



2024 - 2025

ANNUAL REPORT

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Springfield, MO 65806

APA Accreditation Updates

NPTC's Cy-Hawk Region and Pacific Region received updates to their APA accreditation status. Learn more on page 7.

Pacific Region

Pacific Region officially joins NPTC with traditional track positions in Washington. Learn more about the formation of this Region on page 7.



Schools



NPTC matched with 9 new schools during the reporting year bringing the total of matched schools since inception to 160. Read more on page 9.

New Agencies

NPTC grew the number of partner agencies with the addition of the Pacific Region and a new site in the Great Lakes Region. See a full list of training partners on page 6.

Interns and Alumni

Interns had a 100% graduation rate for the reporting year. See more on page 10.



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About NPTC

2024-2025 Board of Directors

Chairman

Al Greimann (Royal Oaks)

Secretary & Treasurer

Megan Weaver, Ph.D. (Member at Large)

Stacy Ogbeide, Psy.D. (Member at Large)

Robert Allred, Psy.D. (HealthPoint),
Cascades Region Training Director
Representative

Brittany Pratt, Psy.D. (Burrell Behavioral
Health), Central Region Training Director
Representative (*ended term Feb. 2025*)

Jennifer Frye, (Royal Oaks Hospital/
Compass Health) Core Member
Representative

Vice-Chairman

Russell Maier, M.D.
(Cascades Representative)

Melissa Webb, Psy.D., (Compass Health)

Aimee Dershowitz, Psy.D. (Member at
Large)

Monique Kulkarni, Ph.D. (Valley Oaks),
Great Lakes Training Director
Representative

Peter Lyskowski, (Royal Oaks Hospital/
Compass Health) Core Member
Representative

Matt Cooper, Psy.D. (Central Iowa
Family Institute), Cy-Hawk Training
Director Representative

Executive Staff

Adam Andreassen, Psy.D., **President/CEO**

Angela King, Psy.D., **Sr. Vice President of Clinical Operations**

Katherine Dixon, **Vice President of Operations**

DEI Leaders

Ta'janette Sconyers, Ph.D., **DEI Director**

Tosha Larson, Ph.D., Central Region DEI Consultant

Aimee Dershowitz, Psy.D., HSPP, Great Lakes Region DEI Consultant

Ianto West, Psy.D., Cascades Region DEI Consultant

Robert Doss, Ph.D., Cy-Hawk Region DEI Consultant

Administrative Office Staff

Toni Ripper, Operations Manager

Mallory Richardson, Communications & Intern Relations Coordinator

Amber Bartley, Administrative Assistant

Daria Cook, Operations Support

Ember Serencko, Training Support

Mission

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients.



Belief

The competent practice of psychology requires an integration of scientific and professional knowledge, skills, and attitudes.

About

The National Psychology Training Consortium (NPTC), a doctoral psychology internship, is a collaborative consortium consisting of psychological and primary care service centers throughout the United States focused on provision of services with rural and underserved patients. NPTC was founded in 2003 through a collaboration of The School of Professional Psychology at Forest Institute and Royal Oaks Hospital to create new internship positions in underserved areas. Since 2003, NPTC has trained and prepared over 600 interns and residents—all in a rural or underserved context.



Central Region

Missouri
Est. 2003



Great Lakes Region

Indiana
Est. 2013



Cascades Region

Washington
Est. 2017



Cy-Hawk Region

Iowa
Est. 2023



Pacific Region

Washington
Est. 2024

The Pacific Region was formed and welcomed three training partners that focus on traditional therapy.

Training Partners

NPTC partners with various organizations to provide a sequential, cumulative, and graded training environment. The objective of the internship is to prepare entry-level practitioners to function effectively in a variety of mental health settings and to provide services to a variety of populations in rural health care.

During the 2024-2025 year, NPTC was partnered with 22 organizations in five regions.

Great Lakes Region Sites

Adult & Child Health
Aspire Indiana, Inc.
Bowen Health (formerly Bowen Center)
Centerstone
HealthSource of Ohio
Valley Oaks Health

Central Region Sites

Burrell Behavioral Health Center
Clark Community Mental Health Center
Compass Health
Royal Oaks Hospital
University Health

Cascades Region Sites

Community Health of Central Washington
HealthPoint
Yakima Valley Farm Workers Clinic

Cy-Hawk Region Sites

Blank Children's Hospital
Broadlawns Medical Center
Central Iowa Family Institute
Des Moines University
Mind and Spirit Counseling Center

Pacific Region Sites

Sound Psychotherapy & Assessment
Pacific Rehabilitation Centers
Yakima Valley Farm Workers Clinic

2024-2025 Year in Review

Leadership Change

In July of 2025, Dr. Adam Andreassen stepped down as President/CEO of NPTC. His leadership helped NPTC grow to incorporate five regions, placing more than 60 interns each year. Dr. Angela King took over as the new President/CEO of NPTC. Dr. King is an alumni of NPTC completing her internship at Royal Oaks Hospital in 2008. Alongside Dr. Andreassen, Dr. King has served in several roles with NPTC over the past 13+ years and has contributed to the success of NPTC's mission and goals during that time.

