



## Individual Learning and Training Plan (ILTP): Mid-Year Update

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### Intern Information

Intern FIRST AND LAST NAME      Enter your answer here

### Supervisor Information

Supervisor FIRST AND LAST NAME      Enter your answer here

Did you consult with other supervisors?

- Yes  
 No

### Reference ID

Type your answer here

*Enter your reference ID that you created during your initial submission. Requested format was YYYY-SUPLAST-INTERNLAST-ILTP*

**PLEASE NOTE.** *The Reference ID should cause fields on the following pages to auto-populate with your answers from your initial submission. If the fields do not auto-populate, please come back and re-enter the Reference ID or email Daria for assistance.*

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### Clinical Profession-Wide Competencies

NPTC seeks to train prospective psychologists to the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

- Aim 1: To provide broad and general training in psychology with emphasis on applied empirical knowledge within their setting.
- Aim 2: To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the under served.
- Aim 3: To socialize psychology interns to utilize critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

### APA Profession-Wide Competencies

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Evidence-Based Assessment
7. Evidence-Based Intervention
8. Evidence-Based Supervision
9. Consultation and Interpersonal/Interdisciplinary Skills

Continue your discussion and include the specific experiences and activities provided at your site that your intern may be required to participate in. For example, diversity groups they may come in contact with, identify tests regularly administered, discuss various types of interventions used, or supervision opportunities. Be sure to continue discussing their comfort level with these areas and using the three program aims along with the nine APA Profession-Wide competencies, develop your training goals and site activities that will be provided to meet those goals.

Please list the intern's strengths with the above APA Profession-Wide Competencies

Type your answer here

Are any changes needed to the intern's strengths?

- Yes
- No

Please list the CHANGES to intern's strengths with the above APA Profession-Wide Competencies

Type your answer here

In what areas does the intern need or desire further development?

Type your answer here

Are any changes needed to areas the intern needs or desires further development?

- Yes
- No

Please list the CHANGES intern need or desire to further development.

Type your answer here

Intern's Training Goals

Type your answer here

*What are the interns' goals for the training year? Include quotes.*

Are there any changes needed to the Intern's Training Goals?

- Yes  
 No

Please list the CHANGES needed to the Intern's Training Goals

Type your answer here

Site activities to assist intern in reaching training goals

Examples include....Individual Supervision, Group Supervision, Supervisor Consultation, In-Service/Professional Presentation, Treatment Teams, Individual/Family/Group Therapy, Psychological Assessments

Are there any changes to the site activities?

- Yes  
 No

Please list any CHANGES to the site activities

Examples include....Individual Supervision, Group Supervision, Supervisor Consultation, In-Service/Professional Presentation, Treatment Teams, Individual/Family/Group Therapy, Psychological Assessments

In addition to prior intern goals, please identify site generalist training activities that the intern will perform during internship as related to the APA Profession-Wide Competencies.

#### Research

Examples include.....Journal Article Reviews, In-Service, Critical Analysis

#### Ethical and Legal Standards

Examples include.....Review MO/WA/IN/IA Ethical and Legal Statutes, Supervision

#### Individual and Cultural Diversity

Examples include.....Supervision, Treatment Team

#### Professional Values and Attitudes

Examples include.....Supervision, Treatment Teams

#### Communication and Interpersonal Skills

Examples include.....Supervision, Treatment Teams, Group Supervision

#### Evidence-based Assessment

Examples include.....Supervision, Psychological Assessments, Critical Analysis

Evidence-based Intervention

Examples include.....Supervision, Individual/Family/Group Therapy

Evidence-based Supervision

Examples include.....Supervision, Mock Supervision, Clinical Supervision Exercise

Consultation and Interprofessional/Interdisciplinary Skills

Examples include.....Supervision, Treatment Team

Are there any changes need to the SITE generalist activities?

- Yes
- No

Please list any CHANGES to the site generalist activities here

Research: Examples include....Journal Article Reviews, In-Service, Critical Analysis / Ethical and Legal Standards: Examples include.....Review MO/WA/IN/IA Ethical and Legal Statutes, Supervision / Individual and Cultural Diversity: Examples include.....Supervision, Treatment Team / Professional Values and Attitudes: Examples include.....Supervision, Treatment Teams / Communication and Interpersonal Skills: Examples include.....Supervision, Treatment Teams, Group Supervision / Evidence-based Assessment: Examples include.....Supervision, Psychological Assessments, Critical Analysis / Evidence-based Intervention: Examples include.....Supervision, Individual/Family/Group Therapy / Evidence-based Supervision: Examples include.....Supervision, Mock Supervision, Clinical Supervision Exercise / Consultation and Interprofessional/Interdisciplinary Skills: Examples include.....Supervision, Treatment Team

*INCLUDE THE APA PROFESSION-WIDE COMPETENCY THE ACTIVITY IS ASSOCIATED WITH*

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This page has been added for ease of finalizing with your intern. If you are not ready to review and/or complete this with your intern, please select No in the question below and then click the *Save and Continue Later* button so you may save your work to return later.

If you are ready to review and/or complete this with your intern, please select Yes and you will be taken to finalize the form and submit.

Are you ready to finalize the form and submit?

- Yes (continue to the next page)
- No (click Save and Continue Later at the bottom)

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This form has been reviewed and discussed by...

Supervisor

Intern

*Fields should be checked by the appropriate party before submitting*

Date

Select Date

*Date the Individual Learning and Training Plan was reviewed and discussed with the intern*

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