



2023 - 2024

ANNUAL REPORT

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Suite 205
Springfield, MO 65806





20th Anniversary Year

NPTC celebrates 20 years of training tomorrow's psychologists. Learn more on page 7.

Cy-Hawk Region

Cy-Hawk Region officially joins NPTC as one of the only internships in Iowa. Learn more about the formation of this Region on page 8.



Schools



NPTC matched with 9 new schools during the reporting year bringing the total of matched schools since inception to 134. Read more on page 10.

New Agencies

NPTC grew the number of partner agencies from 15 to 23 with the addition of the Cy-Hawk Region and a new site in the Great Lakes Region. See a full list of training partners on page 6.

Interns and Alumni

Interns had a 100% graduation rate for the reporting year. See more on page 11.



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About NPTC

Board of Directors

Chairman

Al Greimann (Royal Oaks)

Secretary & Treasurer

Megan Weaver, Ph.D. (Member at Large)

Stacy Ogbeide, Psy.D. (Member at Large)

Robert Allred, Psy.D. (HealthPoint),
Cascades Region Training Director
Representative

Brittany Pratt, Psy.D. (Burrell Behavioral
Health), Central Region Training
Director Representative

Jennifer Frye, (Royal Oaks Hospital/
Compass Health) Core Member
Representative

Vice-Chairman

Russell Maier, M.D.
(Cascades Representative)

Melissa Webb, Psy.D., (Compass Health)

Aimee Dershowitz, Psy.D. (Member at Large)

Monique Kulkarni, Ph.D. (Valley Oaks),
Great Lakes Training Director
Representative

Peter Lyskowski, (Royal Oaks Hospital/
Compass Health) Core Member
Representative

Matt Cooper, Psy.D. (Central Iowa
Family Institute), Cy-Hawk Training
Director Representative

Executive Staff

Adam Andreassen, Psy.D., **President/CEO**

Angela King, Psy.D., **Sr. Vice President of Clinical Operations**

Katherine Dixon, **Vice President of Operations**

DEI Leaders

Ta'janette Sconyers, Ph.D., **DEI Director**

Tosha Larson, Ph.D., Central Region DEI Consultant

Aimee Dershowitz, Psy.D., HSPP, Great Lakes Region DEI Consultant

Ianto West, Psy.D., Cascades Region DEI Consultant

Robert Doss, Ph.D., Cy-Hawk Region DEI Consultant

Administrative Office Staff

Toni Ripper, Operations Manager

Mallory Richardson, Communications & Intern Relations Coordinator

Amber Bartley, Administrative Assistant

Daria Cook, Operations Support

Ember Carroll, Training Support

Mission

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients.



Belief

The competent practice of psychology requires an integration of scientific and professional knowledge, skills, and attitudes.

About

The National Psychology Training Consortium (NPTC), a doctoral psychology internship, is a collaborative consortium consisting of psychological and primary care service centers throughout the United States focused on provision of services with rural and underserved patients. NPTC was founded in 2003 through a collaboration of The School of Professional Psychology at Forest Institute and Royal Oaks Hospital to create new internship positions in underserved areas. Since 2003, NPTC has trained and prepared over 600 interns and residents—all in a rural or underserved context.



Central Region

Missouri
Est. 2003



Great Lakes Region

Indiana
Est. 2013



Cascades Region

Washington
Est. 2017



Cy-Hawk Region

Iowa
Est. 2023

Between May 2023 and July 2024, the Cy-Hawk Region formed and welcomed Unity Point Health, Mind and Spirit Counseling Center, Des Moines University, Central Iowa Family Institute, Broadlawns Medical Center, and Blank Children's Hospital.

Training Partners

NPTC partners with various organizations to provide a sequential, cumulative, and graded training environment. The objective of the internship is to prepare entry-level practitioners to function effectively in a variety of mental health settings and to provide services to a variety of populations in rural health care.

During the 2023-2024 year, NPTC was partnered with 23 organizations in four regions.

Great Lakes Region Sites



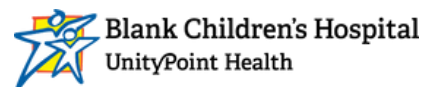
Central Region Sites



Cascades Region Sites



Cy-Hawk Region Sites



2023-2024 Year in Review

NPTC's 20th Anniversary



On May 17th, 2024 the National Psychology Training Consortium (NPTC) celebrated 20 years of training tomorrow's psychologists in the discipline and practice of psychology with rural and underserved patients. Alumni, supervisors, training directors, staff, and others came together to reflect on the impact and the growth of NPTC. The day began with a training from Mallori DeSalle, who led participants through exercises and discussions related to self-care, humor, and improv. In the evening, guests had a meal together and listened to past and present leaders of our organization speak about the challenges and triumphs of growing the Consortium.