NPTC celebrates Dr. Andreassen's leadership and positive impact and is excited to see the growth and trajectory of NPTC under Dr. King's leadership in the years to come.

Formation of the Pacific Region

The Pacific Region was formed in 2024 with three partner organizations: Pacific Rehabilitation Centers, Sound Psychotherapy & Assessment, and Yakima Valley Farm Workers Clinic. This Region is located in Washington along with the Cascades Region. Unlike Cascades, the Pacific Region provides traditional outpatient therapy training rather than PCBH.

The Region received Provisional Membership by the Association of Psychology Postdoctoral and Internship Centers (APPIC) to participate in Match for the 2025-2026 training year. The Region successfully completed their first internship match cycle and the first class of interns began in the 2025-2026 training year.

APA Accreditation Updates

The Cy-Hawk Region, formed in 2023, had their site visit in May of 2025 by the APA Commission on Accreditation (CoA) and was granted accreditation on contingency. This means that the first cohort of interns to graduate from the Cy-Hawk Region were graduates of an APA accredited program. The Region will collect intern outcome data for the first two years of intern cohorts and report the data to the CoA to receive full accreditation.

The Pacific Region was approved for a site visit by the APA CoA. This Region's first cohort of interns will be able to participate in the accreditation process during the site visit which should take place in the Spring/Summer of 2026.

New Site Addition

In addition to welcoming a new region, the Pacific Region, NPTC also welcomed a new site in the Great Lakes Region. The new site not only added positions, but added a new state to NPTC's service areas. HealthSource of Ohio joined the Great Lakes Region in January of 2025 and will participate in match for the 2026-2027 training year. HealthSource of Ohio is offering two positions focused on outpatient therapy with opportunities in PCBH training. The interns will provide services in Hillsboro and Georgetown, Ohio.

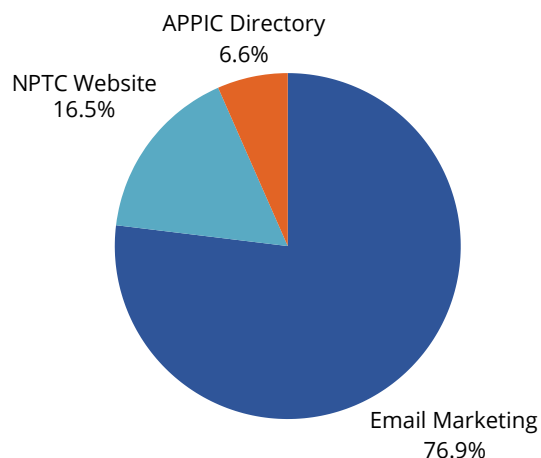
Virtual Open House

The Virtual Open House event for the 2025-2026 internship year took place on September 16th–18th, 2024. There were 88 people who RSVP'd or requested recordings of the meetings.

When students RSVP'd, they were asked "How did you hear about the open house?" The chart to the right shows the results of the various marketing efforts advertising the open house.

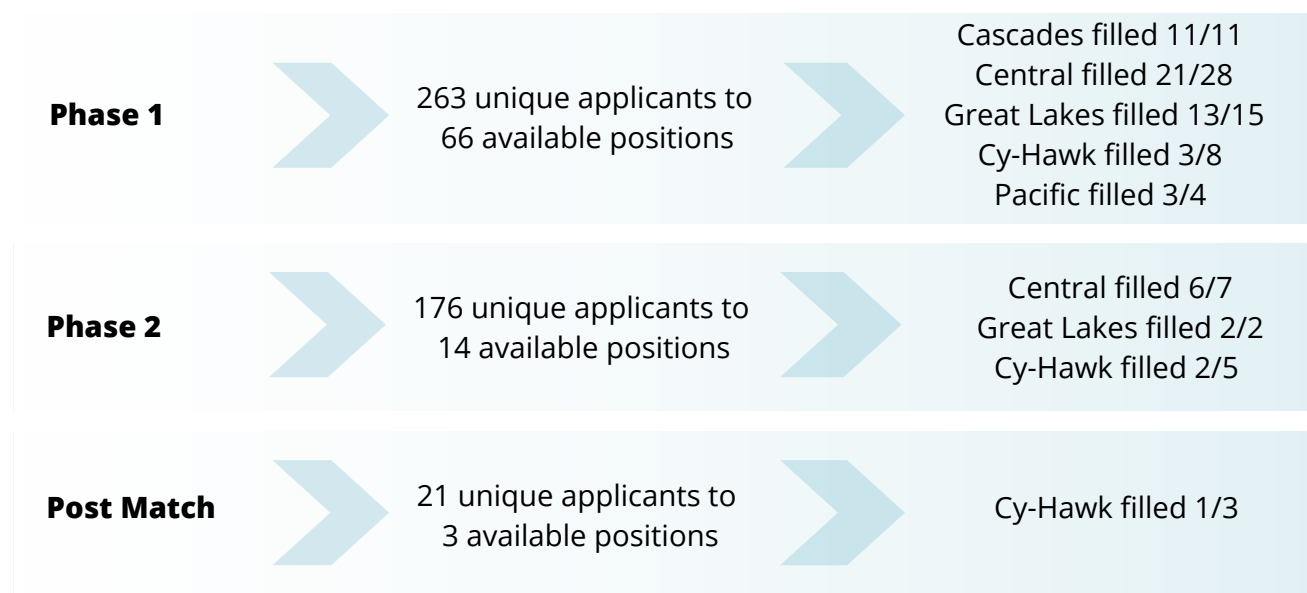
Of the 88 students who RSVP'd or requested recordings of the meetings, 41 applied, and 9 matched. A breakdown of the applications per region is listed below:

