



Indiana



Great Lakes Region
National Psychology Training Consortium

Great Lakes Region

2025-2026 Training Year

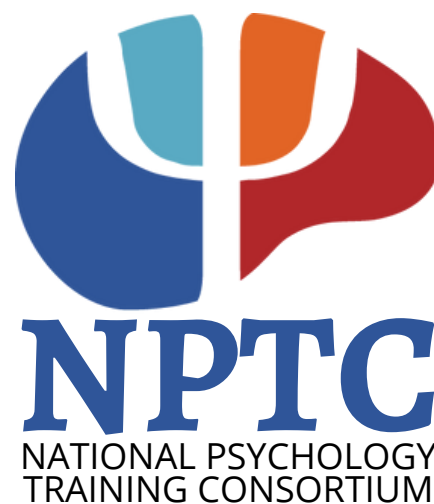


Table of Contents

Organizational Overview	3
Philosophy of Training Program	4
Internship Eligibility	5
Internship Application Process	6
Site Descriptions and Rotations	7
Internship Benefits	13
Internship Learning Structure	14
Contact Us	15

Internship Year

July 28, 2025 - July 27, 2026

Application Deadline

November 17, 2024

Virtual Open House Week

Great Lakes Open House
Sep. 16, 2024 1:00 - 2:00 Eastern

APA Accredited
APPIC Member

Organizational Overview



Mission Statement

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is an APA-accredited not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Great Lakes Region is comprised of sites located in northern and central Indiana.

The Administrative Office for NPTC is located in Springfield, Missouri. To learn more about NPTC staff and other members of the Great Lakes Region team, see the [About NPTC](#) page of our website.

Adam
Andreassen,
Psy.D.
President/CEO



Angela King,
Psy.D.
Interim Regional
Training
Director

Philosophy of Training Program

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed **competency-based practitioner-scholar model**. The three program aims include the following:

Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Our training philosophy uses the **local clinical scientist** philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills

NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the [diversity and inclusion page](#) of our website to learn more.



These values also complement the **APA profession-wide competencies**, which are measured and evaluated throughout our internship program:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills

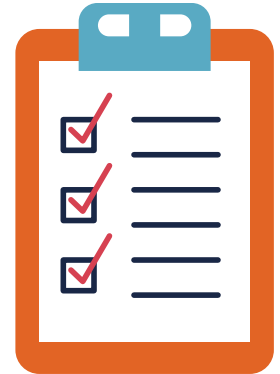
Please visit [APA's website](#) to learn more.

Learn more about the philosophy of our training program on our [website](#).

Internship Eligibility

Applicant Requirements

- Completion of all formal academic coursework for doctoral degree (other than dissertation/doctoral project) from a degree-granting program in professional psychology (clinical, counseling, school)
- Comprehensive Examinations successfully completed
- Completion of a Master's degree (required by most sites in the region)
- Completion of a combined 300 Intervention and Assessment hours
- Dissertation proposal approved by match ranking deadline
- Approval to participate in the APPIC National Match



Please note that due to state billing regulations, applicants are required to have received a master's degree (not an educational equivalent) for most sites within the region. Sites will note this requirement or any exceptions to this requirement in the *Intern Selection Process* section of their webpage.

Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our [website](#).

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on [Partial Affiliation](#) for more information about this agreement.

Internship Application Process

A p p l i c a t i o n D e a d l i n e : N o v e m b e r 1 7 , 2 0 2 4

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name "National Psychology Training Consortium – [Region Name]." Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the [internship application](#) page of our website.

Each NPTC region is considered a separate application.

Application Materials



The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- One psychological evaluation report writing sample submitted as supplemental material (**a psychological evaluation report writing sample is not required for applicants to the Cascades Region**)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

Notification of invitation to interview is made by December 6th.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.

Site Membership and Descriptions

The Great Lakes Region is currently comprised of five member sites located in rural and urban areas across Indiana. For access to big city amenities, Indianapolis and Chicago are within ready driving distance of many Great Lakes Region sites. Fort Wayne and South Bend are other noteworthy cities near our sites with fine restaurants, shopping, concert venues, and professional sporting events. Brown County, Indiana, Ann Arbor, Michigan, and Sandusky, Ohio all make for great getaways for interns during weekends and holidays.

Great Lakes Region sites include community mental health centers and an outpatient center. Each of the sites offer a wide range of training opportunities and experiences. Learn more about the Great Lakes Region on our [website](#).

