



Washington



Pacific Region

National Psychology Training Consortium

Pacific Region

2025-2026 Training Year

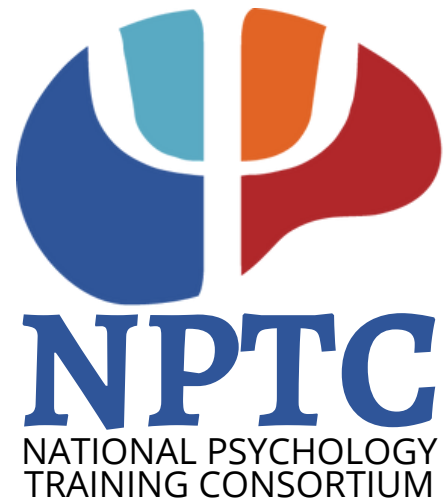


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Internship Year

June 23, 2025 - June 22, 2026

Application Deadline

November 17, 2024

Virtual Open House Week

Pacific Region Open House
Sep. 17, 2024 9:00 - 10:00 Pacific



Organizational Overview



Mission Statement

Training Tomorrow's Psychologists in the Discipline and Practice of Psychology with Rural and Underserved Patients

The National Psychology Training Consortium (NPTC, previously Heart of America Psychology Training Consortium) is a not-for-profit doctoral internship program that partners with various organizations including academic programs, community agencies, private hospitals, and independent practitioners to provide a sequential, cumulative, and graded training environment. NPTC's internship training is conducted in a facilitative and supportive manner that provides each intern with varied and diverse opportunities to experience the practice of psychology with rural and underserved patients and as members of multidisciplinary integrative primary care teams. Psychology interns are respected trainees who make valuable contributions that enhance the learning environments of the organizations in which they serve.

The Pacific Region is comprised of sites located in Washington offering traditional track internship opportunities.

The Administrative Office for NPTC is located in Springfield, Missouri. To learn more about NPTC staff and other members of the Pacific Region team, see the [About NPTC](#) page of our website.

Adam
Andreassen,
Psy.D.
President/CEO



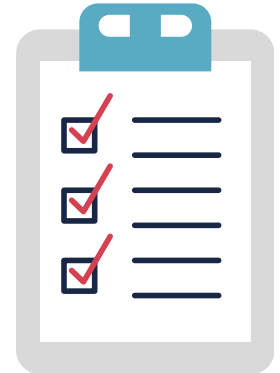
Sierra Swing,
Psy.D.
Regional Training
Director



Internship Eligibility

Applicant Requirements

- Completion of all formal academic coursework for doctoral degree (other than dissertation/doctoral project) from a degree-granting program in professional psychology (clinical, counseling, school)
- Comprehensive Examinations successfully completed
- Completion of a Master's degree (required by most sites in the region)
- Completion of a combined 300 Intervention and Assessment hours
- Dissertation proposal approved by match ranking deadline
- Approval to participate in the APPIC National Match



Please note that due to state billing regulations, applicants to most sites in Pacific are required to have a master's degree in a mental health field. Sites will note this requirement or exceptions to this requirement in their *Intern Selection Process* section on their webpage.

Affiliations

As a part of the partial affiliations between NPTC and the Chicago School of Professional Psychology and Pacific University School of Professional Psychology, students from the Chicago School and Pacific University are given preference in the selection process. However, interns from other programs will still be considered and are encouraged to apply. Please see the FAQ section on [Partial Affiliation](#) for more information about this agreement.

Background Checks

Most NPTC sites require background checks and/or drug screens prior to beginning the internship. Eligibility to begin internship, even after match, is contingent upon the intern passing these tests. If a matched intern fails to pass a background check or drug screen, NPTC reserves the right to withdraw the invitation to match with the intern. Details regarding what is required at each site is provided on our [website](#).

Internship Application Process

Application Deadline: November 17, 2024

How to Apply

NPTC requires that the AAPI online application service be used by all applicants in order to be considered for our internship training program. Applicants must select the NPTC Region(s) in which they are interested. Each region will be listed separately in the AAPI portal under the name “National Psychology Training Consortium – [Region Name].” Once a region or multiple regions are selected, individuals may apply to as many training sites within the selected regions as they wish for no additional application fees. To learn more about the application process, visit the [internship application](#) page of our website.

Application Materials



The following information is required for all NPTC applications:

- Cover letter specifying the sites being applied to and why the intern is a good fit for each
- APPIC AAPI as designated on the online application
- Three letters of reference
- One psychological evaluation report writing sample submitted as supplemental material (**a psychological evaluation report writing sample is not required for applicants to the Cascades Region**)

Interview Process

Eligible applications are reviewed and ranked by a combination of NPTC staff and individual site directors. A select group of applicants are invited for interview. Interviews will likely take place virtually; however, more information about the interview process will be provided once it is finalized.

Notification of invitation to interview is made by December 6th

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any psychology intern applicant.