15 applications in Great Lakes.....2 matches
19 applications in Central.....4 matches
19 applications in Cascades.....2 matches
1 application in Cy-Hawk1 match
0 applications in Pacific



APPIC Match

Represented below is the data from the Consortium's 2025 match.



The Pacific Region withdrew their last available position after Phase I. The Central Region did not list their last remaining position in Post-Match.

Diversity Committee Efforts

Dr. Sconyers put forth several initiatives to encourage intern connection throughout the year. Before internship began for the 2025-2026 cohorts, she organized two virtual meetings meant to serve as a meet and greet event between all regions. Dr. Sconyers also sent regular check-in emails to the cohorts with information about ways to connect, days of importance, and other resources throughout the year.

The DEI Committee held seven Diversity Dialogues during the training year with an average of seven interns in attendance. The scheduled meetings aimed to cover topics like trans care, race, politics, religion, disability, chronic pain, and advocacy.

Training

During the training year, NPTC provided 15 trainings meeting the Individual and Cultural Diversity Competency as defined by the internship program's profession-wide competencies. These 61 hours of diversity-related training out of the total 313 training hours provided make up 19.49%.



Intern Population

Based on diversity criteria (age, reported gender identity, disability status, reported nationality, and race) the percentage of diverse individuals in the reporting year cohorts is as follows:

- 2024 - 59%
- 2025 - 58%

NPTC matched with 9 new schools, bringing the total to 160 schools matched since 2003.

- In the Great Lakes Region, 15 interns come from 12 schools
- In the Central Region, 27 interns come from 19 schools
- In the Cascades Region, 11 interns come from 11 schools
- In the Cy-Hawk Region, 6 interns come from 5 schools
- In the Pacific Region, 3 interns come from 2 schools

The intern cohort comes from 23 U.S. states and the territory of Puerto Rico.

2024-2025 Training Year

Interns who met APA Profession-Wide Competency Goals at year end

Central Region 39/40*
Great Lakes 15/15
Cascades 12/12
Cy-Hawk 2/2

**One intern was terminated.*

100%
Consortium-wide

Consortium-Wide Intern Site Ratings: Average Year-End Scores (5.00 Scale)

In each of the following categories, interns rated the provision of their site:

Category	Rating
Orientation	3.65
Support	4.37
Communication	4.09
Training	4.25
Profession-Wide Competencies	4.48
Professional Development	4.55
DEI Efforts	4.08

Consortium-Wide Intern NPTC Ratings: Average Year-End Scores (5.00 Scale)

In each of the following categories, interns rated the provision of NPTC:

Category	Rating
Orientation	3.72
Communication	4.12
Training	3.91
DEI Efforts	4.09
Professional Development	4.10

2023-2024 Alumni Data

Alumni First-Year Survey Data

Alumni are surveyed approximately one-year post internship and the following data was collected. 66% of the 2023-2024 cohort responded to the survey.

Alumni rated their post-internship preparedness as 2.54/3.00.

Licensure Status Reported

% based on 45 alumni who completed the survey

Fully Licensed	44%
Provisionally Licensed	24%
Not Licensed	31%

EPPP Pass Rates Reported

Alumni reported their progress on taking the EPPP, which is required for psychologists seeking licensure. Of the alumni who completed the survey, 100% reported that their current career trajectory includes becoming a licensed psychologist. A summary of reported progress is below:

- 29 out of 45 alumni have taken the EPPP.
- 26 out of 45 alumni said they passed the EPPP.
- 18 out of 45 alumni have not taken the EPPP.

2023-2024 Cohort Retention Data

Upon completion of internship, 13 alumni stayed at their internship site to complete post-doc and 2 alumni went to another Consortium site to complete post-doc. Alumni filled 58% of available post-doc opportunities across all regions. A regional break-down is listed below:

- Central filled 42% of available post-doctoral positions with NPTC alumni.
- Great Lakes filled 25% of available post-doctoral positions with NPTC alumni.
- Cascades filled 89% of available post-doctoral positions with NPTC alumni.
- Cy-Hawk filled 100% of available post-doctoral positions with NPTC alumni.