ADULT & CHILD HEALTH

2 Positions **TD** Hannah Fredricksen, Psy.D., HSPP  [Read more](#)

Adult & Child Health (A&C) is a not-for-profit organization, Certified Community Behavioral Health Center, and Federally Qualified Health Center Look Alike. We are passionate about integrated care and offer healthcare services in primary care, mental health, social services, and addictions treatment. A&C has teams in Marion, Johnson, and surrounding counties, including partnerships with over 100 schools. We take a person-centered approach to both client treatment and practitioner training. We offer two internship placements within our outpatient offices where interns will be provided with well-rounded generalist training. Interns will have opportunities to focus on areas of interest, such as child and adolescent care, psychological assessment, or addictions treatment.

A&C's internship experience is designed to foster growth, independence, and leadership in areas of integrated and culturally responsive care, therapy, and assessment skills. Throughout their time in the program, interns will work towards developing a high level of competence in providing direct care to diverse and historically underserved individuals with complex presenting concerns and histories. Interns will learn evidence-based treatments and skill sets to work with clients presenting with a variety of psychopathologies. Throughout their internship with A&C, interns will maintain a caseload of therapy clients providing both brief and longer-term therapy services, conduct psychological evaluations, and provide direct supervision to pre-doctoral practicum students. Interns will have opportunities to lead skills groups, provide crisis intervention, and engage in integrated and MAT (medication-assisted treatment) staffings across different service lines within the agency. Interns will gain experience working as a psychologist on multi-disciplinary teams and have opportunities to present all-staff continuing education trainings.



Positions



Sarah Dross-Gonzalez, Psy.D.



[Read more](#)

Aspire Indiana Health is a fully integrated nonprofit health system that includes primary medical care, behavioral health and social determinants of health such as employment and housing. We are certified by the state of Indiana as a Community Mental Health Center (CMHC) and by the U.S. Health and Human Services Department as a Federally Qualified Health Center (FQHC).

Aspire offers three placements within our outpatient offices as a generalist in community mental health, with a focus on addictions and working within the FQHC with a primary care team. Among other experiences, interns will:



- Develop the ability to utilize screening instruments to triage patients and provide comprehensive clinical assessments appropriate to specialty behavioral health care
- Develop additional knowledge and skills in evidence-based practices
- Provide individual, family, group, and crisis services
- Work collaboratively within a multi-disciplinary and integrated care team
- Specific interests in working with youth, home and community-based services, and adult residential treatment may also be incorporated into the training experience
- Develop the ability to construct a case conceptualization that incorporates a patient's medical diagnoses and treatment
- Provide brief behavioral medicine consultation and intervention with patients receiving primary healthcare
- Provide service within the time constraints and culture of primary care practice
- Experience the Whole Health Recovery Model and gain exposure to all levels of Substance Abuse treatment

For more detailed information about this internship experience, please see the internship webpage linked above.

BOWEN C E N T E R

3 Positions **TD** Aurora Griffin, Psy.D., HSPP  [Read more](#)

Bowen Center is a comprehensive community behavioral health center and Federally Qualified Health Center Lookalike in Northern Indiana and offers three internship positions as part of the range of mental health, addiction recovery, and primary care services designed to treat the whole person in a culturally sensitive manner. The primary emphasis of the year-long program is the professional development of the psychology practitioner with a focus on practitioner well-being and practice management. We strive to meet both the intern's goals and patients' needs by taking a choose-your-own-adventure approach to the internship while also providing well-rounded, generalist training. Interns gain proficiency in addressing total health needs using a wide array of therapeutic and assessment techniques to develop the intern's skills in intervention, assessment, diagnosis, and testing with patients of varied ages, representing all major diagnostic categories, and predominantly living in rural, underserved areas.

Interns are valued members of the team and collaborate with members of our medical staff, master's level therapists, and community-based skills providers to better support patient care. In addition to the required outpatient behavioral healthcare experience, interns have the option to provide services in our adult inpatient, transitional living, opioid treatment program, and possibly integrated healthcare facilities. We offer opportunities to gain experience in individual, family, and group treatment; brief and long-term treatment; psychological testing; crisis intervention; collaborative documentation; leadership development; and care coordination within multidisciplinary teams while reducing healthcare disparities for vulnerable populations. For more detailed information about this internship experience, please see the internship webpage linked above.





CENTERSTONE

4 **Positions**

TD **Benjamin Sklar, Ph.D.**

 [Read more](#)

Centerstone offers three Traditional and one Integrated Health internship positions. Our Traditional internship positions provide flexibility to tailor the training year to suit interns' interests, allowing exploration of various clinical areas while fulfilling our aim of training generalist psychologists in rural community mental health.

The full-time integrated health position is situated in our Columbus FQHC. Traditional interns keen on gaining experience in an FQHC can spend two days a week in one of our Federally Qualified Health Clinics. Here, interns will engage in diverse tasks such as providing consultation to medical staff, accepting warm handoffs from medical and psychiatric providers for immediate intervention, conducting brief, problem-focused therapy, crisis assessment and stabilization, addressing pain management, sleep problems, and collaborating with patients on new or chronic health concerns to enhance treatment compliance. Interns will maintain an ongoing caseload involving adults, adolescents, and children with various mental health diagnoses.

