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2022 - 2023 ANNUAL REPORT

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Table of Contents

About NPTC	3
2022-2023 Year in Review	6
2022-2023 Training Year	9
2021-2022 Alumni Data	10



About NPTC

Board of Directors

Chairman Al Greimann (Royal Oaks)

Secretary & Treasurer Megan Weaver, Ph.D. (Member at Large)

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Brittany Pratt, Psy.D. (Burrell Behavioral Health), Central Region Training Director Representative

Executive Staff

President/CEO Adam Andreassen, Psy.D.

Vice President of Operations Katherine Dixon, M.A.

DEI Leaders

Ta'janette Sconyers, Ph.D. DEl Director – Outreach & Experience

Administrative Office Staff

Toni Ripper, Operations Manager

Mallory Richardson, M.A. Communications & Intern Relations Coordinator **Vice-Chairman** Russell Maier, M.D. (Cascades Representative)

Carrie Cadwell, Psy.D., (4C Health)

Melissa Webb, Psy.D., (Compass Health)

Aimee Dershowitz, Psy.D. (Member at Large)

Monique Kulkarni, Ph.D. (Valley Oaks), Great Lakes Training Director Representative

Sr. Vice President of Clincal Operations Angela King, Psy.D.

Penelope Asay, Ph.D., ABPP, DEI Director – Operations

Amber Bartley, Administrative Assistant

Shannon Estabrook, Training Coordinator

Mission

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients.

Belief

The competent practice of psychology requires an integration of scientific and professional knowledge, skills, and attitudes.

About

The National Psychology Training Consortium (NPTC), a doctoral psychology internship, is a collaborative consortium consisting of psychological and primary care service centers throughout the United States focused on provision of services with rural and underserved patients. NPTC was founded in 2003 through a collaboration of The School of Professional Psychology at Forest Institute and Royal Oaks Hospital to create new internship positions in underserved areas. Since 2003, NPTC has trained and prepared over 600 interns and residents—all in a rural or underserved context.

For the 2022-2023 training year, NPTC consisted of three, APA accredited regions with 15 member sites offering 70+ internship positions.



Central Region Missouri Est. 2003



Great Lakes Region Indiana Est. 2013



Cascades Region Washington & Oregon Est. 2017

Training Partners

NPTC partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. The objective of the internship is to prepare entry-level practitioners to function effectively in a variety of mental health settings and to provide services to a variety of populations in rural health care.

For the 2022-2023 training year, NPTC had 15 member sites across three regions in three states:

Great Lakes Region Sites



2022-2023 Year in Review



Central Region 14/40 Great Lakes 5/20 Cascades 6/13

Consortiumwide

Intern Feedback

"I've had an incredible internship year and I'm really grateful to my site and to you all for the great experience this year!"

"NPTC was extremely supportive and active in coordinating with my graduate program throughout the year. Everyone was extremely responsive and helpful."

"NPTC has been wonderful all around. You all have a phenomenal team in place and have been supportive throughout the entire year! I hope to be able to work with NPTC in the future. Shoutout especially to Toni, Shannon and Dr. King for their continued efforts and support and for just getting things done in such a timely manner. Much appreciated!"

"NPTC was an awesome consortium to be a part of! I was wrapped around with support and guidance from my site as well as NPTC. The didactic trainings were mostly beneficial for my training, and communication was excellent!"

Training Director Feedback

"I like that we have the opporutnity to meet regularly, but I also reach out between meetings to NPTC admin staff whenever I have questions and everyone is always very helpful."

"My year came with a lot of change and unforeseen challenges and I felt that NPTC really thought about what I needed and the best ways to support me. They reached out and took feedback to ensure I was doing what was required, but also that I was working towards a more sustainable and quality internship."

"The NPTC staff is just incredible. All respond quickly to questions or issues. They are all greatly appreciated."

APPIC Match

During Phase I of the 2022-2023 match, the consortium had 73 available positions throughout all three regions.



