

Discharge

During the discharge process, staff will discuss plans for continuing treatment with the patient, family or caregiver. This may include outpatient counseling, medication management, structured living situations, etc.

Grievance Procedure

Bowen Center will provide an advocate through the grievance process. Call: (574) 267-7169 or (800) 342-5653 x433.

Contact Division of Mental Health and Addictions Toll Free

Consumer Services Line: (800) 901-1133

As a consumer of public mental health or addiction services in Indiana, we welcome your feedback. Contact Indiana's 24-Hour Consumer Service Line if you have concerns about services, treatment, procedures, rights, or policies. If you are deaf, hard of hearing, or speech impaired, dial 711 to access the Consumer Service Line.

Additional Resources

- 24-Hour Gambling Helpline
Text & talk available: (800) 994-8448
- 24-Hour Mental Health and Addictions Resource Helpline Text & talk available:
(800) 662-4357
- National Suicide Prevention Lifeline:
(800) 273-TALK (800) 273-8255
- Veterans Crisis Line: (800) 273-8255 option 1
- Mental Health America of Indiana Ombudsman:
(800) 555-6424 (800) 555-6424
- National Alliance on Mental Illness, Indiana:
(800) 677-6442
- Indiana Disability Rights: (800) 622-4845

For more information or to make

an appointment, call (800) 342-5653.

Bowen Center can help.

Bowen Center is a Community Mental Health Center offering a full range of professional services to meet the needs of individuals in Indiana. Since 1961, Bowen Center has dedicated itself to providing life-changing care to families, and individuals. Bowen Center's expanding range of services for all ages includes: family therapy, marital counseling, adolescent and children's counseling, alcohol and substance use treatment, individual and group therapy, skills coaching, hypnotherapy, transitional living services, inpatient unit services, and more.

Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.

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C E N T E R

(800) 342-5653 BowenCenter.org

INPATIENT SERVICES

We're the hope.

BOWEN
C E N T E R

(800) 342-5653 BowenCenter.org

INPATIENT SERVICES

Our professionally trained staff consists of registered nurses, patient support technicians, psychiatrists and social workers, all working in tandem to provide life-changing care.

Referral Process

Patients can be referred to our Inpatient Unit by hospitals, family, friends, co-workers, Bowen Center professionals and law enforcement agencies. In most cases, individuals will have an in-person assessment completed by one of our trained intake coordinators and then staffed with the psychiatrist.

Admission

Upon admission to Bowen Center's Inpatient Unit patients will receive a nursing assessment, history and physical assessment, psychiatric evaluation and biopsychosocial assessment. The information obtained from the SE Assessments will then be used to develop a master treatment plan tailored to meet each individual patient's needs.

Treatment

During treatment, staff will work closely with each patient to complete interventions specific to the goals outlined in their master treatment plan. Those interventions will be completed through various therapy groups, one-to-one interventions and activities. The interventions focus on helping patients develop more effective coping strategies, improve their self-concept, and provide valuable social interaction. To achieve optimal benefit during treatment, medications may be offered. When medication is prescribed, nursing staff will provide educational material along with personalized instruction.

Patient Confidentiality

Treatment information may be released with the patient's written consent or when releasing specific

information to family, significant others, or caregivers is in the best interest of the patient and allowed under Indiana and federal law, once consent has been obtained.

Questions or Concerns

Our inpatient psychiatrists, nursing staff, social workers, skills coaches and patient support technicians are happy to answer any questions or concerns regarding medications, progress, treatment or discharge.

Visiting Hours

Monday - Friday: 6 - 7 p.m.

Weekends, Holidays: 1- 3 p.m. 6 - 7 p.m.

Family and Caregiver Educational Opportunities are also available and encouraged. Please call to schedule appointments.

Phone Calls

Phone calls may be accepted by patients; 7 a.m. -10 p.m. every day, including holidays, when therapeutic measures are not in progress.

Patient Phone Number: (574) 371-9553 or (800) 342-5653 x 3726

Laundry

Each patient is responsible for his/her own clothing. Staff will provide laundry service. Bed linens, and towels are provided.

Mail Service

Staff do not open or read incoming mail but will ask patients to open mail and packages in the presence of a staff member. This procedure is for the safety of the patient and the staff. Patients who wish to send mail are welcome to do so. Stamps may be purchased from the office manager.

The address for incoming mail is:

Inpatient Unit, 9 Pequignot Dr., Pierceton, IN 46562

Personal Belongings

To ensure the Inpatient Unit is safe for patients, staff, and visitors, the following items are not allowed.

- Matches or lighters
- Tobacco Products
- Sharp objects; nail clippers, pocket knives, etc.
- Glass: mirrors, picture frames, glass toiletry items.
- Electrical devices: radios, cell phones, etc.
- Any other items the staff determines that may be dangerous or disruptive to the Unit.

At the time of admission, if the patient has in his or her possession any articles that the staff view as a safety risk or a liability, those items will be kept in a locked room or sent with a loved one.

Staff does not assume any responsibility for jewelry or valuables in the patient's possession. We recommend that patients send those items home or allow them to be locked in our secure vault. Patients are able to bring their own personal hygiene items with them but staff will keep them locked up with their other belongings when not being used.

Food

Food items, snacks, and drinks may **not** be brought onto the Unit during a patient's stay. Three meals a day and snacks are provided for the patients.

Smoking

For the health and safety of all, smoking is prohibited in the building. Nicotine replacement therapy (gum, patches, inhalers, etc.) is available.