



Individual Learning and Training Plan

Hello!

It is time to complete the Individual Learning and Training Plan for your intern as designated in the Internship Training Manual.

Please take some time with your intern(s) the next few weeks to discuss their goals and objectives for the training year. Please make sure to consider goals and objectives in terms of the APA profession-wide competencies.

You will be given an option to **Save and Continue** during while completing this form. If you use the **Save and Continue** option, *YOU MUST* save the new link in order to get back to the form you have started.

If you have any issues with the form, please contact Toni Ripper (tripper@psychologyinterns.org).

START



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Intern Information *

Supervisor Information *

Did you consult with other supervisors? *

- Yes
- No

Reference ID *

You will use this reference ID to autopopulate the update form at the mid-year. PLEASE FOLLOW THE SUGGESTED STRUCTURE FOR EASE OF REFERENCE.

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Clinical Profession-Wide Competencies

NPTC seeks to train prospective psychologists to the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

- **Aim 1:** To provide broad and general training in psychology with emphasis on applied empirical knowledge within their setting.
- **Aim 2:** To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the under served.
- **Aim 3:** To socialize psychology interns to utilize critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

APA Profession-Wide Competencies

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Evidence-Based Assessment
7. Evidence-Based Intervention
8. Evidence-Based Supervision
9. Consultation and Interpersonal/Interdisciplinary Skills

Continue your discussion and include the specific experiences and activities provided at your site that your intern may be required to participate in. For example, diversity groups they may come in contact with, identify tests regularly administered, discuss various types of interventions used, or supervision opportunities. Be sure to continue discussing their comfort level with these areas and using the three program aims along with the nine APA Profession-Wide competencies, develop your training goals and site activities that will be provided to meet those goals.

Please list the intern's strengths with the above APA Profession-Wide Competencies *

Type your answer here

In what areas does the intern need or desire further development? *

Type your answer here

Intern's Training Goals *

Type your answer here

What are the interns' goals for the training year? Include quotes.

Site activities to assist intern in reaching training goals *

Examples include....Individual Supervision, Group Supervision, Supervisor Consultation, In-Service/Professional Presentation, Treatment Teams, Individual/Family/Group Therapy, Psychological Assessments

In addition to prior intern goals, please identify site generalist training activities that the intern will perform during internship as related to the APA Profession-Wide Competencies.

Research *

Examples include....Journal Article Reviews, In-Service, Critical Analysis

Ethical and Legal Standards *

Examples include.....Review MO/WA/IN/IA Ethical and Legal Statutes, Supervision

Individual and Cultural Diversity *

Examples include.....Supervision, Treatment Team

Professional Values and Attitudes *

Examples include.....Supervision, Treatment Teams

Communication and Interpersonal Skills *

Examples include.....Supervision, Treatment Teams, Group Supervision

Evidence-based Assessment *

Examples include.....Supervision, Psychological Assessments, Critical Analysis

Evidence-based Intervention *

Examples include.....Supervision, Individual/Family/Group Therapy

Evidence-based Supervision *

Examples include.....Supervision, Mock Supervision, Clinical Supervision Exercise

Consultation and Interprofessional/Interdisciplinary Skills *

Examples include.....Supervision, Treatment Team

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This page has been added for ease of finalizing with your intern. If you are not ready to review and/or complete this with your intern, please select **No** in the question below and then click the *Save and Continue Later* button so you may save your work to return later. If you are ready to review and/or complete this with your intern, please select **Yes** and you will be taken to finalize the form and submit.

Are you ready to finalize the form and submit? *

- Yes
- No

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This form has been reviewed and discussed by....*

Supervisor

Intern

Fields should be checked by the appropriate party before submitting

Date*

 

Date the Individual Learning and Training Plan was reviewed and discussed with the intern

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