*Clark Center added a third position right before ranking.

**An intern withdrew due to medical reasons, so the Great Lakes Region ended up with only 19 interns.

***Three positions were never filled and two positions were dropped and never listed in post-match.

Marketing

In collaboration with staff, alumni, and current interns, NPTC developed and released three promotional videos: <u>Central Region Introduction</u>, <u>Great Lakes Region Introduction</u>, and <u>Cascades Region Introduction</u>. NPTC staff also traveled to gather footage for the 20th anniversary year of the organization. This footage would be released in late 2023 as part of the 20th anniversary marketing plan.

Virtual Open House

The Virtual Open House event took place on September 20th–23rd, 2022. There were 85 people who RSVP'd or requested recordings of the meetings. Of those 85, 49 applied to one or more regions, and 7 matched.



8

Diversity Data

In April of 2022, NPTC began expanding diversity efforts by creating a Director of Diversity Equity and Inclusion position. Due to the number of strong candidates for the position, NPTC restructured the DEI position into two positions: DEI Director of Operations and DEI Director of Outreach and Experience. Dr. Ta'janette Sconvers, Ph.D. was chosen as DEI Director of Outreach and Experience and Dr. Penelope Asay, Ph.D., ABPP was selected as DEI Director of Operations.

Since Drs. Sconyers and Asay joined NPTC, they have been working towards expanding diversity efforts and implementing a stronger sense of community among the intern cohorts including opening more channels of communication. The Directors continue working to improve training efforts in diversity topics and ensuring intern feedback is collected and implemented where necessary.

Training

During the training year, NPTC provided 29 trainings meeting the Individual and Cultural Diversity Competency as defined by the internship program's profession-wide competencies. These 29 trainings totaled 102.75 CE credits.

According to didactic survey feedback provided by interns, the average Level of Satisfaction for the diversity trainings was 4.27/5.00.

Intern Population

The following represents the percentage of diverse individuals within each intern class over the last five years:

2019	2020	2021	2022	2023
51%	48%	50%	45%	33%

NPTC matched with 16 new schools, bringing the total to 139 schools matched since 2003.

- In the Great Lakes Region, 20 interns come from 14 schools
- In the Central Region, 41 interns come from 32 schools
- In the Cascades Region, 13 interns come from 11 schools

The intern cohort comes from 26 states and Puerto Rico.



2022-2023 Training Year

Interns who met APA Profession-Wide Competency Goals at year end

Central Region 40*/41 Great Lakes 20/20 Cascades 13/13 100% Consortiumwide

*One intern withdrew in the Central Region

Consortium-Wide Intern Ratings: Average Year-End Scores (5.00 Scale)

In each of the following categories, interns rated the provision of their site:

Category	Rating
Orientation	3.44
Support	4.21
Communication	3.92
Training	3.77
Profession-Wide Competencies	3.89
Professional Development	4.18

Interns also rated NPTC in the Professional Development category, averaging 4.03/5.00.

Consortium-Wide Supervisor Ratings: Average Year-End Scores (5.00 Scale)

Supervisors rated NPTC's provision in the following four categories.

Category	Rating
Orientation	4.09
Support	4.08
Communication	4.44
Training	4.13

2021-2022 Alumni Data

Alumni Response Rate

Central Region 5% Great Lakes 35% Cascades 15% 15% Consortiumwide

Consortium-Wide Alumni Ratings: Average Scores (5.00 Scale)

In each of the following categories, alumni rated their internship experience:

Category	Rating
Site Support	4.18
Quality of Supervision	4.27
Level of Communication	4.18
Quality of Training	4.09
Overall Experience	4.18

Alumni also rated their readiness to graduate as 2.61/3.00.

Psychologist Licensure Status

	2020-2021 Alumni	2021-2022 Alumni
Fully Licensed	57%	23%
Provisionally Licensed	9%	23%
Licensed at Master's Level	7%	23%
Not Licensed	23%	20%
Status Unknown	4%	11%