Philosophy of Training Program

Program Aims

NPTC seeks to train prospective psychologists in the discipline and practice of clinical psychology by employing an empirically-informed competency-based practitioner-scholar model. The three program aims include the following:

Aim 1

To provide broad and general training in psychology with emphasis on applied empirical knowledge within each setting.

Aim 2

To prepare psychology interns to competently address the needs of diverse populations, with emphasis on the underserved.

Aim 3

To socialize psychology interns to use critical thinking, problem solving, and meaningful self-reflection to facilitate life-long professional development.

Philosophy of Training Program

Our training philosophy uses the local clinical scientist philosophy with an additional focus on the acquisition of core competencies for behavioral health consultants, including Robinson and Reiter's (2015) suggested core competencies for interns working within primary care settings:

- Clinical Practice Skills
- Practice Management Skills
- Consultation Skills
- Documentation Skills
- Team Performance Skills
- Administrative Skills



NPTC is also committed to promoting and infusing diversity into every facet of the training experience. Visit the [diversity and inclusion page](#) of our website to learn more.

These values also complement the APA profession-wide competencies (visit [APA's website](#) to learn more), which are measured and graded in complexity throughout our internship program:

- | | |
|---|--|
| 1. Research | 6. Assessment |
| 2. Ethical and Legal Standards | 7. Intervention |
| 3. Individual and Cultural Diversity | 8. Supervision |
| 4. Professional Values and Attitudes | 9. Consultation and Interprofessional/ |
| 5. Communication and Interpersonal Skills | Interdisciplinary Skills |

For more information about how we measure these items, see our [website](#).

Training Methods, Content, & Curriculum

Training Goals & Objectives

Internship training is graded and sequential with more directly supervised work initially and advancing to more independent practice. Didactic training is scaffolded with overview of relevant topics occurring early on in the year and more advanced/specialized trainings happening later in the year. More details about goals and objectives of the training program are listed below and on the following pages.

- | | |
|---------------------|---|
| Intervention | <ul style="list-style-type: none">• Complete a minimum 1,500 hour, full-time internship commitment.• Maintain a minimum caseload of 10 face-to-face patient contact hours per week, resulting in at least 25% patient contact. |
| Supervision | <ul style="list-style-type: none">• Complete 4 hours of supervision each week, at least 2 of those hours need to be Individual Supervision with a licensed psychologist. |
| Assessment | <ul style="list-style-type: none">• Complete the minimum number of assessment reports appropriate to the training site.• Conduct a 30-minute Critical Analysis presentation. |
| Evaluations | <ul style="list-style-type: none">• Meet the minimum levels of achievement according to the profession-wide competencies on all intern evaluations throughout the year. <p><i>For more information about how we measure these items, see our website.</i></p> |

Didactic Training

Region-wide interns will be given training and experience in all nine of the APA Profession-Wide Competencies both at their individual agencies as well as through the NPTC sponsored didactic training events. Interns across sites will come together to receive at least eight hours per month of NPTC-sponsored didactic training. The eight hours are split between two virtual training days (four hours each) that occur every other Friday from 8:00 am to 12:00 pm. Four times per year interns will attend all-day in-person trainings from 8:30 am - 4:30 pm which will allow for more socialization and interaction.

Example training topics include, but are not limited to: Cultural Diversity, Integrated Behavioral Health, Rural Mental Health, Suicide Risk Assessment and Prevention, R-PAS, Dialectical Behavior Therapy, Grief and Loss, Neuropsychological Assessment, Consulting Psychology, Fostering Inclusion of the LGBTQI+ Community, Applying Evidence-Based Practices, and Autism Spectrum Disorder Assessment.

Internship Support

Site Benefits

Member sites, in coordination with NPTC, agree to provide the following benefits to each intern:

- Annual pay as designated by site
- Optional enrollment for interns and families in member site's employee benefit plans.
- This benefit can require financial participation of the intern
- Provide similar benefits to other employees at the agency. This includes, but is not limited to; liability insurance, paid leave/sick leave, holiday time.
- Adherence to FLSA laws regarding exempt/non-exempt status and overtime pay for interns (if applicable)
- Mileage reimbursement as defined in the individual site's reimbursement policy

For more information on internship support, visit the [individual site](#) pages as well as the [Internship Admissions, Support, and Initial Placement Data](#) page of our website.

Site Membership and Descriptions

National Psychology Training Consortium-Pacific Region (NPTC-Pacific) is committed to providing a clinical training experience that is sequential, cumulative, and graded in complexity. The training is conducted in a facilitative and supportive manner that provides each psychology intern with the opportunities to experience the practice of psychology with rural and underserved patients. Psychology interns are respected trainees who make valuable contributions that enhance the learning environment of the organization as a whole. Psychology interns are provided the opportunity to expand their understanding of theoretical principles and translate that knowledge into practice.