Our Traditional interns have the option to choose from a range of areas. This includes involvement in a smaller community clinic as an integral member of the clinical team. Other options include spending time in a walk-in crisis center (psychiatric and substance use) providing assessment and stabilization, coordinating referrals, diagnosing, and developing treatment plans. Interns can also opt for the Adult and Family Team, working with the seriously and persistently mentally ill population. Interns wanting to pursue experience treating Substance Use Disorders can gain experience in a traditional outpatient format, or with a residential population. For those interested in children and adolescents, opportunities are available in outpatient or school-based settings. Additionally, all interns will maintain caseloads and conduct psychological assessments throughout the intern year.



3 Positions

TD Monique Kulkarni, Ph.D.

 [Read more](#)

Valley Oaks Health (previously Wabash Valley Alliance) is a community mental health center serving nine counties in North Central Indiana, headquartered in Lafayette, IN. Interns at this site will have the choice of three tracks: Child, Generalist (Crawfordsville), or Generalist (Lafayette).

The Child track intern's main placement will be four days with the Community Living Program for Children and Adolescents (CLP C&A) in Lafayette, IN with a secondary rotation in Crawfordsville, IN. In the Generalist (Crawfordsville) track, the intern's main placement will be four days a week at our rural office in Crawfordsville, IN with a secondary rotation in the Child and Adolescent program in Lafayette, IN. The Generalist (Lafayette) track will be at the Lafayette outpatient office 3.5 days a week, working with clients of all ages. The Generalist (Lafayette) intern's secondary rotation will be 1.5 days per week in Delphi, IN. Assessment experience will be embedded throughout the year and may require additional travel to Lafayette for those not already primarily in Lafayette.



A feature of Valley Oaks' internship positions is that interns will work in multiple settings and have supervision from multiple psychologists during the year, though the main primary supervisor will be the same throughout the year. Through this structure, interns will gain exposure to a variety of supervision styles as well as different clinic sizes and client populations. Each rotation offers unique training opportunities with some flexibility for individualization based on interns' training goals, e.g., jail-based chemical addictions program (Crawfordsville track), school-based therapy (Child track), supervising treatment plans and master's level students if possible (Child and Lafayette tracks), outpatient addictions treatment (Crawfordsville and Lafayette track). For more detailed information about this internship experience, please see the internship webpage linked above.

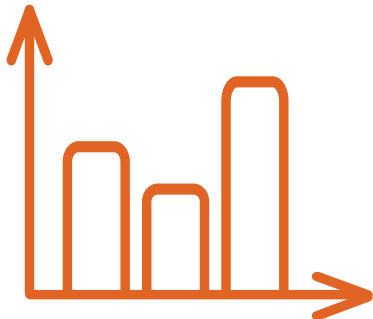
Internship Benefits

Interns will...

- Work a 12-month contract
- Complete a minimum 1,500 hour, full-time internship commitment
- Provide a minimum of forty (40) hours per week (full-time) of clinical work or case management services

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans. This benefit can require financial participation of the intern
- Provide primary commercial general liability, professional liability, and worker's compensation coverage for intern(s)
- At least 14 days (112 hours) of non-accrual based PTO (including vacation and sick)
- At least 3 days (24 hours) of professional development time
- At least 7 paid holidays
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy



For more information on internship support, visit the [individual site](#) pages as well as the Internship Admissions, Support, and [Initial Placement Data](#) page of our website.

Internship Learning Structure

Interns will complete the following program requirements during their training year in order to graduate from the internship program.

Didactic Training

Didactic trainings are typically held every Friday from 9:00 am to 1:00 pm. Four times per year interns will attend an all-day training from 8:30 am - 4:30 pm which will allow in-person socialization and interaction.



Intervention

- Complete a minimum 1,500 hour, full-time internship commitment.
- Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact.

Supervision

- Complete 4 hours of supervision each week, at least 2 of those hours need to be Individual Supervision with a licensed psychologist.

Assessment

- Complete the minimum number of assessment reports appropriate to the training site.
- Conduct a 30-minute Critical Analysis presentation.

Evaluations

- Meet the minimum levels of achievement on all intern evaluations throughout the year.

Contact Us

Connect with us through the links below:



Administrative Office

300 S. John Q Hammons Parkway, Suite 205
Springfield, MO 65806

Please see the [APA Accreditation](#) page of our website to learn more about the accreditation status of the National Psychology Training Consortium.

Questions about Accreditation? Contact the Office of Program Consultation and Accreditation American Psychological Association:

750 1st Street, NE
Washington, DC 20002

Phone: (202) 336-5979

Email: apaaccred@apa.org

Web: www.apa.org/ed/accreditation