and will be fully integrated into the treatment team. A primary role of the intern will be providing psychological consultation to the medical staff, accepting warm handoffs to provide immediate interventions for patients, engaging in brief, problem focused therapy, crisis assessment, and working with patients with new or chronic health concerns to improve treatment compliance. The integrated health intern will also have an ongoing caseload.







LittleStar ABA Therapy is a nonprofit organization founded in 2002 to serve the needs of children and families affected by autism. LittleStar provides services across the lifespan, providing diagnostic, social skills, individual applied behavior analysis (ABA), and consultation services to

Jesse Logue, Ph.D., BCBA-D, HSPP

individuals with autism and their families.

Position

LittleStar has locations across the state of Indiana including Carmel, Bloomington, West Lafayette, Newburgh, and Clarksville. The intern may travel to the Bloomington or West Lafayette locations during both rotations, for exposure to various assessments and to assist with social skills groups but will work primarily out of the Carmel location.

During the Assessment Rotation, interns will receive training on several autism-specific assessments, cognitive assessments, and adaptive and comprehensive rating scales, as well as training on interpersonal assessment skills while working with families and young children with developmental disabilities. This includes conducting the interview and assessment, case conceptualization, report writing, communicating diagnosis information to families, and responding/supporting families throughout this process. Trainees will also learn how to write diagnostic reports that will directly inform ABA treatment plans.



Read more

During the Treatment rotation the intern will utilize ABA while working directly with children on the autism spectrum, assist in conducting functional assessments and/or functional analyses, will help develop and implement behavior intervention plans, and conduct social skills groups for children and teens. For more detailed information about this internship experience, please see the internship webpage linked above.





Valley Oaks Health (previously Wabash Valley Alliance) is a community mental health center serving nine counties in North Central Indiana, headquartered in Lafayette, IN. Interns at this site will have the choice of three tracks: Child, Generalist (Crawfordsville), or Generalist (Lafayette).

he Child track intern's main placement will be four days with the Community Living Program for Children and Adolescents (CLP C&A) in Lafayette, IN with a secondary rotation in Crawfordsville, IN. In the Generalist (Crawfordsville) track, the intern's main placement will be four days a week at our rural office in Crawfordsville, IN with a secondary rotation in the Child and Adolescent program in Lafayette, IN. The Generalist (Lafayette) track will be at the Lafayette outpatient office four days a week, working with clients of all ages. The Generalist (Lafayette) intern's secondary rotation will be one day per week in Delphi, IN. Assessment experience will be embedded throughout the year and may require additional travel to Lafayette for those not already primarily in Lafayette.

Generalist Track (Crawfordsville) Child Track Generalist Track (Lafayette)





A feature of Valley Oaks' internship positions is that interns will work in multiple settings and have supervision from multiple psychologists during the year, though the main primary supervisor will be the same throughout the year. Through this structure, interns will gain exposure to a variety of supervision styles as well as different clinic sizes and client populations. Each rotation offers unique training opportunities with some flexibility for individualization based on interns' training goals, e.g., jailbased chemical addictions program (Crawfordsville track), schoolbased therapy (Child track), supervising treatment plans, outpatient addictions treatment (Crawfordsville and Lafayette track), SMI and homeless outreach specialty programs (Lafayette track). For more detailed information about this internship experience, please see the internship webpage linked above.



Internship Benefits

Interns will...

- Work a 12-month contract
- Complete a minimum 1,500 hour, full-time internship commitment
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker's compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy



For more information on internship support, visit the <u>individual site</u> pages as well as the Internship Admissions, Support, and <u>Initial Placement</u> <u>Data</u> page of our website.



Internship Learning Structure

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

Didactic Training

Didactic trainings are typically held every Friday from 9:00 am to 1:00 pm. Four times per year interns will attend an all-day training from 8:30 am - 4:30 pm which will allow in-person socialization and interaction.



Intervention• Complete a minimum 1,500 hour, full-time internship commitment.
• Maintain a minimum caseload of 10 face-to-face patient contact
hours per week, resulting in at least 25% patient contact.Supervision• Complete 4 hours of supervision each week, at least 2 of those
hours need to be Individual Supervision with a licensed
psychologist.Assessment• Complete the minimum number of assessment reports appropriate
to the training site.
• Conduct a 30-minute Critical Analysis presentation.Evaluations• Meet the minimum levels of achievement on all intern evaluations
throughout the year.



Contact Us

Connect with us through the links below:





Office Locations

Administrative Office 300 S. John Q Hammons Parkway, Suite 205 Springfield, MO 65806

Great Lakes Region Main Office 1015 Michigan Ave Logansport, IN 46947

Please see the <u>APA Accreditation</u> page of our website to learn more about the accreditation status of the National Psychology Training Consortium – Great Lakes Region.