A full overview of the 20th event with photos and videos is available on our [website](#).

Awards

Leading up to the 20th anniversary event in May, nominations were collected and winners were selected for the following awards:

- Site Excellence in Training Award (Recipient: HealthPoint, Cascades Region)
- Intern of the Year Award (Recipient: Emily Ehrlich, Great Lakes Region)
- Supervisor of the Year (Recipient: Dr. Deborah Walker, Central Region)
- Distinguished Alumni Award (Dr. Gurusewak Khalsa, 2020 Alum, Central Region)

Several of the award recipients were in attendance to accept their award at the event, including Dr. Robert Allred, the training director for HealthPoint, and Dr. Deborah Walker. A full overview of the awards with photos is available on our [website](#).

NPTC's 20 Days of Service

In an effort to celebrate the Consortium's 20th anniversary, the administrative office implemented a 20 Days of Service Campaign. The Campaign launched in September of 2023 as a way to give back to various other non-profits in the community. Service projects were chosen and organized in a way that would encourage interns, alumni, and other Consortium affiliates to participate in some way (if not directly). Service projects included working with Ozarks Food Harvest, Humane Society of Southwest Missouri, Springfield Community Gardens, Disabled American Veterans, Child Advocacy Center, Letters of Love, Ozarks Area Community Action Corporation, and Friends of the Library.

Formation of the Cy-Hawk Region

The Cy-Hawk Region was formed in 2023 with five partner organizations located in central Iowa: Broadlawns Medical Center, Central Iowa Psychological Services, Des Moines University, Mind and Spirit Counseling Center, and Unity Point St. Luke's Hospital.



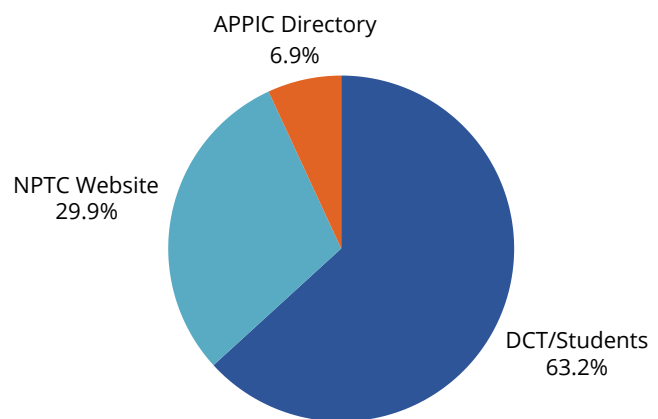
The Region received Provisional Membership by the Association of Psychology Postdoctoral and Internship Centers (APPIC) to participate in Match for the 2024-2025 training year. The Cy-Hawk Region successfully completed their first internship match cycle and the first class of interns began in the 2024-2025 training year. The Cy-Hawk Region has submitted the Contingent Accreditation Application for review by the APA COA and has been approved for a site visit.

In July of 2024, two new sites were added to the Cy-Hawk Region: Central Iowa Family Institute and Blank Children's Hospital.

Virtual Open House

The Virtual Open House event for the 2024-2025 internship year took place on September 25th–29th, 2023. There were 81 people who RSVP'd or requested recordings of the meetings.

When students RSVP'd, they were asked "How did you hear about the open house?" The chart to the right shows the results of the various marketing efforts advertising the open house.



Of the 81 students who attended open house, 64 applied, and 10 matched. A breakdown of the applications per region is listed below:

| | |
|-------------------------------------|-----------|
| 19 applications in Great Lakes..... | 1 match |
| 21 applications in Central..... | 5 matches |
| 22 applications in Cascades..... | 4 matches |
| 2 applications in Cy-Hawk..... | 0 matches |

In addition to live attendance and RSVPs, recordings of each of these meetings collectively recieved 198 views on YouTube which may have resulted in more matches.

