

# MORAL RECONATION THERAPY

Moral Reconciliation Therapy (MRT) is a type of behavioral therapy aimed at decreasing the likelihood of someone returning to substance or alcohol use. It is widely accepted cognitive-behavioral approach that treats substance use disorders, trauma, domestic violence, and more. MRT has 30 years of proven results: 65% lower rearrest and re-incarceration, \$20,000 savings per drug court client and lower recidivism rates.

**Group setting   Step-by-step program   Peer-led**

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## Moral development gained through:

- Education
- Individual counseling
- Group counseling
- Structured exercises

## Treatment issues cover:

- Substance Use Disorder
- Managing emotions
- DUI/DWI offenders
- Codependency
- Domestic violence
- Job readiness
- Trauma
- Parenting



**For more information or to make an appointment, call (800) 342-5653**

## **We can help.**

Bowen Center is a Community Mental Health Center offering a full range of professional services to meet the needs of individuals in Indiana. Since 1961, Bowen Center has been providing life-changing care to families, individuals. Bowen Center's expanding range of services for all ages includes: family therapy, marital counseling, adolescent and children's counseling, alcohol and substance use treatment, individual and group therapy, skills coaching, hypnotherapy, transitional living services, inpatient unit services, and more.

*Bowen Center's mission is to strengthen our communities and to improve the health and well-being of those we are privileged to serve.*

*We're the Hope*

**BOWEN**  
C E N T E R

[BowenCenter.org](http://BowenCenter.org)