



Interview Tips

Interviewing for an internship is an exciting time in your professional journey, but it can also be a stressful experience. We hope these interview tips help ease the stress as you begin interviewing for different internship opportunities.

Virtual Interviews

- Double-check your audio, video, and internet connection
- Choose a plain background with no distractions
- Ensure you have sufficient lighting
- Frame yourself from the chest up
- Speak to the camera, not the screen



Common Interview Questions

- What are you hoping to gain from this internship experience?
- What attracts you to our site?
- What do you look for in supervision?
- What are your specific clinical interests?
- Tell us about a challenging clinical case and how you handled it.

Questions to Ask During Interviews

- What do rotations look like and how much travel is associated with that?
- What does supervision look like at the site?
- Greatest challenge and greatest reward for the site?
- Explore the on-boarding/training process.
- Ask current interns about their experiences and tips they recommend.

Advice from NPTC interns

Use supports (advisors, DCT, clinical supervisor) to review your materials and try to find peers to regularly check in, process, and support during the process.

Be organized and remember every interview is a cause for celebration!

Take time for yourself to implement activities that promote happiness, positivity, and a calm and relaxed state of mind. Remember (constantly) that you can't control everything, but you can control how you prepare and present yourself to others.

My self-care advice is to give yourself the same kindness and grace you give your clients.