

Individual Learning and Training Plan (ILTP): Mid-Year Update

Submission ID

4781048179064832

Which NPTC Region are you a part of?

Central Region

Cascades Region Site Name

Central Region Site Name

Compass Health/Royal Oaks Dual Track

Cy-Hawk Region Site Name

Great Lakes Region Site Name

Intern Information

Jane Doe

Supervisor Information

John Moore

Did you consult with other supervisors?

Yes

Reference ID

2024-Doe-Moore-ILTP

Please list the intern's strengths with the above APA Profession-Wide Competencies

Data collection, interpretation, and reporting for research projects (Research).

Working with diverse populations and training others in this area (Individual and CulturalDiversity).

Very solid knowledge-base of psychological instruments, test administration, and report writing(Evidence-based Assessment).

Are any changes needed to the intern's strengths?

No

Please list the CHANGES to intern's strengths with the above APA Profession-Wide Competencies

In what areas does the intern need or desire further development?

Improve knowledge of Dialectical Behavior Therapy (DBT).

Gain exposure to new theoretical orientations, such as Interpersonal Therapy.

Are any changes needed to areas the intern needs or desires further development?

Yes

Please list the CHANGES intern need or desire to further development.

In addition to the previous areas identified, Jane would like to grow in her communication skills when working on an interdisciplinary team. She stated that she would like to be more of an advocate for her patients.

Intern's Training Goals

Jane will complete rotation with the DBT treatment group.

Primary and/or secondary supervisors will be selected which operate from orientations outside of Jane's current knowledge-base.

Are there any changes needed to the Intern's Training Goals?

Yes

Please list the CHANGES needed to the Intern's Training Goals

In addition to the previous goals, Jane would like to have a better understanding of the different roles of the people on her patients care team. Jane would like to become more proactive with communicating with patients care teams to be able to provide comprehensive care.

Site activities to assist intern in reaching training goals

Individual Supervision

Group Supervision

Supervisor Consultation

In-service/Professional Presentation

Treatment Teams

Individual, Family and Group Therapy

Psychological Assessments

Are there any changes to the site activities?

No

Please list any CHANGES to the site activities

Research

Journal Article Reviews, In-Service

Ethical and Legal Standards

Review MO Ethical and Legal Statutes, Supervision

Individual and Cultural Diversity

Supervision, Treatment Team

Professional Values and Attitudes

Supervision, Treatment Teams

Communication and Interpersonal Skills

Supervision, Treatment Teams, Group Supervision

Evidence-based Assessment

Supervision, Psychological Assessments

Evidence-based Intervention

Supervision, Individual/Family/Group Therapy

Evidence-based Supervision

Supervision

Consultation and Interprofessional/Interdisciplinary Skills

Supervision, Treatment Team

Are there any changes need to the SITE generalist activities?

No

Please list any CHANGES to the site generalist activities here

Are you ready to finalize the form and submit?

Yes (continue to the next page)

This form has been reviewed and discussed by....

Supervisor

Intern

Date

12/30/2024

Timestamp

12:06:51 30 Dec, 2024

Modified Time

Last edited by