The Pacific Region comprises three member sites: Pacific Rehabilitation Centers, Sound Psychotherapy and Assessment, and Yakima Valley Farm Workers Clinic. Each of the sites offer a wide range of training opportunities and experiences.

NPTC - Pacific Region is a provisional APPIC member. The Pacific Region is not APA Accredited.



Position(s): 1

Setting: Private Practice

Training Director: Jessica Cruz, Ph.D.

Website: [Pacific Rehabilitation Centers](http://www.pacificrehab.com)

Training Opportunities: Outpatient

Location(s): Everett, Puyallup, and Moses Lake, WA

Clerical & Technical Support: Administrative, Clerical, and IT personnel

Training Materials & Equipment: Company laptop and access to publications through UW Library

Overview

Pacific Rehabilitation Centers (PRC) has been providing its CARF accredited return-to-work pain management (RTW PM) program to injured workers in Washington State for over 40 years and are the most experienced pain programs in the State of Washington. Our goal is to give our patients skills, support and education so that they may return to life, work and wellness. PRC's interdisciplinary model utilizes the skills of its experienced team of PM&R Physicians, Occupational Health Nurses, Clinical Psychologists, Physical and Occupational Therapists, and Vocational Rehabilitation Counselors to change the lives of the people we serve. Interns will work directly with two licensed psychologists who will function as their supervisors over the year.

Example of Psychological Intern's Weekly Activity Summary

Each intern's schedule may vary according to special interests and needs of the training site.

Activity	Time Per Week
Face-to-face patient contact	10 hours
Individual supervision	2 hours
Secondary Supervision	2 hours
Didactic learning activities	4 hours (every other week)
Other training activities	4 hours
Journal review	2 hours

Interns will work 40 hour work weeks and additional time beyond the requirements listed above will be used for additional activities including admin time, meetings, assessment paperwork, additional training opportunities, provision of supervision, critical analysis, etc.



Sound Psychotherapy & Assessment

Positions: 1

Setting: Private Practice

Training Director: Sierra Swing, Psy.D.

Website: [Sound Psychotherapy & Assessment](http://SoundPsychotherapy.com)

Training Opportunities: Outpatient traditional psychotherapy and comprehensive psychological, neuropsychological, and forensic evaluations

Location(s): Seattle, WA

Clerical & Technical Support: Virtual assistant and billing specialist

Training Materials & Equipment: Company computer, scoring software, database of tests and other resources

Overview

Interns at Sound Psychotherapy & Assessment gain experience in a multidisciplinary private practice, engaging in traditional psychotherapy and comprehensive psychological, neuropsychological, and forensic evaluations. They work closely with Dr. Swing, a leader in trauma-informed care, and other skilled providers. Interns also learn about running a private practice, participate in consultations on medication management, and gain exposure to forensic psychology and expert testimony. This training prepares them for diverse roles in psychology, emphasizing high-quality, empirically supported treatments. Interns will work directly with two licensed psychologists who will function as their supervisors over the year.

Example of Psychological Intern's Weekly Activity Summary

Each intern's schedule may vary according to special interests and needs of the training site.

Activity	Time Per Week
Face-to-face patient contact	10 hours
Individual supervision	2 hours
Secondary Supervision	2 hours
Didactic learning activities	4 hours (every other week)
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Yakima Valley Farm Workers Clinic

Positions: 1

Setting: Hospital/Medical Center

Training Director: James Maxson, Psy.D.

Website: Yakima Valley Farm Workers Clinic

Training Opportunities: Outpatient traditional therapy

Location(s): Yakima, WA

Clerical & Technical Support: EPIC electronic medical records, EPIC builders, trainers, and support staff to help each person learn the system and support a variety of tasks

Training Materials & Equipment: Company laptop and EPIC software

Overview

At Yakima Valley Farm Workers Clinic (YVFWC), future psychologists are trained in mental health services across treatment for kids, teenagers, and adults. YVFWC provides healthcare for patients in Yakima County through patient centered health homes as well as specialty behavioral health locations. Patients often represent many social determinants of health based on income, language, work settings, and access/transportation. Operating as a therapist in our Behavioral Health department, doctoral interns will provide outpatient therapy and work alongside a variety of additional professionals such as psychiatry, peers, and other therapists while also facilitating communication between patient's medical teams and/or schools. Interns will work directly with two licensed psychologists who will function as their supervisors over the year.

Example of Psychological Intern's Weekly Activity Summary

Each intern's schedule may vary according to special interests and needs of the training site.

Activity	Time Per Week
Face-to-face patient contact	10 hours
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Interns will work 40 hour work weeks and additional time beyond the requirements listed above will be used for additional activities including admin time, meetings, assessment paperwork, additional training opportunities, provision of supervision, critical analysis, etc.

Contact Us

Connect with us through the links below:



Administrative Office

300 S. John Q Hammons Parkway, Suite 205
Springfield, MO 65806

Please see the [APA Accreditation](#) page of our website to learn more about the accreditation status of the National Psychology Training Consortium.