APPIC Match

Represented below is the data from the Consortium's 2024 match.

| | | |
|-------------------|---|---|
| Phase 1 | ➤ 288 unique applicants to 71 available positions ➤ | Cascades filled 12/12 Central filled 24/38 Great Lakes filled 13/13 Cy-Hawk filled 2/8 |
| Phase 2 | ➤ 71 unique applicants to 23 available positions* ➤ | Central filled 13/15 Great Lakes filled 2/2 Cy-Hawk filled 0/6 |
| Post Match | ➤ 45 unique applicants to 8 available positions ➤ | Central filled 3/2** Cy-Hawk filled 0/6 |

**During Phase II, an additional site in the Great Lakes Region was added.*

***In Post Match, a new position was created for an applicant in the Central Region.*

Diversity Committee Efforts

In February of 2024, Dr. Asay, DEI Director of Operations transitioned out of her role with the Consortium. Dr. Sconyers assumed the position of the sole DEI Director for NPTC. During the reporting year, Dr. Sconyers implemented regular Diversity Dialogue opportunities for interns. These meetings were facilitated by a member of the diversity committee based on the committee member's interests and areas of expertise. Interns were asked to RSVP to the dialogues in advance. The meetings were held virtually as scheduled if enough interns signed up to attend.

Four Diversity Dialogues were scheduled during the training year and three of those were successfully held with an average of nine interns in attendance. The scheduled meetings aimed to cover topics like religion, cultural competency, and transgender care.

The Diversity Committee instituted a spotlight series highlighting each member of the Diversity Committee so the interns could get to know them. These spotlight emails contained information about the member's interest, experience, and areas of expertise.

Because of these efforts, Interns rated the DEI Efforts of NPTC 3.83/5.00.

Training

During the training year, NPTC provided 22 trainings meeting the Individual and Cultural Diversity Competency as defined by the internship program's profession-wide competencies. These 94 hours of diversity related training out of the total 324 training hours provided make up 29%.



According to didactic survey feedback provided by interns, the average Level of Satisfaction for the diversity trainings was 4.25/5.00.

Intern Population

Based on diversity criteria (age, reported gender identity, disability status, reported nationality, and race) the percentage of diverse individuals in the reporting year cohorts is as follows:

- 2023 - 44%
- 2024 - 59%

NPTC matched with 9 new schools, bringing the total to 134 schools matched since 2003.

- In the Great Lakes Region, 15 interns come from 11 schools
- In the Central Region, 40 interns come from 25 schools
- In the Cascades Region, 12 interns come from 10 schools
- In the Cy-Hawk Region, 2 interns come from 2 schools

The intern cohort comes from 24 U.S. states and the territory of Puerto Rico.

2023-2024 Training Year

Interns who met APA Profession-Wide Competency Goals at year end

Central Region 38/38
Great Lakes 20/20
Cascades 12/12

100%
Consortium-wide

Consortium-Wide Intern Site Ratings: Average Year-End Scores (5.00 Scale)

In each of the following categories, interns rated the provision of their site:

| Category | Rating |
|------------------------------|--------|
| Orientation | 3.54 |
| Support | 4.23 |
| Communication | 3.82 |
| Training | 3.84 |
| Profession-Wide Competencies | 4.03 |
| Professional Development | 4.04 |
| DEI Efforts | 3.90 |

Consortium-Wide Intern NPTC Ratings: Average Year-End Scores (5.00 Scale)

In each of the following categories, interns rated the provision of NPTC:

| Category | Rating |
|--------------------------|--------|
| Communication | 3.83 |
| Training | 3.68 |
| Professional Development | 3.75 |

2022-2023 Alumni Data

Alumni Response Rate

Central Region 71%
Great Lakes 80%
Cascades 75%

71%
Consortium-
wide

Up from 15% PY

Consortium-Wide Alumni Ratings: Average Scores (5.00 Scale)

In each of the following categories, alumni rated their internship experience:

| Category | Rating |
|------------------------|--------|
| Site Support | 4.03 |
| Quality of Supervision | 4.09 |
| Level of Communication | 4.03 |
| Quality of Training | 3.94 |
| Overall Experience | 4.03 |

Alumni also rated their post-internship preparedness as 2.59/3.00.

Licensure Status Reported

% based on 52 interns who completed the survey

| | |
|------------------------|--------|
| Fully Licensed | 21.15% |
| Provisionally Licensed | 34.61% |
| Not Licensed | 44.23% |

Alumni are licensed, provisionally licensed, or seeking licensure in the following states: Alabama, California, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Massachusetts, Maryland, Michigan, Missouri, Nevada, New York, New Jersey, Oregon, Pennsylvania, South Carolina, Washington, and West Virginia.

EPPP Pass Rates Reported

Of the 52 alumni (71% of the cohort) who completed the survey, 46% reported that they have taken the EPPP. Of that 46% who have taken the EPPP, 75% have passed.