

BOWEN CENTER MOBILE COUNTY SERVICES

Skills Training: *(Individual and Family)*

- Maintaining Sobriety
- Learning activities of Daily Living Skills (schedule/maintain appointments, cleaning, budgeting, hygiene, etc.)
- Learning to express and manage emotions in healthy ways (anger, anxiety, depression, etc.)
- Parenting Skills
- Social Skills
- Linking to community resources (Insurance, Doctors, Medication, Food, AA, NA, etc.)

Substance Use Groups and Therapy will be referred within county to other organizations first before being referred to an adjacent Bowen Center County.

Funding Sources:

- Basic MRO
- DCS
- Juvenile Probation
- Contracted school services



For more information or to make an appointment call: (800) 342-5653

Bowen Center can help.

Bowen Center is a Community Mental Health Center offering a full range of professional services to meet the needs of individuals in Indiana. Since 1961, Bowen Center has dedicated itself to providing life-changing care to families, individuals and organizations.

Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.

We're the Hope

BOWEN
C E N T E R

BowenCenter.org