

Discharge

During the discharge process, staff will discuss plans for continuing treatment with the client, family or caregiver. This may include outpatient counseling, medication management, structured living situations, etc.

Grievance Procedure

If any client feels their treatment has not been provided fairly, Bowen Center will provide an advocate through the grievance process. Call: (574) 267-7169 or (800) 342-5653 x433.

Contact Division of Mental Health and Addictions Toll Free

Consumer Services Line: (800) 901-1133

As a consumer of public mental health or addiction services in Indiana, we welcome your feedback. Contact Indiana's 24-Hour Consumer Service Line if you have concerns about services, treatment, procedures, rights, or policies. If you are deaf, hard of hearing, or speech impaired, dial 711 to access the Consumer Service Line.

Additional Resources

- 24-Hour Gambling Helpline
Text & talk available: (800) 994-8448
- 24-Hour Mental Health and Addictions Resource Helpline Text & talk available:
(800) 662-4357
- National Suicide Prevention Lifeline:
(800) 273-TALK (800) 273-8255
- Veterans Crisis Line: (800) 273-8255 option 1
- Mental Health America of Indiana Ombudsman:
(800) 555-6424 (800) 555-6424
- National Alliance on Mental Illness, Indiana:
(800) 677-6442
- Indiana Disability Rights: (800) 622-4845

For more information or to make an appointment call: (800) 342-5653.

Bowen Center can help.

Bowen Center is a Community Mental Health Center offering a full range of professional services to meet the needs of individuals in Indiana. Since 1961, Bowen Center has dedicated itself to providing life-changing care to families, individuals and organizations. Bowen Center's expanding range of services for all ages includes: family therapy, marital counseling, adolescent and children's counseling, alcohol and substance use treatment, individual and group therapy, case management, hypnotherapy, transitional living services, and inpatient unit services.

Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.

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(800) 342-5653 BowenCenter.org

INPATIENT SERVICES

We're the hope.

BOWEN
C E N T E R

(800) 342-5653 BowenCenter.org

INPATIENT SERVICES

Our professionally trained staff consists of registered nurses, patient support technicians, psychiatrists and social workers, all of whom work closely with Bowen Center's team of mental health professionals.

Referral Process

Clients are referred to our Inpatient Unit in a number of ways. These can include hospitals, family, friends, co-workers, Bowen Center outpatient offices and law enforcement agencies. In most cases individuals will have an in person assessment completed by one of our trained intake coordinators and then staffed with the psychiatrist.

Admission

Upon admission to Bowen Center's Inpatient Unit clients will receive a nursing assessment, history and physical assessment, psychiatric evaluation and biopsychosocial assessment. The information obtained from the SE Assessments will then be used to develop a master treatment plan tailored to meet each individual client's needs.

Treatment

During treatment, staff will work closely with each client to complete interventions specific to the goals outlined on their master treatment plan. Those interventions will be completed through various groups and one-to-one interventions and activities. The interventions focus on helping clients develop more effective coping strategies, improve their self-concept, and valuable social interaction. To achieve optimal benefit during treatment, medications may be offered. When medication is prescribed, nursing staff will provide educational material along with personalized instruction.

Client Confidentiality

Treatment information may be released with the client's written consent or when releasing specific

information to family, significant others, or caregivers is in the best interest of the client and allowed under Indiana and federal law, once consent has been obtained.

Questions or Concerns

Our inpatient psychiatrists, nursing staff, social workers, case managers and patient support technicians are happy to help answer any questions or concerns regarding medications, progress, treatment or discharge. Your input is valuable and significant to the client's recovery process. Therefore, any information you have that may be beneficial in this process is greatly appreciated.

Visiting Hours

Monday - Friday: 6 - 7 p.m.

Weekends, Holidays: 1- 3 p.m. 6 - 7 p.m.

Family and Caregiver Educational Opportunities are also available and encouraged. Please call to schedule appointments.

Phone Calls

Phone calls may be taken by clients; 7 a.m. -10 p.m. every day, including holidays, when therapeutic measures are not in progress.

Client Phone Number: (574) 371-9553 or (800) 342-5653 x 3726

Laundry

Each client is responsible for his/her own clothing. Staff will provide laundry service. Bed linens, towels, and wash cloths are provided.

Mail Service

Staff do not open or read incoming mail but will ask clients to open mail and packages in the presence of a staff member. This procedure is for the safety of the client and the staff. Clients who wish to send mail are welcome to do so. Stamps may be purchased

from the office manager.

The address for incoming mail is:
Inpatient Unit, 9 Pequignot Dr., Pierceton, IN 46562

Personal Belongings

To ensure the Inpatient Unit is safe for clients, staff, and visitors, the following items are not allowed.

- Matches or lighters
- Tobacco Products
- Sharp objects; nail clippers, pocket knives, etc.
- Glass: mirrors, picture frames, glass toiletry items.
- Electrical devices: radios, cell phones, etc.
- Any other items the staff determines that may be dangerous or disruptive to the Unit.

At the time of admission, if the client has in his or her possession any articles that the staff view as a safety risk or a liability, those items will be kept in a locked room or sent with a loved one.

Staff does not assume any responsibility for jewelry or valuables in the client's possession. We recommend that clients send those items home or allow them to be locked in our secure vault. Clients are able to bring their own personal hygiene items with them but staff will keep them locked up with their other belongings when not being used.

Food

Food items, snacks, and drinks may **not** be brought onto the Unit during a client's stay. Three meals a day and snacks are provided for the clients.

Smoking

For the health and safety of all, smoking is prohibited in the building. Nicotine replacement therapy (gum, patches, inhalers, etc.) is available.